

Concepts, Values and Wise Advice from the Billy Meier Contacts

compiled by David Chance
revised 2023-10-18

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Introduction

The intention of this document (began @January 2023) is to gather together statements made on particular concepts and values, as well as overall wise advice, primarily from the [Contact Reports](#), into one section for reference and research purposes. ***Presently I am reading all the Contact Reports from the beginning and will make additions as I progress.*** I have finished adding content from the Asket Contact Reports, the Plejaren Contact Reports 1-100, and recent Contact Reports (831 to date). Since this document is in the beginning phase, the topics are severely incomplete.

In some places I have inserted a brief note *{in purple braces and italics (to show that these are not part of the original text)}* to help clarify something. I have placed some excerpts in **purple** to highlight (what I think is) an important point in the text. Although I have tried to be careful when copying/pasting text from the [Future of Mankind](#) website, I may have unknowingly introduced some clerical errors in the process. Many of the English translations are unofficial preliminary translations and likely contain errors. There are some German words in the Contact Reports that cannot be adequately translated into English; consult the [FIGU Dictionary](#). **In all cases, for accuracy, please consult the Contact Report links for context and clarification, possibly newer/corrected translations, and for the German language originals.**

There are two additional documents related to this one: Explained by the Billy Meier Contacts; and Health and Medical Information from the Billy Meier Contacts. Current versions of all of these can be downloaded at <https://sfodblog.wordpress.com/billy-meier/>.

This is an ongoing project. Corrections and comments are welcomed: dchance@wustl.edu

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_835

Billy:

... Without exception, reality and its truth should be searched for and found and perceived, but not simply everything should be accepted on faith. This also means, for example, that everything that you and I speak, that I bring and teach in the form of the 'Teaching of Truth, Teaching of Creation-energy, Teaching of Life', as well as everything that I teach, explain and speak at all, must be independently, thoroughly, specifically considered and also lived and experienced by the students, learners, listeners and readers themselves. The mere fact that only what I teach is then simply learned and read and simply accepted and thus only believed, this excludes reality and its truth and only promotes faith. Fundamentally, it means that the human being should comprehend everything and anything through their own efforts and concerns, as well as through a sensible and clear self-life and self-experience, precisely to the extent that it is possible for them, that they thereby recognise reality and its truth

and gains a certain certainty that what they have learned, heard, seen, experienced and witnessed corresponds to reality.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_832

Billy:

All the talking I do, therefore, does not bring any success in the sense that the lowly intelligent and fallible of that part of human beings would learn to think logically, understandingly and reasonably, who in their boundless low intelligence waste their lives and are unable to learn and apply logic, understanding or reason, because their illusory thinking is the non plus ultra of their whole purpose in life and their intelligentum.

They prefer to indulge in religious faith and let the imaginary 'dear God' be a good man, in the mistaken belief that he will fix everything all right.

So I keep quiet and say nothing more, because only a few will ponder my words, while for 73 per cent my explanations are no more than fodder thrown to the sows.

...

But to say anything more about it would be to carry water into the Rhine, because telling idiots and irresponsible people something they could understand is simply impossible.

Ptaah:

21. Only human beings who really and truthfully think are capable of understanding something because they would effectively think about it.

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Apologies

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_002

Semjase:

18. Apologies are only empty words anyway and seldom reveal the true mentality.

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Beauty

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Billy:

So accordingly, there should be no so-called supernatural beauty, etc.?

Ptaah:

50. These are pronounced fantasies of uneducated earth-human life-forms who want to make credible their fraudulent claims that they have made contact with extraterrestrials.

51. In the whole Universe, neither in this one nor in another, can the standard of beauty be exceeded, for it truly is limited.

52. If this limit is exceeded, however, then a degeneration already takes place, and the life-form in question must be described as ugly again, if I judge according to earthly concepts of beauty.

53. Hence, there can also be no supernatural beauty, as you have mentioned this.

54. **Everything that is material is subject to certain limits that can never be exceeded.**

55. Only the imagination is able to exceed these limits, but without ever being able to realise it.

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Belief

[see also Opinions](#)

[see also Religion & Relegeon](#)

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_4

Eduard:

12. It is unfortunately the case with the believers that they always shift their own responsibility onto a saint or onto dear God because they are not able to bear their own responsibility.

13. Therefore, they also cannot make any of their own decisions and conclusions which are really important for them.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Jmmanuel:

118. I know, truly, that in your time the people live in the mistaken belief that I am the embodiment of Creation.

119. So then, in your time, they call me "the Anointed One" and they thereby wander far from every truth, through deep darkness engendered by belief.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_076

Menara:

60. ... delusional belief and misleading falsehoods tempt the seekers and researchers to take unreal and false paths.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_085

Ptaah:

27. In himself {Mr. Glanzmann}, and thus also in his subconscious as well as in his conscious, he is still deeply connected with religious concerns, which became the decisive factor for the malicious action of the subconscious.

28. When registering the danger that it was known somewhere that contact with the other level was irretrievably interrupted, it regarded this statement as falsehood and acted very quickly.

29. In a short time, it mobilised energies of defence to protect the illusionary things that exist within him, the energy nearest to it being the one which most strongly reveals its presence, the energies of religious faith, for which Mr Glanzmann himself is responsible, though he may deny this externally.

30. But precisely these forces, those of religious belief, are the most powerful that exist on the Earth, for they have arisen and exist in false and billion-fold subconscious thought energies of religious believers on the Earth.

31. These forces represent a tremendous agglomeration, a gigantic concentrative form, powers that enclose your world like a closed dome and often do evil damage.

32. Connected with them are also tremendous concentrative forms of fluidal-powers, which were also emitted by billions of faith-dependent earthlings and are still being emitted.

33. It is these energies, now united in concentrative form and consequently also interacting, which were called into mobilisation by the subconscious of Mr Glanzmann and enclosed him as an impenetrable, protective vibrational and energy armour, which you recklessly tried to break through, which would inevitably have brought you premature death if you had not secured your position through doubly false coordinates.

...

36. You cannot fight these belief energies and belief fluids [fluidal energies] in such a manner that you could render them ineffective.

37. They are too strong and powerful even for us.

Billy:

11. I know that now.

12. I just do not understand that the religions constantly talk about these energies as the forces of darkness, because so much negative is evoked by them, while just and precisely through these religions themselves these forces of darkness are generated.

Ptaah:

38. They are not the religions.

Billy:

13. I know they are in truth the believers and their crazy belief.

Ptaah:

39. Of course, unfortunately they cannot be helped with all the truth when it is explained to them that through their belief and their belief-fluidal energies they themselves generate those powers which they then call the powers of darkness or the mights of darkness.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_091

Billy:

18. But now I wonder what it must be like, or what happens when a teaching is negative?

Semjase:

...

33. If there is a negative doctrine, then the difference is that there is no self-generated connection to the doctrine disseminator and to his place of residence, but a compulsion that is based on fear and terror, namely that death and corruption arise in one's own body if the false doctrine disseminator is not obeyed in his/her orders.

34. But the same also happens in the case of fanaticism or faith.

35. So you see that the difference lies in the fact that in a true teaching of the truth a voluntary connectedness is produced, whereas in a teaching of the untruth, or simply of the negative, a coercion and an obsession become decisive.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_835

Billy:

... Without exception, reality and its truth should be searched for and found and perceived, but not simply everything should be accepted on faith. This also means, for example, that everything that you and I speak, that I bring and teach in the form of the 'Teaching of Truth, Teaching of Creation-energy, Teaching of Life', as well as everything that I teach, explain and speak at all, must be independently, thoroughly, specifically considered and also lived and experienced by the students, learners, listeners and readers themselves. The mere fact that only what I teach is then simply learned and read and simply accepted and thus only believed, this excludes reality and its truth and only promotes faith. Fundamentally, it means that the human being should comprehend everything and anything through their own efforts and concerns, as well as through a sensible and clear self-life and self-experience, precisely to the extent that it is possible for them, that they thereby recognise reality and its truth and gains a certain certainty that what they have learned, heard, seen, experienced and witnessed corresponds to reality.

...

Billy:

Opinions are, in truth, only views, ideas and suppositions, as sometimes they are also only dreams or false doctrines, which are unconscionably spread, leading to belief, as is the case with religions. Through their false teachings, namely, the human being is only believing, whereby they always hope for the help of a higher power, such as a 'god', a 'saint' or a 'holy one', etc., but thereby completely disregard themselves and their own abilities and necessary efforts of self-regulating and self-working everything desired. In this manner, however, he/she atrophies with regard to any self-help, because all self-initiative of the human being is lost and they become helpless, in such a manner that others seize the initiative and he/she becomes dependent on them, especially those human beings who are addicted to a religious faith. These people live erroneously according to the completely thoughtless and religiously-affiliated and absolutely idiotically false saying 'God thinks and directs'. In doing so, a fanatical and confused devotion to faith is displayed, which reveals how frighteningly the personal and real freedom of thought as well as the logic, the intellect and the reason of the human beings are degraded and demolished by religious faith, in this respect, in a lowly intelligent manner. This happens in such a form that the human being is no longer himself/herself in any wise, but only a slave to his/her religious faith and to those who pelt him/her with religious and thus lying and deceitful heresies

and sponge his/her head full of nonsensical stories. Real and sensible thinking is disappearing, consequently the human being has long since fallen prey to illusory thinking and the more, the longer they fall prey to it, especially what is conditioned by religious faith and is deluded into believing religious nonsense. This, however, makes him/her more and more dependent and also leads them to believe not only the lies of the respective religion and its representatives, but also the lies and deceptions of the majority of politicians.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Ptaah:

To only consume knowledge is not the way of real learning, but the way of faith, consequently every Earth-human has to stimulate his/her own thoughts in order to get on with what is given or has been given.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_851

Billy:

... It will only be possible for the human beings and they will slowly, very slowly begin to understand everything when belief, religious and secular, finally disappears. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... The human being himself, who has classified himself to a faith, has formed an opinion. However, such an opinion, like faith, is in any case false and biased, because faith and opinion are fundamentally the same thing, so that a faith is an opinion and an opinion is a faith. Opinion and belief can be set right and discussed, so their falsity and partiality, for they completely exclude any neutrality or other neutral form. However, it is only of correctness to take this into account and to put it into practice in this way if a human being is not directly or indirectly attacked with regard to his opinion and belief, but is always and in every case correctly approached and spoken to. This means that in every case, even with a human being who holds a secular opinion or has a religious belief – which is actually the same thing, correctly speaking – normal conversation can and should take place without his or her belief or opinion being brought into play. Consequently, even a person without an opinion, an atheist or a non-believer in any other way can speak normally and without insinuation to a human being about his or her faith or opinion and meet him or her respectfully and neutrally if the human being has an opinion or is devoted to a religious faith. Only then can and may his opinion or belief be discussed, if he so desires, although the speech and answer should always and in every case be conducted in such a way that it is neutral and violates neither the opinion nor the belief. Otherwise, however, if a human being does not wish to be addressed directly concerning his opinion or belief, whereby an unwanted personal address in this regard is always wrong, it should be correct and permissible in a general form that concerning religious or secular opinions as well as a belief, the falsity or correctness may be discussed and the truth may be said and stated. This is something I have already learnt with Sfath, and which was very useful when I visited human beings together with him who were religious creeds or simply held opinions. This behaviour also helped me when I travelled alone through many countries and went in and out of believing families, churches, mosques and temples etc. and never caused offence.

Belief in God and gods etc., as well as in ideals, never conveys the truth, because to really gather true knowledge and to see and hear reality, and thus to perceive reality and realities in every form, remains denied to every person of faith. Opinions and beliefs, as well as ideals, etc., create wrongdoing, murder and manslaughter, suffering, sorrow and distress, hatred, unconscionability, revenge and retribution, killing of every kind, destruction, annihilation, extinction and endless evil.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_857

Billy:

... Out of this religious or worldly belief arises all that goes wrong with the Earthling, namely his greed, addiction and delusion for something or other, such as money, might, rule, wealth or land. This, however, as also revenge and retaliation stir in him when something goes against him, as when another human being is of a different mind than himself; when a human being lovingly turns to another and he himself is 'written off'; he does not get what he wants, etc. The human being who believes, only believes and holds fast to his illusory thinking and brings harm to himself, which is what I want to say with a poem I once put together:

Faith is the believer's ruling power, which forges him and creates the evil in him. He is only believing and swollen by it in himself, his illusory thinking is his tool of willing. His faith only deludes him with false joys, and brings him evil hope and suffering. By his faith he breaks the seal of life, therefore his life is only a mirror of his thoughts.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_862

Safaar:

... Thus, through the appearance and the misleading teaching of the foreigners to the Earth-humans, exactly the wrong thing was done, which has been preserved until today, namely **that which should never become with the human beings, namely a faith in place of thinking for oneself and grasping reality and truth.** ...

...

Billy:

... the urge to kill is a moment of character, for if the human being does not consciously form himself into true human beinghood, then the urge to kill resp. to murder settles deep in his character and comes out into the open when the opportunity arises. So it also happens with hatred, with revenge, retaliation and persecution, as well as with anger, lies, deceit and jealousy, which in many cases lead to the end of a relationship and to murder and manslaughter.

Safaar:

That is absolutely correct, and the fact that that is very prevalent here on Earth, that goes back to the beliefs that are not simple in human beings, but diverse, and that ...

Billy:

... is not only religiously and worldly simple, but is ever so diverse in itself, without a believing human being ever noticing that his faith has many variations, and that he thinks and acts according to them, as the case may be, but mistakenly thinks that he acts only according to one variation of his faith, if he ever notices at all that his faith is not uniform. As I have often said, not even the religiously fractured know that their faith has the most diverse layers and wavering nuances. This needs to be said for once.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_863

{Billy: (1949)}

Verily, throughout life the human being has the choice to choose right or wrong, but it is up to each person alone, or to a group or organisation, etc., to choose, in each case led by a person who, as a rule, is not of a faith and is also not fanatical, and therefore has power over his senses, consequently also with regard to reality and its truth. If, however, the wrong choice is made, then the result is that the thoughts are unfree, unwholesome and somehow 'trapped', this because a belief has been built up in the human being through indoctrination, which consequently influences his thoughts continuously – and unnoticed by him – through his faith. This has a constant and subterranean effect, consequently only an illusory thinking is made possible, which is not only alien to reality, but fundamentally unfree, unhealthy and dependent and only pretends to be a thinking of logic, understanding and reason, but is subterraneously

controlled by faith. Consequently, the whole thing can never lead to success, especially for the individual not to a successful life and true humanity, not least because he is tempted by faith not to form his character fundamentally well. This is so that nothing evil, wrong, unbalanced, unjust and offensive etc. lies deep in his character, which immediately erupts outwardly and has an evil effect if only the slightest cause triggers this. ...

...

Billy:

... In my opinion, the majority of Earthlings have not grown up in consciousness and with regard to reality and its truth since 1949, but only in the form of their bodies, as a result of which they cannot cultivate free, open and independent thoughts. On the contrary, they cherish only such thoughts as make them unfree and enslave them by their erroneous and confused belief in a God, Son of God, saint or angel, etc. – or in Satan. This burdens them so much that they can only conduct their thought-work in the form of illusory thinking. This, however, leads to religious aberrations, such as in Persia or Iran, where women are whipped because they do not wear headscarves, as there and in Afghanistan human beings are stoned and otherwise executed and thus killed or murdered because they are not of the same mind as the religiously fanatical rulers, as I have already seen with Sfath in the future, as well as many other things. But this does not concern the bulk of the peoples and especially the rulers who slimily are only 'shocked' and 'sympathetic' according to their mouths and thus only feign the pity and compassion as well as sympathy but truthfully do not even give a clean, honest and compassionate thought to what is being done to the human beings and they are being mistreated, tortured, sexually abused or even killed. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_864

{Billy (1947):}

... Whatever thoughts the human being plays with, bad or good, which lead to legal proceedings or cause a contact to be broken off, cause the human being to move to another place or quit his job, in the future and at the latest from the 2nd millennium onwards, it will generally only be the power of words that lead to wrong and thus incorrect thoughts being cherished, trapped in a belief, which creates unfreedom, unpeace, lack of clarity and unsteadiness. To do this, however, and to act accordingly, will bring the human being discord and unhappiness, this because he forces it for a long time through his misguided thoughts and ignores and represses all truth, which thereby will never bring him further in the future to live with the laws of the planet and its nature. ...

...

{Billy (1940s):}

If bad and believing thoughts also create corresponding feelings, then the cerebral cortex is also damaged, resp. important parts of the cortex, namely because the processing of emotions is carried out badly. Bad, dependent and especially faith-based thoughts give rise to just such feelings, which in turn give rise to similar emotions. ...

Basic Rules of Man

https://www.futureofmankind.co.uk/Billy_Meier/Basic_Rules_of_Man

11. Each human being shall not believe in any thing, but shall always search for the basic truth, which he can only find within himself if he searches and thinks about everything, and by using his reason, his understanding and his sound logic. Thus the human being may find the truth only within himself, but only if he is free of any belief in things he can never prove within himself. Belief is not proof, but simply something that is assumed to be kind, desirable and right, without any provable content of truth; consequently, a belief can never be cogent because of the fact that the provable truth is missing.

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Choleric (temperament)

https://psychology.fandom.com/wiki/Four_Temperaments#Choleric

<https://www.betterhelp.com/advice/temperament/what-is-the-choleric-temperament/>

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Billy:

... the following must be explained with regard to choleric human beings, if I am to say anything further, namely: choleric comes from the ancient Greek word 'chole', which translated means 'bile', which is why choleric people are said to have bile rising up in them, although no human being is an actual choleric or a man, for women can also be choleric and radical. At the same time, choleric fits can have very different forms and causes, although in many cases it is only a matter of trivialities.

A choleric human being can not only steal a lot of energy and joy from fellow human beings or in a relationship and even create enmity, especially also on his/her own side, because choleric people can be very resentful. At the beginning of a friendship, acquaintance or close relationship, choleric negative outbursts do not usually occur right away, because interestingly enough, outbursts of anger are held back deliberately so that they do not seem very noticeable or not noticeable at all. Choleric people are often very charismatic persons and know exactly how to present themselves to others, so they can make a strong impression on them. Only gradually do they allow their choleric fits to become noticeable, especially when it comes to love in partnerships, because then choleric people can hold back their cholericism at first, but then gradually and suddenly lose control of their own feelings unexpectedly quickly and openly bring their choleric nature to the fore, often with suppression, hostility, violence, with torture, beatings and blows. In a close relationship, in a marriage, etc., this can not only become an unbearable burden, but can even lead to murder and manslaughter. Something that is proven time and again and is more widespread than the public assumes because those who suffer harm – who are truly victims of such choleric fits of their partners, and mostly women – remain silent. They allow themselves to be abused, often for the sake of their children, or because they are afraid of everything becoming known, or because death threats and the like fearfully prevent them from coming out to real friends or to the police etc. and seeking advice and help. Already in childhood, for example, injuries, such as those caused by the wrong behaviour of parents or other caregivers as well as the environment, may have led to choleric behaviour, which has shaped the behaviour in adulthood in a choleric manner. Therefore, if emotions in a situation become more violent than would be appropriate and correspond to decency, correctness and justice, then this is very often due to long past experiences and injuries, which are remembered subconsciously and trigger emotions, which often lead to a reaction with surging anger, without the choleric human being knowing why he/she reacts in such a manner.

Choleric people suffer from attention deficit disorder and hyperactivity disorder. Choleric people, both female and male, fly into a rage very quickly and uncontrollably, especially and above all through unpleasant experiences, when they fall into frustration, which happens very often and is triggered when they are rightly – or wrongly – met with opposition. Anger produces physical reactions and discomfort in them, which bring stress, which release all kinds of hormones, such as adrenaline, cortisone and noradrenaline, as well as testosterone; these are released in increased and abundant amounts. In the whole process, the blood pressure will also rise and the heart rate will increase. The choleric human being is also vindictive, although many of both sexes are embarrassed by their anger shortly after their tantrums, so they may superficially entertain the idea of an apology, but usually 'forget' it again. But when they 'jump the fence' and actually apologise, the apologies are or seem somehow hollow and empty, because there is no change in the choleric behaviour and the outbursts of anger. Consequently, nothing is learned from it, which makes the choleric traits even more pronounced as they grow older. As a result, it is not uncommon for the choleric person to exacerbate the stresses and strains on other

persons in the immediate environment. This is the case when the active choleric behaviour learned at a young age cannot be 'broken down' again, whereby the prerequisite for 'breaking down' is that the choleric human being becomes aware of his/her wrong behaviour and also consciously works on breaking down his/her temper, until it dissolves into happiness.

Cholerics of both sexes suffer from an attention deficit resp. a hyperactivity disorder, as well as psychic disorders, but also unconsciously from anxiety states and subconsciously anchored feelings of neglect. Certain forms of autism etc. can also lead to choleric fits of rage, but cholerics of all types are generally quick-tempered, very unbalanced and hot-tempered. Typical cholerics tend to have sudden and very violent and completely unprovoked outbursts of anger, uncontrollably and in a matter of seconds, i.e. from zero to one hundred within 1 or 2 seconds. Such human beings give free rein to their aggression and rage and, in an uncontrolled state, do not shy away from violence or even murder and manslaughter. If you look at the way choleric people of both sexes work, they unfortunately appear quite unprofessional, unsympathetic and uninterested, because the choleric always breaks through and comes to the fore. In daily life and from a safe distance, choleric outbursts can be quite entertaining resp. amusing or even refreshing and exciting, but those who have to endure cholerics day after day will probably only find them unbearable. Especially at work, a choleric human being can massively disturb and even ruin the peace.

Effectively, a definition of the choleric human being can be created. For example, if you are looking for a definition of the term, you can imagine a 'passionate, irascible and irritable human being' and thereby recognise a human being with a choleric disposition, whereby it is best to bear in mind that a choleric human being has typical bad qualities and characteristics, such as:

1. Inappropriate words and behavior
2. Dominant and opinionated behavior
3. Loud and violent choleric tendencies
4. Flying off the handle over trifles
5. Easy excitability
6. Sudden, unprovoked, violent, uncontrollable, loud outbursts of rage
7. Very little self-control over one's own feelings
8. Frequent and rapid outbursts
9. Excessive impulsivity
10. Uncontrollable violence
11. Intransigence
12. Bossiness
13. Very quick irritability
14. Small things cause strong emotions
15. Impulsiveness is constantly exaggerated
16. Dominating behavior
17. Readiness to use violence and uncontrollable use of violence
18. Imbalance
19. Resentful for a long time
20. Irascible
21. Unbalanced
22. Quick-tempered

On the contrary, good and valuable qualities are found in choleric human beings, such as the following:

23. Passionateness
24. Dynamic
25. Self-initiated
26. Motivated
27. Willingness to perform

28. Strong-willed

29. Desire

These good and valuable qualities can serve for a leader, such as for presiding over a work group, etc. However, it is always to be taken into account that it remains a fact that a choleric human being constantly gives free rein to his/her irascibility and rage, and thus loses all sense of decency. This is either because the choleric human being simply takes the right to do so or the employees are effectively incapable and unable to defend themselves and to bring the choleric angry manager to his/her senses.

Interestingly, it is to be said that there are huge differences among choleric, because not in every situation or environment, as well as not in every action etc. do choleric react equally quickly in a negative manner in irritation.

Unfortunately, many human beings behave tyrannically towards their fellow human beings, just as men or women behave tyrannically towards their partners, especially in many open and closed relationships and marriages, while they pretend to be peace-loving in their jobs because they want to keep them and not lose them, or because they are cowardly and playfully hide their true tyrannical nature, playing 'Liebmensch' and 'infallible'.

But there is also the reverse, namely that at work choleric and unscrupulous self-expression takes place, but at home lamb-like behaviour is cultivated, perhaps out of fear of one's partner or for other reasons.

The choleric behaviour of human beings is a characteristic of the personality and, moreover, is not gender-determined, for both men and women can be more or less addicted to choleric behaviour. Very often, irascibility and feelings of inferiority are responsible for the choleric trigger, or otherwise an acute dissatisfaction, burnout, excessive demands, stress, etc..

...

There would be a lot more to say about this, but a final point must be made somewhere, because there is still something else to be explained about choleric, namely: If the human being learns the characteristics and traits that are peculiar to a choleric human being, then they can adjust to them accordingly and deal with them in the correct manner. Above all, it is important to ensure that the choleric human being is not put under pressure and is given his/her freedom, as well as not being specially controlled, because independence is highly valued in choleric people. Nevertheless, it is necessary to show a choleric human being that one has one's own limits, which he/she also has to respect and keep, just as it is also necessary not to shy away from a confrontation with the choleric person, but to be strictly careful not to appropriate the process of his/her behaviour for oneself. A choleric human being likes to receive recognition for his/her achievements, which is why it should be granted to him/her, just as it should also be granted to every other and non-choleric human being. Furthermore, it is appropriate to trust and give responsibility to the choleric person as well, for he/she can be consistently task-oriented and responsible and a good leader. The choleric person can also have very good skills that can be trusted. It is appropriate in any case to give the choleric human being some understanding, especially when he/she is at 100 and somehow helpless and even powerless against it in their irascibility and rage, because deep in their memory something is going on which they can neither elicit nor control. For this reason alone, it is necessary to offer them understanding and support to 'come down'. In order to deal with a choleric human being in a correct wise, it is very helpful to calm the human being down, because calming down always has a positive effect. A choleric human being can also get help, because there is also the so-called Mindfulness and Commitment Therapy, which may be suitable for some choleric people to learn how to deal better with their temper and fits of rage. Those affected learn to recognise, perceive and consciously counteract their feelings that trigger anger and temper, and to learn self-control. However, therapy can only be really effective for choleric of both sexes if there is a conscious desire to work on oneself effectively and to change one's personal behaviour. Trying to force this on the choleric person through a third party is, on the one hand,

very exhausting and usually not successful, on the contrary, it is a reason for the choleric person to go berserk.

There are medicines to counteract choleric aggressiveness, which often occurs, but these may only be prescribed after very precise medical clarification. However, these medicines only apply to individual cases and can only serve to calm the person down.

What is also important to mention is that as a rule – exceptions are also the rule – choleric consciously suffer from their attacks and want to help themselves, and there are also various methods of really helping oneself and being able to reduce the irascibility and outbursts of rage.

1. The first step to help oneself is the most important one, namely to take the path to self-knowledge, which means to build up sufficient self-reflection resp. to question and analyse one's own thinking, feeling and acting in order to recognise one's own problems and to change them for the better. However, this should be done without brooding, which uselessly robs energy. This is the only way to be able to classify one's own behaviour. It is advisable to talk about this with other human beings, preferably with a designated reference person.

2. It is necessary to observe the outbursts of temper and the tantrums closely and to determine how they manifest themselves and in which situations, whereby it is also important to determine how they differ when they occur. Notes can be made on this to memorise anything that may be helpful in consciously counteracting a choleric episode and avoiding or preventing a correspondingly embarrassing situation.

3. If active stress occurs, then it should be considered which method should be used and is suitable to reduce it. A lot of exercise and walking and breathing fresh air can help, as well as meditation or breathing exercises can actively and effectively help to reduce negative feelings and stress, which can prevent a fit of temper and a tantrum from occurring in the first place.

4. Finally, it should be said that psychotherapy can be useful and helpful if a really competent psychologically trained psychotherapist can be found to help, but this is not easy, because really knowledgeable persons of this profession are rare. Only special methods of behavioural therapy are effective and suitable for necessarily learning to deal better with personal emotions.

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Consciousness / Subconscious

see also Creation Energy (see Explained by the Billy Meier Contacts)

see also Psyche

see also Thinking / Thoughts

see also We Forms

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_3

Asket:

114. Our technology is developed so far that, with it, even after centuries, we can still entirely and faithfully reproduce the reality of once-obtained impressions and spoken words, and so forth, in every detail and word.

115. So it is therefore not important if you, with my help, only write down everything in 1964.

116. With all of it, it is only important that I listen to every spoken word and can also register your thoughts, feelings and perceptions, whereby it is all stored in my subconscious.

117. Therefore, tomorrow, when we undertake the trips into the past and partly also into the future, it will be important that I am always near to you so I can register everything in my subconscious.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Eduard:

You know my name and also Asket's.

Do you know each other then, and has she told you about me?

Jmmanuel:

...

15. No. I have, as yet, never spoken with Asket.

16. My knowledge about you two is of another nature.

17. It is to be found in my power of consciousness, through which I behold the times.

Eduard:

That therefore signifies clairvoyance, so to speak?

Jmmanuel:

18. In a certain manner you think correctly, because truly it is previewing – a looking out ahead.

Eduard:

In a certain manner?

– Then it can only be that you are able, through the power of your consciousness, to wander through the ages and can explore them in that way.

Jmmanuel:

19. That is my knowledge. ...

...

Jmmanuel:

26. My teaching, which I spread in these lands, is not new and it is well known to the scribes.

27. But they falsify the old teaching of the prophets which was handed down to them and is very learned.

28. But they distain and falsify it and interpret it to their own advantage, therefore, they accuse me of lying because I preach against their lies.

29. From the old teaching of the laws of Creation and the spirit, they have set up erroneous cults which take freedom of consciousness from the human and drive him into servitude, whereby they can enrich themselves with his possessions.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_006

Billy:

... I am interested in the development of the life, its classification, the spirit and its development and how it is concerning the so-called rebirth.

{Note: See also Contact Report 053:1-54.}

Semjase:

...

8. Therefore, concerning this, I can also only explain to you what is known to us and what we assume to be given.

9. On the whole, there are actually only five very important points that we exactly know of, while two further points are of no certainty yet for us either.

10. This is because they already lead us into the secrets of the Creation, which is unapproachable for us too.

11. Nevertheless, I don't want to withhold our assumptions from you.

12. The life from the beginning to the end is divided, as said, into seven (7) main stages or main periods.

13. These in turn are divided into seven (7) sub-periods, hence resulting in its entirety.

14. The sub-stages or sub-periods can be compared to grades in school, except that these must not be calculated for one year, but for one human lifetime.

15. This means that a very specific form of development and a very specific goal of development lie in a sub-stage.

16. Once all seven (7) sub-stages are passed through, which can take hundreds of thousands of years, then a main period is completed.

17. The spiritual life form is completely genderless, because a gender is without exception only characteristic of organic life, which guarantees its reproduction.

50. 1. Primary life 1) Primary development of the intellect and the

- consciousness.
51. 2) Primary intellectual and consciousness-based thinking.
 52. 3) Primary intellect-based thinking.
 53. 4) Primary use of intellect and consciousness-power.
 54. 5) Primary intellectual actions.
 55. 6) Primary wilful thinking and acting.
 56. 7) Intellectual conduct of the life.
 57. Life-forms in these stages are designated by already rationality-endowed beings as mentally ill (ill in consciousness), as idiots etc., whose consciousness and intellect, however, are in reality simply not yet developed in knowledge-based terms (new spirit, who has to first form itself through learning and experience etc.)
 58. 2. Rationality-based life 1) Primary development of rationality.
 59. 2) Effective realisation of the rationality and its use.
 60. 3) Primary recognition and acknowledgement of higher influences.
 61. 4) Belief in higher influences without having knowledge.
 62. 5) Belief in higher powers, deluded belief, fear of evil, veneration of what is good, etc. and so on. Germination time for religions etc.
 63. Present stage of the average Earth-human **** 6) Primary recognition of the real reality. Stage of knowledge-based development. Research, first spiritual cognitions and their use: "spiritual healing", telepathy, etc. etc.
 64. 7) Primary development of knowledge and essence of wisdom.
 65. 3. Intellect-based life 1) High-level development of the intellect. High technology, second use of spiritual power with first cognitions. Primary procreation of life-forms.
 66. present stage of the educated Earth-human = scientists, etc. **** 2) Realisation and use of knowledge, truth and essence of wisdom. Slow reduction of belief-assumptions.
 67. **** 3) First utilisation of knowledge and essence of wisdom.
 68. **** 4) Recognition and utilisation of the laws of nature. Creation of hyper technology. Second procreation of life-forms.
 69. **** 5) Natural use of knowledge and essence of wisdom in recognition of spiritual powers. Further reduction of belief-assumptions.
 70. 6) Life in the knowledge of the essence of wisdom, truth and the logic.
 71. present stage of some few borderline and humanities scholars **** 7) Primary recognition of the reality as real Absolutum.
 72. 4. Real life 1) Clear knowledge about the reality as real Absolutum.
 73. 2) Recognition of the spiritual knowledge and the spiritual essence of wisdom.
 74. 3) Utilisation of the spiritual knowledge and the spiritual essence of wisdom.
 75. 4) Recognition of the reality of the Creation and her laws.

76. Your *{Billy Meier's}* present stage, which is already tending toward the next one
- 77.
- 78.
79. 5. Creational life
- 80.
- 81.
82. Present stages of our *{Plejaren}* races
- 83.
- 84.
- 85.
86. 6. Spiritual life
- 87.
- 88.
- 89.
- 90.
- 91.
- 92.
93. 7. Creation-life
- 94.
- 95.
- 96.
- 97.
- 98.
- 99.
100. The twilight sleep of the Creation outlasts 7 periods/eternities/great times (311,040,000,000,000 years amount to one period/eternity/great time).
101. By the twilight sleep of the Creation, all life and the entire universe cease to exist.
102. Only after her newly awakening does she begin to create everything anew.
103. During her twilight sleep there is neither space nor time; there is only the nothing, since they lie asleep in the unending womb of the Creation and the null time.
104. If there is no creating thought, then there is also no power, no time, and no space; there is only duration in the nameless nothing.
- ...
107. But concerning the nameless nothing, don't think too much about it, for it is also a mystery to us, which we cannot solve.
- **** 5) Life according to the creational laws. Clarification of the spirit and the intellect. Recognition of the real task and power of the spirit. Total reduction of all belief-assumptions.
- * 6) Deliberate and directed utilisation of spiritual and consciousness-based powers.
- 7) Procreation of first viable life-forms.
- 1) Procreation and direction of life-forms.
- 2) Creation of machine/apparatus-based viable life-forms.
- 3) Development of spiritual and consciousness-based power for the control of material and organic life-forms.
- **** 4) Wilful control of the life and all its forms and species.
- **** 5) Stage of recognitions. Recollections of past lives, etc.
- **** 6) Essence of wisdom kingship = JHWH. The second to last highest might-knowledge.
- **** 7) Recognition of the spiritual peace, the universal love, and the creational harmony.
- 1) Acknowledgment and realisation of the spiritual peace, the universal love and the creational harmony.
- 2) Life in purely spiritual forms.
- 3) Spiritual Creations.
- 4) Disembodiment of the spirit from organic bodies.
- 5) First spiritual existence.
- 6) Final spiritual existence.
- 7) Transition into the Creation.
- 1) Twilight sleep over seven periods (eternities).
- 2) Awakening and beginning of creating in the Creation as Creation, during seven periods/eternities.
- 3) Creating of life-forms.
- 4) Creating of new spirit (1.1) in the relative absolute fulfilment of the Creation.
- 5) Creation of spiritual greatness in the Creation.
- 6) Relative absolute fulfilment of the Creation in the Creation.
- 7) Last attaining of highest absolutely full development of the seventh period/eternity.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_015

Billy:

... If I have understood you correctly, then you {Semjase} have penetrated into the now often mentioned persons only into their superficial consciousness and have grasped their impressions there, whereby you have avoided, however, for explained reasons, to delve into also the deeper consciousness forms which to my knowledge also anchor directly into the subconscious where also all those secrets must be stored which you referred to as the sole property of the individual respective human being. If this is actually so, then I can absolutely understand that you had to fall victim to an erroneous belief. For my part, I find it namely absolutely logical that the superficial consciousness is able to deceive until a fact or a factor is anchored in the depths of the consciousness and in the subconsciousness as knowledge or as pseudo-knowledge. I simply find it illogical that you disregarded this factor. The consciousness is, after all, the actual regulating apparatus of knowledge-creation, of the actual thinking process, while the subconscious then embodies the role of the registering computer. If therefore doubts lie in the consciousness and such thought processes predominate, then this must not necessarily run in conformity with the knowledge or the wishes of the subconscious, in which the spiritual form indeed also lies anchored, even if this only holds true in minimal form in connection with the memory banks.

...

Semjase:

119. The greater and higher the consciousness-based abilities namely become, all the more the human being in question puts to use defensive conscious powers against all outside influences

...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_017

Billy:

For many years I have been observing a phenomenon in myself that I cannot clarify with any means: For a very long time I have been trying to find out about my past of former lives, or at least to find out about it in part. I have tried this in many forms, but never really succeeded. In a completely normal state, I came across things that gave me memories of earlier lives. But that was all, because I never found certain details. Therefore, I tried on several occasions to attract extraordinarily good hypnotists for this purpose, who would put me back by hypnosis. But even the best of them failed and did not put me under hypnosis, quite the contrary; my senses became clearer and sharper in just a few fractions of a second. I always felt immediately when they tried to penetrate me, and in a flash something completely inexplicable to me formed in me; with rapid speed, which actually did not need any more time, a defence block was automatically created, which the hypnotists were unable to break through. As a second factor, a counterattack block formed with the same rapid speed, which attacked the hypnotists without me consciously wanting such a thing. If the hypnotists did not immediately let go of me, then they were played along badly; screaming in pain they held their heads, waved and curved until they lay on the ground foaming out of their mouths and finally fell into deepest unconsciousness. Some of them even came close to death in this manner and owed their survival only to the fact that I tried to live their lives with all the strength of my mind and consciousness. In the same wise, all attempts to penetrate me secretly failed. Also in other experiments without hypnosis the same phenomena came to light. But how and why these defence and attack blocks are automatically and rapidly built up in me is a mystery to me. So I want to ask you how and why this is and whether there is a possibility to use hypnosis with me?

Semjase:

31. I have feared these questions for a long time, because I have known them in you for years.

32. I was afraid of them because they were connected with things that I was not allowed to name, because they lead into too deep spiritual and consciousness-based insights, which I suppose you will only find in much later years through your natural development.

...

39. Your defensive and offensive block against hypnotic forces attempting to penetrate you is created by the wisdom of your consciousness and mind as protection that certain secrets slumbering in you are not recognised and not evaluated, because the knowledge and power of these secrets would be too great and powerful for other people to recognise and evaluate them in a sensible and rational manner.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_024

Semjase:

65. After the application of the Relegeon, the path of evolution must be followed, which, however, has two meanings.

66. The earth-man knows only one meaning, namely that evolution means a development and unfolding in the sense that something already existing, which is however still in the hidden, must be developed and unfolded; which therefore means that something must ascend from the unconscious or subconscious to the conscious.

67. The second meaning of the term evolution was lost to man long ago, however, namely that something that does not yet exist must be researched, developed and unfolded.

68. And since this meaning of evolution has been lost to man on earth, he also lives in the misconception that all evolutionary things already exist in man and only have to be unfolded and developed or released.

69. The consciousness dwelling in the human being, however, has only stored in itself all those things and facts which it learns and collects in the course of its existence in the material body and life.

...

71. In countless other lives man must continue to research, seek and find; he must therefore accumulate further knowledge, insights and experiences, which are then anchored in him and in the storage banks as ability.

72. Since besides the spirit after the material death of the body also the overall consciousness-block dwells in the death life and there it processes and anchors in itself the results achieved in life, this results in the factor called by you subconsciousness.

73. Became human form again, through a rebirth, the new consciousness – connected with the knowledge and ability of the storage banks via the subconscious – anchors itself in the human being, who slowly evolves through the material consciousness and through new learning and a gathering of knowledge and transforms everything into a conscious-based ability.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_036

Semjase:

113. Look here; this apparatus, it's an area analyser.

...

Billy:

If I decipher it correctly, then the time to be seen is Wednesday, the 22nd of October 1975, exactly 11:03 hrs. Is that right?

Semjase: (laughing)

127. Sure, what next?

Billy:

Hans Jacob reaches for the phone and sets a number. – Man, he's on the phone with me ..., he wants to come to me around 2 o'clock in the afternoon. However, this time varies somewhat.

Semjase:

128. You decipher and recognise the facts very accurately, because exactly your findings are transmitted by the analyser.

129. Mr Jacob does not yet know anything about these coming events, for he has not yet become aware of them.

130. But **his subconscious already knows what is to come** and is now working in this direction.

131. And as you can see, we are able to record these facts through our analysers and read them.

132. That's the way we oversee and monitor and so get very accurate data about all the things that matter to us.

133. In the same way, I have also learned that our statements regarding your influence on certain events in your own group are questioned.

134. So I did not look to the future, but only used our analysers for these things and monitored the subconscious of different persons in your group.

...

148. The subconscious knows very well that death is not a terror and that everything is only a transition to another life.

Billy:

Oh, of course – man, am I daft. Of course, the subconscious knows that exactly and therefore knows no fear. This can really only lie in the consciousness which is still in bondage to unlogic and unintellect.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_038

Semjase:

167. In the state of real vision, they are master of many consciousness-based powers, which also slumber in their subconscious.

168. They then apply these subconsciously in such a form that they condense matter through the thirst and hunger feeling and solidify exactly those edible and drinkable things that they experience in their real visions.

169. That's how they eat.

170. It is the same process as it was demonstrated two thousand years ago by Jmmanuel when he fed 250 people on Earth (tradition of 5000 is wrong, there were only 250) with bread, which he multiplied in this manner.

171. The difference lies only in the fact that people with real visionary influence apply their abilities subconsciously, while Jmmanuel was able to generate them consciously.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_053

Semjase:

48. The different levels are also recognisable from the representation, if my earlier explanations are called in to help, whereby it can also be recognised that the Earth-human is to be classified into the sixth step of the second level of development {see [Contact Report 006:63](#)}, which corresponds to a still lower state and says that these life-forms only slowly advance to the frontiers of the recognisable truth and only attain the most minimal realisations of spiritual values.

49. But this level also reveals that the Earth-human is currently living in an evil dichotomy between lies and truth and dismisses everything that corresponds to the truth.

50. They believe themselves to be very logical and infallible and blaspheme the truth by denying it through unreasonable and unreal explanations and assertions.

51. This is also the level at which the greatest errors of spiritual and consciousness-based concerns are committed, because the life form is torn back and forth between the will to know and research and not yet understanding the truth, unfortunately often misled by elements of megalomania, who are still incapable of any logical understanding and thinking and want to distinguish themselves precisely because they seem to be much more than they are in truth.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_054

Semjase:

140. Our assessments of the level of consciousness of a life-form, which we can carry out, are based on a total grade classification of 700 individual values, which are to be divided into seven periods of 100 individual values each.

141. The highest value of 700, in our spiral degree evaluation, embodies the relatively absolute or the relatively perfect, which can be equated with becoming one with Creation.

142. These values are now called after our mathematical terms, but they are already converted into your mathematical terms, giving you a rough clue.

143. Now you have to keep the number 700 as a relative absolute value, but divide it among seven, which gives you 7×100 .

144. Now you have to divide the nominal value 100 again into 7×7 , which according to your mathematics results in 49.

145. This number is responsible and valuable for the individual subvalues or subperiods that give you the very exact value of the consciousness calculation or its level.

146. The remaining 51 values embody the values of the power of consciousness, so this is also calculable.

147. So the first calculation leads to a maximum of 357 values and the second to 343, whereby the two values added together then express the respective present relative absolute level of consciousness in numerical values.

148. Can you understand that?

Billy:

I have understood, only one thing is not clear to me; can this spiral-shaped calculation also be applied retroactively?

Semjase:

149. You think illogically.

Billy:

I do not, my question is based on an assertion by the person concerned. I myself am fully aware that this is not possible, because no spirit reversal-formation can take place in any form of plane, but everything is subordinated, or classified, to a continuous evolution.

Semjase:

150. I understand, so the question is not yours; it would have been really illogical.

151. No, a retrograde application is not possible, because if a life form has worked out a spiritual level of consciousness, then this remains its own, because it is not about the material-intellectual power of consciousness, but about the spiritual-intellectual level of consciousness.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_055

Billy:

... can you tell me the exact values of colours?

...

136.	BLUE	7:	1.	Truth Knowledge Wisdom Power	Love Deference Fulfilment Protection	Might Creational Volition Creating
137.	ROSE	1:	3.	Belief Veneration Worship Confusion	Irrationality Ignorance Falsehood Lie	Destruction Resentment Vice
138.	VIOLET	2:	7.	Belief Veneration Praise Worship	Charity Compassion Destruction Falsehood	Demolition Transformation Freedom

139.	GREEN	3:	5.	Concentration Consecration Healing Truth	Rationality Understanding Knowledge Wisdom	Development of Power Application of Power Recognition
140.	RED-GOLD	4:	6.	Peace Love Equalisation Grace	Dedication Healing Harmony Equality	Being free Becoming Transformation
141.	GOLD	5:	2.	Perception Vision Interpretation Acquisition	Evaluation Assessment Gathering Application	Judgment Wisdom Ability
142.	WHITE	6:	4.	Talent Purity Execution Consciousness	Creative Harmony Gemüt Unfeigned	Forming Idea Ascension Completion

143. These are the colour values, ordered according to the level of consciousness.

144. The values are also valid for the colour radiation of each life-form, whereby it can be classified very precisely in its values of its level of consciousness.

Billy:

So this would practically be another way of determining the level of consciousness as you have taught it to me today?

Semjase:

145. In a sense yes, but the colour values also refer to the life-forms that cannot be calculated.

Billy:

Oh well, then this means an extension in recognition.

Semjase:

146. That is so.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_081

Ptaah:

11. As you correctly analysed, those contacts of Mr Glanzmann that you recognised as contacts from the sphere closest to you and next higher to you, the Earth-human collective subconscious WE form, were truly given.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_082

Semjase:

18. 1. Equality

19. 2. Equivalence

20. 3. Understanding

21. 4. Opinion

22. 5. Recognition

23. 6. Cooperation

24. 7. Realisation

25. Overall, these seven points denote the total value of the material-consciousness based aptitude potential with regard to the fulfilment of tasks.

26. In this sense the manual activity and the insertion into the connected areas are evaluated as well as the equality and equivalence to the other group members *{FIGU group members}*, but also the understanding and comprehension of all values and their recognition and execution find their values in the material conscious and spiritual areas.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_083

Billy:

2. For three days I tried to get to Mr Glanzmann, at about 2 o'clock in the morning, to find out what it was all about and why he was so out of line and destroyed his contact.
3. I also succeeded very well in my attempt, at least until I was in his immediate vicinity.
4. But if I say this immediately, it does not mean that I was able to penetrate to his aura, which I strangely did not see as blue radiation, but as violet radiation, which shimmered somewhat blurred through an enormous force field, which I was not able to analyse.
5. Nevertheless, I then tried to penetrate this force field or to break through it in order to reach the aura currents, after which I could then have drawn up an analysis from it, in order to fathom the state of things in the form of a force intensity analysis, in order then perhaps also to fetch a memory substitute from Mr. Glanzmann's subconscious, which could certainly have provided me with information about what had happened with regard to the break-off of contact.
6. However, all this failed me thoroughly, because with the penetration attempt into the force field unknown to me I collided with such a strong resistance block that I was thrown away and lost consciousness for seconds.
7. When I came back to myself, I felt something inside me that threatened to tear me apart.
8. It was lying somewhere in my chest, somewhere in the emotional centre, and it hurt like hell.
9. It was strange for me, because in this strong mass everything was unknown to me, and only the feeling of being torn apart from the inside made me almost lose my senses again.
10. I had to fight for about 15 minutes to free myself from this tremendous power, which somehow tried to kill me, it seemed to me.
11. After that I could not fall asleep again, because something kept trying to penetrate me anew.
12. So I woke up my wife, who then gave me the light that would illuminate the room all night long.
13. Only then could I breathe freely again and the vicious tearing in my chest slowly subsided.
14. Well, I was like slain after all and something seemed to weigh heavily on me, almost like a lead depression.
15. In order to get to the bottom of these strange things, I tried again in the following two nights, but with the same outcome.
16. Only, this time I was prepared for it, so I could avoid the senselessness and defend myself against it from the very beginning.
17. But I did not reach any goal with it, because I was neither able to break through the enormous force field nor to analyse it.

...

Semjase:

4. And in what form did you make the attempt?

Billy:

20. In the form of a radiating space jump.

Semjase:

5. Are you sure about that?

Billy:

21. But of course, because I wanted to avoid being located in the starting point, because somehow I just had an insecure feeling that warned me of an imminent danger.
22. That is why I did a space jump, which I sheathed in two wrong coordinates.

Semjase:

6. And what were those?

Billy:

23. One was New Delhi and the other was Rangoon.

Semjase:

7. That is very good, so it should be impossible to determine your position if you have also set these coordinates in jumps.

...

10. But it seems very puzzling to me which processes are involved, because such strong forms of power are extremely rare.

11. It can only be a matter of high concentration.

Billy:

25. Thus it is agglomerations.

26. That is what I thought, because it seems to me extremely doubtful that Mr. Glanzmann is able to generate such powers himself.

Semjase:

12. Sure, but his subconscious is absolutely capable of mobilising such powers and retrieving them somewhere in the collective WE subconscious, perhaps because it has located a danger somewhere.

Billy:

27. Do you mean that it was able to analyse the coordinates of my ego?

Semjase:

13. No, because when you did not interrupt your self-generated blockade, it would not be possible.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_084

Semjase:

11. Until then please do nothing at all, because I could not help you in any manner, because I am not powerful enough to control these forces unknown to me, which must actually be a very high form of concentration of several million units. *{See previous entry.}*

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_085

Ptaah:

9. A further benefit for you was that you set wrong coordinates, which made a direct attack on you impossible, so you were hit only on a disoriented basis with a back connection of the insane energy to the memory holder, in the case thus Mr Glanzmann. *{See previous two entries.}*

...

11. It was even worse, because you cannot eliminate concentrative energy completely by any means.

...

Billy:

6. But now I still do not know how this power or energy fits this man, because I cannot imagine that he can create something so monstrous.

Ptaah:

14. Certainly, he cannot do that either, not even in the smallest forms.

15. His subconscious is responsible for this.

16. This is because it impulsively registered a danger from somewhere and acted accordingly.

17. Through the process of breaking off contact, Mr Glanzmann placed himself in an irreparable state of consciousness, which means that he is no longer able to exercise any control over his subconscious in matters of contact, so he, contrary to our earlier assumption, is absolutely unclear about the fact that contact with the other level is completely broken off and does not return.

18. Due to the irreparable state he now feels himself further in the contact area, therefore he passes on false impulses through his consciousness to his subconscious, which in turn puts false impulses of this kind into his consciousness.

19. If he is no longer able to recognise the truth, consciously I mean, the subconscious is also fed with the same false data, thus it also works wrongly in this direction.

20. This means that his subconscious can only work in this form with regard towards these concerns.

21. Therefore, this forms an auditory imagination, which is stored twice, consciously and subconsciously.

22. But this again leads to the subconscious defending itself against everything that does not correspond to its stored goods.

23. For the subconscious, in this moment, only the fact is what is input as food via the consciousness – even if this food is poisoned and wrong.

24. For these reasons the subconscious reacted in an extremely vicious form when it became aware of a danger from somewhere, namely that everything, concerning the contacts of Mr Glanzmann, was only untruthful and that the contacts to the other sphere were only of a purely imaginary nature.

25. And it is precisely here that a factor begins to play a role, by which those powers were called into mobilisation, which attacked you so dangerously that you got into bad trouble.

26. For the man, his subconscious acted absolutely independently and unconsciously in a defensive form which he could not understand.

27. In himself, and thus also in his subconscious as well as in his conscious, he is still deeply connected with religious concerns, which became the decisive factor for the malicious action of the subconscious.

28. When registering the danger that it was known somewhere that contact with the other level was irretrievably interrupted, it regarded this statement as falsehood and acted very quickly.

29. In a short time, it mobilised energies of defence to protect the illusionary things that exist within him, the energy nearest to it being the one which most strongly reveals its presence, the energies of religious faith, for which Mr Glanzmann himself is responsible, though he may deny this externally.

30. But precisely these forces, those of religious belief, are the most powerful that exist on the Earth, for they have arisen and exist in false and billion-fold subconscious thought energies of religious believers on the Earth.

31. These forces represent a tremendous agglomeration, a gigantic concentrative form, powers that enclose your world like a closed dome and often do evil damage.

32. Connected with them are also tremendous concentrative forms of fluidal-powers, which were also emitted by billions of faith-dependent earthlings and are still being emitted.

33. It is these energies, now united in concentrative form and consequently also interacting, which were called into mobilisation by the subconscious of Mr Glanzmann and enclosed him as an impenetrable, protective vibrational and energy armour, which you recklessly tried to break through, which would inevitably have brought you premature death if you had not secured your position through doubly false coordinates.

...

36. You cannot fight these belief energies and belief fluids [fluidal energies] in such a manner that you could render them ineffective.

37. They are too strong and powerful even for us.

Billy:

11. I know that now.

12. I just do not understand that the religions constantly talk about these energies as the forces of darkness, because so much negative is evoked by them, while just and precisely through these religions themselves these forces of darkness are generated.

Ptaah:

38. They are not the religions.

Billy:

13. I know they are in truth the believers and their crazy belief.

Ptaah:

39. Of course, unfortunately they cannot be helped with all the truth when it is explained to them that through their belief and their belief-fluidal energies they themselves generate those powers which they then call the powers of darkness or the mights of darkness.

...

41. Beware of not reaching out to Mr Glanzmann about these things yourself or through third parties during the next three weeks.

42. Do not give him any explanations in this regard and never mention to him during the time mentioned the fact that his contact with the other level has been hopelessly interrupted and broken off.

...

45. For if thoughtless remarks are made to the man, then the danger rises to boundlessness that through his subconscious your position of consciousness is found and the locality is attacked, which means that you would draw the full damage on you and would certainly not master it, whereby our help could come too late, if we are then able to help at all.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_089

Semjase:

7. During the transmissions and their writing down *{the Contact Report conversations}*, you work in very large parts through your subconscious, which reacts much faster than the consciousness.

8. Through your subconscious, you control the movements of your hand, which is why it can work so fast, much faster than if you first had to confer the necessary commands to your subconscious through your consciousness, which would then give the command functions.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_091

Billy:

26. Last Friday the dog tore up a chicken and the next day another one.

27. When I wanted to take it away from him in the dog house, I saw something in his eyes, that I once saw with an attacking tiger in East India, namely such a strange yellow fire which flitted in his eyes

28. This fire in his eyes then let me act as it just happened.

29. I thought thereby of the fact that the animal could perhaps still go after a human being, as it already bit our children in Hinwil at different times, although they actually were guilty for it themselves because they had probably teased the dog.

30. But since Sunday I am no longer sure if I really did the right thing and if I was wrong.

Semjase:

...

47. I am also very saddened by the incident, but in the name of Quetzal I must explain to you that your action was correct.

48. He observed the whole process and therefore analysed the animal, discovering that it was not sick in any way, but was suffering from periodic confusion that released in it a desire to kill, which is why it tore up the poultry, as you say.

...

51. Quite logically you obeyed your subconscious and acted according to its statement what was of correctness, which you could not fathom, however, because you thought about these things with too much emotional emphasis.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_092

Semjase:

10. Your powers of consciousness are tired to such an extent that it is already dangerous for you.
11. This also affects your nerves and you lose control over them.
12. Primarily, the reason is that you are fully burdened and even overburdened with many problems that cause you hard work.
13. According to Quetzal, you also work on the problems of no less than 11 people to whom you devote yourself at night, conveying health to them or otherwise sending them some impulses of help.
14. Instead of sleeping, you will only fall asleep while doing heavy work with your powers of consciousness.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_093

Billy:

9. Now she has heard everything herself, because she is sleeping upstairs in the Centre.

10. Golly, I did not think of that at all, ... wait a minute, I will go and have a quick look ...

...

13. She sleeps quite peacefully and apparently did not notice anything and did not hear anything.

Semjase:

...

50. Maybe fragments of our conversation will penetrate into her subconscious, but she will not wake up because of it.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_096

Billy:

25. You see, Quetzal's headless behaviour led me to **send my spiritual consciousness on a journey**, which I did on the night of 19th to 20th December, Monday to Tuesday, at 2 o'clock in the morning.

...

Isados:

10. You are capable of the **spiritual consciousness travel**?

Billy:

29. What do you think would have made me see everything else?

30. Maybe through imaginations and dreams?

Isados:

11. I did not know that you were capable of using this power.

...

Billy:

...

42. So **I sent my spiritual consciousness to Erra** and found a rather strange building there, which somehow magically attracted me.

...

49. There was truly no doubt, and I cannot be deceived, for **spiritual consciousness can never be deceived in any form**.

...

Isados:

27. Obviously, however, no one expected that you would undertake **a spiritual consciousness journey through space and time** into our dimension, in the deepest concern, in order to give you clarity.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_100

Quetzal:

47. Partly in a very conscious form Amata cherished group-destroying thoughts of the aforementioned form when she was in the Centre {meditation center} at the times calculated for her.

48. But partly there were powers at work in her which she only gave off in quite unconscious form, but which were also based on her jealousy and which developed and released themselves as radiating destruction impulses, in a form of automation in her subconscious.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_866

Seventh Spiritual Teaching Prayer of Nokodemion

1) Through the power of my consciousness, with my mind and with my reason alone, I exercise omnipotence over my knowledge, truth, ability, love and truthfulness.

2) My might alone spreads within me, but no other, so that I am always aware of my own thoughts and feelings and unfold and use my knowledge, my wisdom and my ability and thus lead everything to true love, freedom, harmony and peace within me.

3) The power of my consciousness is a determination for me, so I use it for my own good for my thoughts and feelings and psyche as well as for my body.

4) Daily I unfold and use my power of consciousness, so that it constantly works in me and lets me meet my ignorance, whereby I nourish my knowledge and wisdom with love, compassion as well as with understanding and reason.

5) Through the power of my consciousness I recognise my own mistakes and correct them and avoid committing new ones, so that none can hinder my development and progress.

6) The power of my consciousness lets me recognise false teachings, wrong ways of thinking and all dangers of faith addiction as well as of harmful material and worldly things and avoid them.

7) Through my power of consciousness I am powerful even of my mind and reason, and through the omnipotence of my consciousness I am at all times aware of my power, ability, peace and knowledge, as well as my wisdom, love and harmony, and I control everything.

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Creational Laws

see also Creation ["universal consciousness"] [see [Explained by the Billy Meier Contacts](#)]

see also Creation Energy ["spirit"] [see [Explained by the Billy Meier Contacts](#)]

Discussionboard of FIGU – The Mission – “Billy” Eduard Albert Meier – Your Questions to Billy Meier—Answered – Archive through December 24, 2011

<http://forum.figu.org/us/messages/12/12028.html?1324737197#POST58762>

{Joe:}

Billy, can you please, if possible explain to me how did the Plejaren come to the conclusion that on Earth the human spirit or spirit-forms has to stay the duration it was in the coarse matter world multiplied by about one and a half times in the fine matter world? I mean, how is this calculated?

{Billy:}

The ratio between the duration to exist in the "realm of the other world" (beyond) and the actual life is depending on the distance between a planet and its sun. This is a law of Creation and is working normally when there is no overpopulation on a planet.

FIGU Bulletin Nr. 78

https://www.futureofmankind.co.uk/Billy_Meier/FIGU_Bulletin_78

https://www.futureofmankind.co.uk/Billy_Meier/What_All_Human_Beings_Of_Earth_Should_Know!

What all human beings of Earth should know!

Through the laws of the Creation it is also given that the human spirit-form reincarnates on the same planet where that human being, who bore that spirit-form, has died,

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_1

Asket:

19. Through your {Billy's} own determination you are destined as a bringer of truth, as already innumerable others were in very early times before you.
20. But, to be able to do your mission as such, correctly, you must become very much greater in spiritual knowledge than every other Earth human of your time.
21. Therefore, before your birth, you were already placed under the controlled supervision of a certain life-form who had to protect, guide, lead and instruct you.
22. This happened in the same way as with all earlier truth-bringers, some who were reincarnations of your spirit-form, however were always other personalities who were already selected before their birth and, after incarnating again, were prepared for their mission.
23. This describes a law of Creation, which also cannot be defied.

...

42. It is the task of each more highly developed life-form to stand alongside less developed forms with help in responsible measure, to influence the evolution in the appropriate strength.
43. This obligation is incumbent on all life-forms of all universes, because it is based within a creational law.
44. And when we are here now from what to you is a foreign universe {the DAL universe in the AKON system}, this obligation is also incumbent upon us equally with the Earth human, so for that reason, at a given time, we will enter into official contact with more of this universe's own non-terrestrial and highly developed life-forms.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_2

Asket {4th February 1953}:

4. The entirety of mathematics is based in a closed ring which can be calculated at any time by the numbers 3, 7, 12 and 7×7 , since the Primordial is itself a perfect roundness, perfect to the smallest degree – a roundness of the relatively perfect in mastery of the becoming and passing away in the Creation itself.
5. However, it is not permitted for me to explain this in detail and thereby bring the solution of the great mystery to the Earth-humans, for in doing so I would be violating the Laws of the Primordial Being itself, for it is in the Will of the Primordial Being that an evolving life-form should itself find its way to the solution of these mysteries, in order to attain the knowledge which will enable the life-forms concerned of the most diverse universes and worlds to apply and use their knowledge in accordance with nature and according to the creational guidelines.
6. For if a life-form were to attain great knowledge and wisdom at too early a stage in its own development, then an inevitable and unstoppable catastrophe would be the effect and consequence ...

...

19. If these human beings, the Earth-humans, are to be helped, then this can only happen if they leave their ways of destruction and perdition and finally free themselves from the delusion of religions, the hunger for power and profit, etc., so that the dark enslaving powers no longer find a target.
20. A complete transformation of the Earth-humans' way of thinking is necessary in order to be able to follow the laws of Creation.
21. And only when the Earth-human gives up his/her self-delusion will they become capable of cognition, and thereby observe, learn about and follow the laws of nature, and thereby also find the way to the creational laws and recommendations and to follow them.

...

24. Only then will the human beings of this world have to learn to make the truth of Creation, of the spirit and of eternity their own.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6_{Billy:}

That which must occur must not be changed because otherwise the required course of evolution would be disturbed.

For that reason it is a rational duty, in respect of all creational laws, to never influence the future counter to its determination, when a human knows this future.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

40. But essence of wisdom is also the characteristic of a human being who has recognised the existence of his or her spirit and of the material consciousness and who works with it based on the laws of the Creation.

...

56. Essence of wisdom is a powerful means to recognise the laws of the Creation.

...

62. Love and essence of wisdom belong together, because the Creation and the laws of Creation are love and essence of wisdom at the same time.

...

117. The human being, who truthfully lives in accordance with the spiritual laws of the Creation, sees and recognises the creational all around in every life-form, in every thing, in every thought and action, in every human being, in all the activity of the nature and also in all imaginable circumstances and occurrences.

...

121. The human being who follows the laws of the Creation becomes the most prosperous and fearless creature.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Semjase:

658. Euthanasia, however, must never be permitted and is contrary to the laws of the Creation and nature where it is carried out only for reasons of tiredness of life, pain, sorrow and worry, feeling abandoned, old age and as a result of many other things of the same direction.

...

Asket:

136. It should finally be noted that by earthly standards we are very advanced life-forms, and we can no longer move among such low understanding-based levels as the Earth-humans find themselves in.

137. This doesn't represent presumption from us, but rather a law of the Creation.

138. Like it is with us, it is with all life-forms, also the Earth-human beings.

...

Ptaah:

558. Masters and Perfects, etc., with 10 or 20 million years of age represent only the absolute fantasy of misguided or deceitful life-forms.

559. This also makes it clear that if an Earth human being speaks of a Master etc. of 10 or 20 million years of age having communicated with him/her, that this is quite simply untruth, to say the least.

560. According to the laws of the Creation and according to the reality of all time planes, such a Master, Guru or Perfect One must have an age of 40 to 60 million years in order to be able to get rid of the material body at all.

561. This, however, does not mean that this being has already reached relative perfection, because until then, 60 to 80 billion (60,000,000,000 to 80,000,000,000) years are necessary until the pure-spiritual incarnation into the plane of Arahāt Athersata, because also in the semi-spiritual and pure-spiritual realms the creative laws are the same, since becoming and passing determine the course of evolution.

562. Spiritual incarnation, however, is subject to other forms and laws than is the case with material life-forms.

563. So a life-form of 10 or 20 or 100 or 300 million years of age can never correspond to the pure-spiritual form of a being that is even relatively close to perfection.

564. These levels are reached only after the incarnational course of evolution of many billions of years, which, however, without exceptions, are not less than 57 billion (57,000,000,000) years.

565. According to earthly terms, and taking the existence of earthly man as an example, one or two million years of age with the corresponding incarnations correspond approximately to the state of a nine-month-old child after its birth.

...

Ptaah:

728. The death penalty of degenerate human life-forms on Earth is still often considered the only lawful manner to protect the healthy and good life-forms and to satisfy human laws.

729. But this is wrong and totally contrary to the law of Creation.

730. But whoever sees it differently is either religiously biased or otherwise misguided.

...

Ptaah:

1021. Even outside Earth there is not only peace, for the most diverse and innumerable worlds in the universe are inhabited by the most varied life-forms of humanoid and sometimes non-humanoid form.

1022. Many of them have not yet entered the state of equilibrium and use their weapons to attack other life-forms.

1023. However, these cannot and must not simply allow themselves to be exterminated and slaughtered, but must fight back.

1024. This is a law of the Creation, which is extremely recognisable in the laws of nature.

1025. If the Earth human being observes the events of nature with just a little interest, he/she will recognise that the first instinct inherent in every individual life-form is the instinct of self-preservation, just as it is determined by the laws of nature.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_182

{Note: Please see the full Contact Report for the context of this entry.}

Quetzal:

109. Through this, during several lives, they will become aware of the awfulness of their wrong and malicious acts that were committed in their present life.

110. Thus, the fallible lives will then be of full thoughtfulness, due to their knowledge that their people will be thousands of years ahead of them, without these ignorant ones being able to come under this knowledge so that they may bring it to use.

111. If we explain these actions in logic and rationality, then we do not act against the existing laws because the laws of Creation themselves include such provisions, according to which these natural laws always begin to work whenever a human life-form gets very badly out of control of the good human nature and threatens to destroy certain Creational goals.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_238

Billy:

... Even mass murderers of the normal and non-code-bound kind are not able to go the normal course of dying, for through their criminal and life-destroying deeds or through their other capital crimes they force themselves to a self-punishment of the kind mentioned. **According to the law of Creation, this self-punishment is given as a logical possibility, but it can only come into function through the illogical thinking of the human being.** Illogical thinking is based on the fact that one wrongly assumes that they can ausarten [get very badly out of control of the good human nature] with impunity without being called to account. In his illogical thinking, however, one does not recognise that he/she has a conscience that refers him/her, via the subconscious, to a punishing destiny that affects the dying [process]. Even if one thinks of a person as having no conscience or only a wicked conscience, then this is not correct, for the conscience does not only work in the form that its work becomes obvious in the life in question, but it also works in the aforementioned form that it sends impulses via the subconscious into the memory banks and thus creates a destiny for the state before the actual dying process. These kinds of determinations are always and in every case fulfilled and inevitable in all their horrors, fears and pains. In fact, however, they are a product of the fallible human being himself/herself who, through their conscience, creates such determinations which they disregard and do not want. This, however, is the compensating justice through the laws of the Creation, which themselves know no punishment and no punitive measures, but only ways by which the human being punishes himself/herself when they misbehave. However, all this has in no wise anything to do with the misunderstood karma through which human beings allegedly then have to atone for their deeds in the previous life as a new personality in the next life. This assertion is absolutely false and irrelevant, for **no creational law knows such a form of karmic punishment or similar nonsense.** The self-punishment mentioned is based on completely different things, which I have already explained.

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Criticism

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_009

Semjase:

244. Mockery, criticism and ridicule and so forth represent only a barrier that persons, who are based on their consciousness, poor and unknowing, build up to hide their own low intelligence, because their knowledge is not sufficient to comprehend the truth.

245. Truth and knowledge have a scary effect on them and induce anxiety.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_081

Order Rules (drawn up by the High Council):

4) ... As a rule, as the observation and assessment of countless human forms of life over millions of years has shown, an act of secretly talking about third parties corresponds only to the plaintiff's own imperfect personality, emerging from an ill-considered and immature personal, but false consideration. The plaintiff thus defends only a personal, but false view, because it is the belief that the neighbour must conform to his/her actions and thoughts, whereby his/her own personality and all the rights associated with it are automatically denied him/her.

5) ... For millions of years, the rule has proven that traitorous complaints usually arise from weak personality deficiencies, which lead to people believing through ill-considered thinking that their own value is increased in the opinion of the complainants. This also applies to the thoughtless or cunning and malicious spreading of truthful or untruthful rumours or slander.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_845

Billy:

A criticism is no longer neutral, because it contains an opinion, and such an opinion is always wrong, because it is always only a personal view and judgement according to one's own opinion, view resp. way of looking at things, imagination, assessment and attitude, etc., but never neutral.

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Crying

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_079

Semjase:

130. It is better for all those who are able to cry openly to express their feelings in this manner and thereby ease themselves.

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Emotions

see also Feelings

see also Thoughts / Thinking

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_864

{Billy (1940s):}

Feelings and the resulting emotions are universally given as the product of preceding thoughts in every life-form that somehow has a thinking, whereby it is completely irrelevant how this thinking takes place. Emotions are also formed from feelings, which is particularly evident in human beings, animals and creatures because they are capable of thinking, for thinking alone makes it possible for feelings to arise from it. ... Beings, mainly the human being – but also animals and creatures – develop emotions from feelings, which, in addition to behaviour, also control the body to certain reactions, as well as the interaction with its own kind and all other life-forms of every species and kind, but also with a thousand different things and objects as well as situations of life and existence, the whole of nature, the planet and all ecosystems. ... Depending on the good or bad nature of the feelings that arise and the emotions that result from them, action and thus in turn life is either worth living or detrimental to life. In any case, thoughts always precede everything; they form the central component for logic, understanding and reason, and according to them feelings and from them emotions and decisions as well as behaviour and action arise. But thoughts and the feelings that arise from them, as well as the emotions that arise from them, are much more: namely, powerful evaluation systems that allow human beings to automatically assess many situations correctly – if their thoughts correspond to correctness – so that they can react quickly and also correctly.

Feeling, i.e. what human beings consciously experience as fear, freedom, joy, sadness, failure and anger, is basically only the well-known tip of the iceberg of all that results from it. Exactly as in the case of a huge floating iceberg, where 9/10 of its volume is hidden in the water beneath it, also in the case of thoughts, feelings and the emotional processes arising from them, a great deal remains hidden, incomprehensible and unnoticeable to human beings, but only because, as a rule, belief-related factors play into the whole thing in a way that is subterranean and absolutely imperceptible to them.

The emotions that arise do not only concern the individual resp. subjective experience, but they also include the physical reactions as a whole, which, through certain triggers, prepare the human beings for a behaviour that moves them to act and work. For example, this automatically causes the human beings' blood pressure and heart rate to rise when they see something that demands fear from them, but this improves the blood supply and thus also benefits the muscles, because the release of hormones results in an optimal energy supply to the muscles. The concentration that is directed towards the potential threat automatically prevents all thoughts

from turning to other things and instantly making the threat or open danger seem important. This in turn creates a very ideal condition for 2 options for action to appear immediately, namely to defend oneself against the danger in a flash – or to take flight.

Every feeling creates a far-reaching emotion, which is also very comprehensive and focussing and makes the life of the human being worth living, because in truth an emotion is a central component of the human beings innermost life. But an emotion is much more than that, because as I said, it is a powerful evaluation system that automatically lets the human being assess many situations correctly when it is needed correctly and thus also reacts quickly and correctly.

Thoughts create a complex state of feelings, as well as a conscious subjective experience, which also triggers physical processes and behavioural impulses that then play an important role. It is typical for emotions that a wide variety of emotions appear, such as love, peacefulness, fear, anger or dejection. It is also completely normal that physical as well as mental processes are coupled and thus influence the human being as a whole and in extreme cases can even cast a complete spell over him or her. It is also normal that emotions arise from feelings, but whether these are then positively controlled or otherwise negatively and uncontrollably implemented is then solely the human beings' acting according to their will.

The feelings are therefore what the human being, as a rule, without thinking much, somehow experiences consciously-unconsciously as fear, joy, love, jealousy, hate, anger, freedom or sadness, etc. The feelings that form into emotions are also normal. The feelings that form emotions inevitably make their way out in the form of visible facial expressions, the sound of the voice and behavioural tendencies, as well as gestures. Consequently, in this wise, the feelings and the resulting emotional state – which is also called state of mind, because obviously the feelings are also wrongly defined as mind – become recognisable, because the emotional emergence of the human being lives everything outwards and is perceived and witnessed by fellow human beings. We are talking here, for example, about expressive language and a behavioural component of expanding forms, and this aspect in particular is already in the term 'ex' itself, and says, in a meaningful way, that it is a movement outwards. The fact that the emotion created by feelings gives way from the inside to the outside and then manifests itself is something that human beings very often only become aware of afterwards – if this is the case at all.

How exactly and precisely the individual components of the emotional processes are connected is given by the feelings, because of course the thoughts must precede them first, which are fundamentally the factors that ultimately cause everything. Consequently, without thoughts there are no feelings, just as without feelings there can be no emotions and from these in turn no impulses, actions and behaviour can arise. Certain areas of the brain are involved in everything, generating and controlling neurobiological processes, although emotions are so complex and multifaceted that they can hardly be generated in a controlled manner. In addition, not every human being reacts in the same way to certain situations, which in itself creates a wide variety of problems in being able to classify emotions into a certain scheme. It is difficult for human beings alone, as those affected by emotions, to be able to perceive them as a whole, because they are already unable to define their feelings, and they are also unable to comprehend the origin of them, namely their thoughts that precede everything. For this reason, the human being often perceives the whole process only very diffusely. This is especially the case when the feelings go uncontrollably 'crazy' and no clear and striking insights are possible any more, because they are no longer perceived correctly and are just diffuse. Feelings and emotions arising from them do bring variety into life, and every human being actually knows what thoughts and emotions arising from them are, but as a rule these cannot be defined as what they actually are in terms of their values and in terms of their effects. It is also not understood that emotions do not arise and manifest themselves before feelings, but that it is exactly the

other way round, namely that certain feelings are first created out of certain thoughts, and only from these do the emotions then develop.

Feelings and the resulting emotions are not always good and beautiful, positive and peaceful, but also bad, negative and even deadly. But if the human being tries to lead life without thoughts, feelings and emotions in a strictly objective and rational way, he will never succeed, because without thoughts, without feelings and emotions he could not live and would be as good as a dead living being. The human being would be an illusory being without compassion, and his existence would be only an illusory human being and as empty, as it would also be completely meaningless. Practically everything that makes him unique as a person would also be lost, as in the fact that his personal life story would also be null and void. The person's own emotionality, based on feelings, is a decisive and special part of the human personality, because the strong feelings and the resulting emotions have not only shaped the actions and activities of the human being in question in the past, but they also have an effect as special episodes at present and in the future, and constantly shape and change the inner identity of the human being. This is, so to speak, a personal experience that shows that the human being really does change in the course of his or her life – which may be for the good or the bad, depending on how the human being aligns himself or herself. Depending on this and on the events that occur, they are stored only faintly or particularly deeply in the memory.

Emotions often enjoy a very bad reputation, especially when and by human beings who lead a negative life and consequently have unpleasant and otherwise bad thoughts. If, on the other hand, they had sensible and good thoughts, cultivated them and were able to weigh them up in the same way and did not make decisions irrationally and unpredictably, then they would be good and sensible people. It is undeniable that, for example, quarrelling often leads to no solution of problems, just as learned things are not brought to bear. On the other hand, however, emotions, if they can develop in a correct way, bring about a valuable evolution in the course of time, which develops in a high-quality way. This is essential for human beings to be able to make correct decisions at all and to react to their environment in an appropriately wise manner. Correctly and thus reasonably considered, thoughts, feelings and the resulting emotions are never a luxury, but are a complex system of aids in the life of human beings and their existence.

The evolution of the human being has produced values that are essential for survival through his thoughts, feelings and the resulting emotions, such as a mentally lightning-fast and generally comprehensive evaluation system, as a result of which everything can be grasped and evaluated that falls within the range of the grasping capacity of the human being – as of all living beings in general. This system is genetically given and, with its further development, is therefore also hereditary in this way, as it also ensures that these feelings arising from the thoughts and these in turn produce the emotions, which then control the actions and behaviour of the human beings, and indeed, depending on the nature of the same, pleasant or unpleasant. If something seems disgusting, ugly or simply repulsive, then the already repulsive feelings will lead to the likewise repulsive emotions. If, however, the feelings of freedom, happiness, joy, love and peace motivate the human being, then the emotions form accordingly and show the human being that it is worthwhile to use one's energy, strength and time to nurture and cultivate good and positive thoughts in order to thereby also create good and positive feelings, from which in turn good and positive emotions form. Human beings, however, who already have bad and negative thoughts and create corresponding feelings and emotions of the same kind, should not be surprised if their lives and existence take a bad turn or even sink into depression.

If bad and believing thoughts also create corresponding feelings, then the cerebral cortex is also damaged, resp. important parts of the cortex, namely because the processing of emotions is carried out badly. Bad, dependent and especially faith-based thoughts give rise to just such feelings, which in turn give rise to similar emotions. However, these are a powerful system for evaluating situations and initiating actions and behaviour. And they are always very quick in

their action, so that the emotional reaction often takes place before the human being is even aware of the matter and situation. This is to say nothing of even thinking about it. This is because the emotional circuits in the limbic system are able to prepare an initial assessment and evaluation of what is coming, even before the comparatively slow-working higher cortex areas in the feelings arise, which spread and volve into the emotions that form from them. The feelings are very important and promote the human beings' emotions from them – whereby the processes prove to be somewhat different from correctness than science claims – and they also show what moves and guides the human beings in life. Unfortunately, it often happens that it is particularly difficult and troublesome when the world of thoughts is full of negativity and consequently negative thoughts create bad and even evil feelings, such as fear and hatred, as well as enmity, anger, forlornness, annoyance or shame, etc., and thus factors that are not or only very difficult to control, but often not at all. This is especially the case when the human being is treated unfairly or feels this way, but also when something is embarrassing to him, such as a reprimand and the like, or a stupid answer, accusation, allegation, and so on. Very often, human beings do not know how to react to such stupid statements or stupid accusations, etc., so they become embarrassed, ashamed or angry. Thoughts, the feelings that arise from them, as well as the emotions that inevitably arise from them again, are very important instruments for communication, and emotions in particular have a central function for social interaction. A large part of human communication takes place – even if often only unconsciously – through the transmission of emotions with regard to the expressive component – i.e. through facial expressions and gestures resp. body language and tone of voice. In this way, the human being can adjust to his or her counterpart before the latter is able to express his or her concerns in words. On the other hand, even in large gatherings of people, people are able to perceive at lightning speed where important things are happening and whether it is worthwhile to participate or to keep away because danger may be imminent. ... The human capacity for thought and self-overestimation and self-exaltation influence all actions and behaviour and, in general, all cognitive processes of the majority of the earth's population. This also affects all bodily functions, mainly heart rate, blood pressure and sweating, which are controlled by the vegetative resp. autonomic nervous system and hormones. Finally, through thoughts, their feelings and the emotions that arise from them, facial expressions, gestures, as well as the sound of the voice, but also the actions and behaviour of human beings, whereby the emotions inevitably find a way out, especially through speech, action and behaviour, and make themselves audible through the voice and visible as a result of facial expressions and gestures, manifesting through action and behaviour.

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Fame

<https://www.psychreg.org/psychology-fame-celebrity-want-famous/>

<https://www.psychologytoday.com/us/blog/the-homework-myth/202010/fame-is-the-name-the-game>

https://en.wikipedia.org/wiki/Celebrity_worship_syndrome

see also Narcissism

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Jmmanuel:

175. Many festivities are carried out in honour of deceased persons who have some sort of significance.

176. Truly, this is nothing more than a cult surrounding personalities in order to honour them or thereby to promote wealth for a few.

177. Honour should befit the honourable, whereby a memory of them remains preserved.

178. But neither a cult, or a business for the acquisition of wealth, should ever be made out of that.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_002

Billy:

You are embarrassing me, Semjase. Everything from you today seems to be just geared towards praise and flattery. I do not love that because it seems primitive to me. So please no more.

Semjase:

...

14. But I do not want to praise or flatter you, as we too have long gone beyond those things.

15. I am only making clear observations that correspond to the facts, just the way you like to make them yourself.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_036

Ptaah:

167. It is not appropriate, however, that we should give praise to ourselves for all our achievements, only because he {Hans Jacob}, as an Earth-human assumes that he needs a hymn of praise for his good deeds.

168. He must learn to do the good, the true and the loving and wise as a matter of course and not only out of the urge that he be showered with songs of praise for it.

169. If, however, the Earth-human thinks in such a manner and is only oriented towards the praise that he/she wants to attain, then in every respect he/she strives for one thing or one act only for the sake of praise, but not because he/she has come to the realisation that his/her thinking, doing and acting have become a creational matter of course in the consciousness of fulfilling one's duty.

...

171. If one works only to gain warmth and love from outside one's own personality, then this arises only from an egoistic thought and feeling, if warmth and love are not felt and relayed by the demanding person himself.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_831

Ptaah:

42. Self-promotion, becoming known and important and presenting oneself in the coming television also takes place, as Father's {Sfath's} annals say, through the fact that fame addiction increases in forms that no longer know any limits and is striven for through violence and murder as well as dangerousness and degeneracy in every way.

43. The only important thing is to be publicly known everywhere, as well as to be financially rich in excess or against all order, decency and morality.

...

85. ... the delusion of self-importance and being known.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_834

Billy:

... acting greats, rulers or other persons who present themselves stupidly in public as celebrities or become known in some other way, as in this respect also those who attach no importance to their being known, are idiotically simply idolised, sometimes to the point of harassment and disregard for decency, as well as to the point of self-abandonment with regard to one's own freedom, the emerging willingness for everything, etc. These human beings regard other persons as idols and consecrate them because they no longer see reality and its truth, consequently they regard the idolised ones somehow as supernatural.

Ptaah:

This is a behaviour which is usually anchored in a fanaticism over which the human being afflicted by it is unable to exercise any control and respects the admired persons more than himself. Consequently, he is only able to take a deceptive example from them, but he himself becomes incapable of making himself a truly valuable as well as independent human being out of himself.

Billy:

Unfortunately, there are only too many human beings of this kind; one only has to look at the football fanatics, for example, and all sports fanatics in general, who only align and champion their interest and knowledge etc. for their idolised sports stars, but apart from that neither learn nor develop anything sensible and progressive with regard to self-development and true human beinghood. What they do is to live in the day, to let their life be good and to destroy the environment, because they simply want to have this and that product, because of which the resources of the planet are exploited, nature, fauna and flora are more and more destroyed, exterminated and annihilated. This, while the atmosphere is becoming more and more poisoned and incurable or very difficult to cure diseases are rampant, such as many types of cancer, etc. In addition, these crazy sports fanatics – as well as the sportsmen themselves, who do not have a decent job, but unconscionably enrich themselves through the fanatics' entrance fees – create offspring en masse and drive the already overflowing overpopulation ever higher, which generally makes everything bad even worse.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_863

Billy:

... among the Earthlings resp. the human beings of the Earth there are many who are always and with everything in the front line and want to be the biggest and the best. Something that I myself, however, do not want for my person. Many people are infected with movie horniness resp. film horniness, photo horniness or some other kind of horniness of being seen, so that they push themselves into the foreground everywhere and thus cheat their way to the front, so that they are seen and admired and appear to be important. But that does not suit me, because I want to stay in the background and quietly do my work and not be adored. Unfortunately, this happens all too quickly, both for good and for bad, precisely because human beings are idolised. But I want to say that if a human being does something that helps fellow human beings in some wise, or if, for example, a human being brings something valuable that fellow human beings can learn and as a result they are better off and understand life better, then he is adored. Or it may simply be that a human being openly teaches reality and truth, or he says what life really is, how it should be good and led in order to live rightly. And when I thus bring the 'teaching of truth, teaching of Creation-energy, teaching of life', then with absolute certainty those human beings are very grateful when they learn this and can use it for themselves and make their life and existence happy, good and contented, which is after all part of the purpose of the whole. That human beings are then grateful, that is clear and self-evident, but to see something special in me because of this is neither correct, good nor in any other way appropriate, for as is known today, I did not simply receive the 'teaching of truth, teaching of Creation-energy, teaching of life', for every iota of knowledge and ability all the heralds of Nokodemion's teaching have had to work up again and again for 9 billion years, corresponding to the respective time, out of their own Creation-energy within themselves, so I too had to work out the teaching for myself through hard training and learning according to today's value and understanding, just as every other normal human being must also laboriously learn everything himself and keep it in his consciousness for the time of his development for his life. But he can only do this if he keeps on learning and never gives up in this respect. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_865

Quetzal:

Of course, I cannot judge what is written here. But the whole thing is obviously about what you mentioned earlier, which is that a human being wants to make himself appear great, to be special, to have achieved an extraordinary feat and to be known, like this man who is mentioned here.

Billy:

Exactly, that is how it is, because behind everything there is nothing other than a self-glorification and making oneself great, as is also the case with actors and sportsmen and women and many other 'greats' of any kind, consequently something is hung on the big bell in order to make it known and therefore to be able to shine. This is done in such a way that all followers can hear and admire it, instead of them themselves achieving a good performance and feeling happy and satisfied about it. However, instead of a quiet achievement being made and the human being in question being happy and satisfied about it, this is completely absurd and absolutely inconceivable for the majority of human beings. This is proven by the fact that in many sports there is always a huge influx of inactive, fanatical and howling admirers from the spectators, but none of them is able to achieve a true performance by which they could be happy and satisfied, without being admired and praised by their followers and worshipped like gods.

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Feelings

see also Emotions

see also Thoughts / Thinking

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_864

{Billy (1940s):}

Feelings and the resulting emotions are universally given as the product of preceding thoughts in every life-form that somehow has a thinking, whereby it is completely irrelevant how this thinking takes place. Emotions are also formed from feelings, which is particularly evident in human beings, animals and creatures because they are capable of thinking, for thinking alone makes it possible for feelings to arise from it. ... Beings, mainly the human being – but also animals and creatures – develop emotions from feelings, which, in addition to behaviour, also control the body to certain reactions, as well as the interaction with its own kind and all other life-forms of every species and kind, but also with a thousand different things and objects as well as situations of life and existence, the whole of nature, the planet and all ecosystems.

...

Depending on the good or bad nature of the feelings that arise and the emotions that result from them, action and thus in turn life is either worth living or detrimental to life. In any case, thoughts always precede everything; they form the central component for logic, understanding and reason, and according to them feelings and from them emotions and decisions as well as behaviour and action arise. But thoughts and the feelings that arise from them, as well as the emotions that arise from them, are much more: namely, powerful evaluation systems that allow human beings to automatically assess many situations correctly – if their thoughts correspond to correctness – so that they can react quickly and also correctly.

Feeling, i.e. what human beings consciously experience as fear, freedom, joy, sadness, failure and anger, is basically only the well-known tip of the iceberg of all that results from it. Exactly as in the case of a huge floating iceberg, where 9/10 of its volume is hidden in the water beneath it, also in the case of thoughts, feelings and the emotional processes arising from them, a great deal remains hidden, incomprehensible and unnoticeable to human beings, but only because, as a rule, belief-related factors play into the whole thing in a way that is subterranean and absolutely imperceptible to them.

The emotions that arise do not only concern the individual resp. subjective experience, but they also include the physical reactions as a whole, which, through certain triggers, prepare the human beings for a behaviour that moves them to act and work. For example, this automatically causes the human beings' blood pressure and heart rate to rise when they see something that demands fear from them, but this improves the blood supply and thus also benefits the muscles, because the release of hormones results in an optimal energy supply to the muscles. The concentration that is directed towards the potential threat automatically prevents all thoughts from turning to other things and instantly making the threat or open danger seem important. This in turn creates a very ideal condition for 2 options for action to appear immediately, namely to defend oneself against the danger in a flash – or to take flight.

Every feeling creates a far-reaching emotion, which is also very comprehensive and focussing and makes the life of the human being worth living, because in truth an emotion is a central component of the human beings innermost life. But an emotion is much more than that, because as I said, it is a powerful evaluation system that automatically lets the human being assess many situations correctly when it is needed correctly and thus also reacts quickly and correctly.

Thoughts create a complex state of feelings, as well as a conscious subjective experience, which also triggers physical processes and behavioural impulses that then play an important role. It is typical for emotions that a wide variety of emotions appear, such as love, peacefulness, fear, anger or dejection. It is also completely normal that physical as well as mental processes are coupled and thus influence the human being as a whole and in extreme cases can even cast a complete spell over him or her. It is also normal that emotions arise from feelings, but whether these are then positively controlled or otherwise negatively and uncontrollably implemented is then solely the human beings' acting according to their will.

The feelings are therefore what the human being, as a rule, without thinking much, somehow experiences consciously-unconsciously as fear, joy, love, jealousy, hate, anger, freedom or sadness, etc. The feelings that form into emotions are also normal. The feelings that form emotions inevitably make their way out in the form of visible facial expressions, the sound of the voice and behavioural tendencies, as well as gestures. Consequently, in this wise, the feelings and the resulting emotional state – which is also called state of mind, because obviously the feelings are also wrongly defined as mind – become recognisable, because the emotional emergence of the human being lives everything outwards and is perceived and witnessed by fellow human beings. We are talking here, for example, about expressive language and a behavioural component of expanding forms, and this aspect in particular is already in the term 'ex' itself, and says, in a meaningful way, that it is a movement outwards. The fact that the emotion created by feelings gives way from the inside to the outside and then manifests itself is something that human beings very often only become aware of afterwards – if this is the case at all.

How exactly and precisely the individual components of the emotional processes are connected is given by the feelings, because of course the thoughts must precede them first, which are fundamentally the factors that ultimately cause everything. Consequently, without thoughts there are no feelings, just as without feelings there can be no emotions and from these in turn no impulses, actions and behaviour can arise. Certain areas of the brain are involved in everything, generating and controlling neurobiological processes, although emotions are so complex and multifaceted that they can hardly be generated in a controlled manner. In addition, not every human being reacts in the same way to certain situations, which in itself creates a wide variety of problems in being able to classify emotions into a certain scheme. It is difficult for human beings alone, as those affected by emotions, to be able to perceive them as a whole, because they are already unable to define their feelings, and they are also unable to comprehend the origin of them, namely their thoughts that precede everything. For this reason, the human being often perceives the whole process only very diffusely. This is especially the case when the

feelings go uncontrollably 'crazy' and no clear and striking insights are possible any more, because they are no longer perceived correctly and are just diffuse. Feelings and emotions arising from them do bring variety into life, and every human being actually knows what thoughts and emotions arising from them are, but as a rule these cannot be defined as what they actually are in terms of their values and in terms of their effects. It is also not understood that emotions do not arise and manifest themselves before feelings, but that it is exactly the other way round, namely that certain feelings are first created out of certain thoughts, and only from these do the emotions then develop.

Feelings and the resulting emotions are not always good and beautiful, positive and peaceful, but also bad, negative and even deadly. But if the human being tries to lead life without thoughts, feelings and emotions in a strictly objective and rational way, he will never succeed, because without thoughts, without feelings and emotions he could not live and would be as good as a dead living being. The human being would be an illusory being without compassion, and his existence would be only an illusory human being and as empty, as it would also be completely meaningless. Practically everything that makes him unique as a person would also be lost, as in the fact that his personal life story would also be null and void. The person's own emotionality, based on feelings, is a decisive and special part of the human personality, because the strong feelings and the resulting emotions have not only shaped the actions and activities of the human being in question in the past, but they also have an effect as special episodes at present and in the future, and constantly shape and change the inner identity of the human being. This is, so to speak, a personal experience that shows that the human being really does change in the course of his or her life – which may be for the good or the bad, depending on how the human being aligns himself or herself. Depending on this and on the events that occur, they are stored only faintly or particularly deeply in the memory.

Emotions often enjoy a very bad reputation, especially when and by human beings who lead a negative life and consequently have unpleasant and otherwise bad thoughts. If, on the other hand, they had sensible and good thoughts, cultivated them and were able to weigh them up in the same way and did not make decisions irrationally and unpredictably, then they would be good and sensible people. It is undeniable that, for example, quarrelling often leads to no solution of problems, just as learned things are not brought to bear. On the other hand, however, emotions, if they can develop in a correct wise, bring about a valuable evolution in the course of time, which develops in a high-quality way. This is essential for human beings to be able to make correct decisions at all and to react to their environment in an appropriately wise manner. Correctly and thus reasonably considered, thoughts, feelings and the resulting emotions are never a luxury, but are a complex system of aids in the life of human beings and their existence.

The evolution of the human being has produced values that are essential for survival through his thoughts, feelings and the resulting emotions, such as a mentally lightning-fast and generally comprehensive evaluation system, as a result of which everything can be grasped and evaluated that falls within the range of the grasping capacity of the human being – as of all living beings in general. This system is genetically given and, with its further development, is therefore also hereditary in this wise, as it also ensures that these feelings arising from the thoughts and these in turn produce the emotions, which then control the actions and behaviour of the human beings, and indeed, depending on the nature of the same, pleasant or unpleasant. If something seems disgusting, ugly or simply repulsive, then the already repulsive feelings will lead to the likewise repulsive emotions. If, however, the feelings of freedom, happiness, joy, love and peace motivate the human being, then the emotions form accordingly and show the human being that it is worthwhile to use one's energy, strength and time to nurture and cultivate good and positive thoughts in order to thereby also create good and positive feelings, from which in turn good and positive emotions form. Human beings, however, who already have bad and

negative thoughts and create corresponding feelings and emotions of the same kind, should not be surprised if their lives and existence take a bad turn or even sink into depression.

If bad and believing thoughts also create corresponding feelings, then the cerebral cortex is also damaged, resp. important parts of the cortex, namely because the processing of emotions is carried out badly. Bad, dependent and especially faith-based thoughts give rise to just such feelings, which in turn give rise to similar emotions. However, these are a powerful system for evaluating situations and initiating actions and behaviour. And they are always very quick in their action, so that the emotional reaction often takes place before the human being is even aware of the matter and situation. This is to say nothing of even thinking about it. This is because the emotional circuits in the limbic system are able to prepare an initial assessment and evaluation of what is coming, even before the comparatively slow-working higher cortex areas in the feelings arise, which spread and volve into the emotions that form from them.

The feelings are very important and promote the human beings' emotions from them – whereby the processes prove to be somewhat different from correctness than science claims – and they also show what moves and guides the human beings in life. Unfortunately, it often happens that it is particularly difficult and troublesome when the world of thoughts is full of negativity and consequently negative thoughts create bad and even evil feelings, such as fear and hatred, as well as enmity, anger, forlornness, annoyance or shame, etc., and thus factors that are not or only very difficult to control, but often not at all. This is especially the case when the human being is treated unfairly or feels this way, but also when something is embarrassing to him, such as a reprimand and the like, or a stupid answer, accusation, allegation, and so on. Very often, human beings do not know how to react to such stupid statements or stupid accusations, etc., so they become embarrassed, ashamed or angry.

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Flattery

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Happiness

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

20. If a human being is happy, then his/her happiness comes from within, because happiness is a self-created state, but happiness is never a location.

21. Joy comes from the inner of the human being, created from spiritual and consciousness-based equalisedness.

22. Hence everything comes from within.

23. The things and human beings that seem to form the cause of happiness are only the external occasion for the happiness in the human being to express itself, if he or she has been consciously working towards it.

24. But happiness is something that also belongs to the innermost, to the spiritual inner core nature, and it is an inseparable attribute of the existence of the Creation.

25. Unending happiness and unending power are contained in this existence.

...

71. Love cannot be put into words because it is, just like the happiness, a state and not a location.

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Hostility

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_863

Billy:

If I go on to say something about the whole thing, it is that as soon as the human being does something that does not suit others, is not understood, cannot be comprehended, is envied or simply does not fit etc., hostility immediately arises, even though no one is inconvenienced or offended by it or comes to harm. It doesn't matter what it is about and how insignificant everything is, why the victim is attacked or maltreated, because the only thing that matters is that the victim should somehow be harmed, harassed or even killed because someone else simply doesn't like what they are doing. This very quickly leads to insults, harassment, destruction, or fights are instigated or even attacks on life are committed and those who are hated or simply envied for some sick and idiotic reason are murdered.

Quetzal:

This is well known to me, for we Plejaren learn from our earliest adolescence that such behaviour can never appear, for it has been known to us from time immemorial that this is a characteristic of those human beings who are selfish, as was the case with our ancestors in earlier times. However, when this was investigated and the reason was found that it was a form of [jealousy](#) and selfishness, then a subject of teaching was created in this respect, which became a duty of learning for every person, in order to prevent the evil from arising. Therefore, it also became compulsory that even the adolescent is confronted with it and learns that this unworthy of man kind of behaviour is learnt to combat at an early age in such a way that it already dissolves in its origins and it can never become a factor that can become a reality.

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Intellectual

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_005

Semjase:

12. But especially intellectual human beings are in abundance on the Earth; and of all people they are often the ones who lack spiritual-consciousness-based knowledge and who are therefore unable to muster understanding for the real and for the logic.

13. However, in this context also those are to be mentioned, who are led into the unreal by religions and those, who have made neither intellectual nor spiritual-consciousness-based far progress.

14. All of them are the most evil opponents of the truth, the real and the irrefutable creation logic.

15. But their criticism and their denial of certain things distinguish them – as human beings living in primitive foolishness.

16. Earth-humans who always claim to know everything better, but who are in truth more unknowing than the ape beings that populate your primeval forests.

17. By the denial of facts or possibilities they openly expose their consciousness-based limitedness and their primitivity.

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Jealousy

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_066

Semjase:

108. The material thinking of the Earth-human is indeed very decisive for the emotional and feeling life.

109. The more the human being of the Earth got caught in material thinking in former times, the more they influenced their emotional life with greed.

110. Thus they gradually coupled their material thinking with the core of their feeling-center, so that they inevitably became one feeling-thought complex.

111. Consequently, especially the feelings of hatred and love, which are generated by thinking and appear as feelings of the inner being, were impregnated by material values, which created themselves as greed of possession of both forms, namely into the greed of possession of love and into the greed of possession of hatred.

112. In both forms an ego-related greed for possession develops, which must inevitably lead to a third form of greed for possession, also produced by the human being himself/herself, namely the greed for possession of the love-hate.

113. In all cases, a possessiveness appears, triggered by material thinking, which exacts a right to the possession of love or hate, and a right to the human to whom love or hate applies, whereby this right is again considered property.

114. The generating of jealous possession thinking depends exclusively on the form of the level of consciousness and on the emotions; it is universally uniform and thus not earthbound, whereby I would like to emphasise, however, that on Erra these lower levels of consciousness no longer exist and jealousy is no longer known to our people, or, as I better can explain, no longer pertains, because in earlier times our peoples also had to go through these stages.

115. The more immaterial the human's thinking becomes, the more he/she distances himself from possession thinking, which is also called feeling-thinking.

116. So the norm of liberation of every level of consciousness in relation to the jealous as well as the material and other possessive thinking is actually considered to be the yardstick of the evolutionary stage.

117. A completely anti-materialistically thinking, feeling-based and emotionally balanced and truly consciously developed human being is no longer able to generate jealousy in himself/herself, because his/her thinking has become all-embracing thinking, which in reverence regards all possessions as venerable and in love and joy elevates them to the common good, but always in the sense that a venerable bond is given in observance of the laws and recommendations, and indeed, from every side.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_086

Billy:

21. If now it becomes known that I am oriented about these things, then they will ask me again:

22. Was it me?

23. Did I perhaps unconsciously have such jealous thoughts?

...

25. On the other hand, no one can suggest that these rather stupid thoughts of jealousy have been set free unconsciously, for jealousy only ever is set free in conscious form when it expresses itself in this manner.

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Knowledge

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_002

Semjase:

10. You really take second place to us in hardly anything, if one disregards the knowledge that you call book knowledge or school knowledge.

11. As you yourself always say, however, this kind of knowledge is not of very great importance, rather only the spiritual knowledge and the spiritual essence of wisdom are decisive, as you have already recognised for a long time.

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Laws (Regulations)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_014

Semjase:

12. Recently I have been extensively involved with your legislation and have come across many laws that are unworthy of a human way of life in every respect.

13. Often the laws are of such stupidity and so primitive that I felt sick during the study of them.

14. Logical legal conclusions can be seen only in very few laws, for 73% of your legislation renounces all human dignity and reason, not to mention reason and logic.

15. We already knew that some of your legislation was not good, but we had no reason or need to look into it further until you brought it to my attention.

16. But the fact that things were so bad exceeded our worst expectations.

Billy:

Unfortunately, you are right, because I made the same statements many years ago. But there is no point in discussing it, because it is in the behaviour of the masses that such laws can exist. The people as a whole would have to rise up against these legal machinations etc. in order to bring about a change for the better.

Semjase:

17. You speak very wise words, but it is the individual who brings the idea, which is then able to spread and carry the masses with it.

Billy:

That is fully clear to me, but I guess that the igniting idea can only be kindled into a fire when the embers are big enough. By this I mean that a certain mass of human beings must first acquire real knowledge and wisdom in order for the power of consciousness to become effective.

However, in order to do this, this certain mass must first dismantle the enslaving religion before it is able to gain knowledge and wisdom.

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Leadership

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_1

Asket:

133. The Earth human should protect himself from providing any help to such power-greedy sects and rulers, because they cause the smallest help to become a deadly weapon against the helper, in order, therewith, to come closer, step by step, to the fulfilment of their addiction to world domination.

134. Sectarianism is just as much aligned only with greed for money and power as certain holders-of-power are aligned with enslaving world-domination.

135. Sectarianism likewise serves, for its believers and followers, only as a means to an end, as is peculiar to every actual religion, every ideology, as well as every secret society which demands world domination, and every political ruler.

...

140. Statesmen must be appointed who prepare certain things towards the prevention of the threatening catastrophe.

141. But as is usual with the Earth-humans, many will inwardly and outwardly succumb to their greed for power, even if they will maybe not openly and understandably demonstrate it externally for their followers.

142. As usual, they will have enemies and will be, in some cases, gotten rid of by them, who, not knowing that they thereby, and due to their own power-greed and unreasonableness, will help to hinder the catastrophe.

143. Thus their death-bringing intrigues and desires for power will be ultimately transformed toward good purposes.

{Note: For an explanation of the “threatening catastrophe”, see Asket’s Explanations Part 1:96-127,222-223. “97. The Earth human has become capable of destroying his world in an atomic explosion, which would bring very dangerous consequences for the entire system.”}

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_003

Semjase:

20. Without exception, all governments on Earth are staffed by human beings who have the characteristic of addiction to might and profit.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Ptaah:

744. Nowhere is humanity to be found – also not in a peaceful demonstration.

745. Everything is only lies and deceit, malicious deception and self-importance with the sense of wanting to make oneself better than the human beings of the Earth really are.

746. But this is only because he/she has not yet perceived himself/herself and consequently still lies to himself/herself.

747. If he/she really wanted to practise self-knowledge and act in humanity, he/she would take hold of the spiritual teaching in order to finally find the truth and try to act accordingly.

748. The consequence of this would be that the peoples would depose their governments and replace them with spiritual leaders.

749. Through Earth-humans, then, who would know, rule and honour the truth and the natural and creational laws, whereby they would govern the Earth and all human beings unselfishly and in correct form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_045

Semjase:

115. Many of your politicians and scientists are absolutely irresponsible creatures, who must be deprived of their power in order to be replaced by rational and responsible forces.

116. Unfortunately, this can only be achieved through logical non-violence, which should be exercised by the people themselves.

...

124. The only remaining path for the human beings of the Earth is through actions in logic and rationality.

125. For far too long humanity has been fooled by those responsible, so it can no longer achieve anything in appropriate peaceful forms.

126. The might on the Earth is embodied by politics, religions and scientists; and exactly this power must be broken, otherwise the Earth-human suffers a very bad end, not only by war and extermination, but also by the atomisation, poisoning or other destruction of the planet.

...

129. But humankind on Earth still has some time to reflect and to snatch the grip of power from the powerful ones, as you call them, and to live according to the natural rules of life.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_806

Billy:

What can one do against those stupid and idiotic people in power who are incapable of thinking things through for themselves, who do not think and who cannot see and recognise everything as it really is. They do not allow those who are logical and reasonable and whose sensible thoughts and values would solve many intractable problems. They are simply disregarded, pushed aside and even laughed at, because the great and the opinionated are too stupid and too dumb to understand what the thinking and the reasoning really achieve

In their megalomania and self-importance, the big and the right-wing as well as those addicted to power believe themselves to be superior to all those who really think, as well as to the people and especially to those citizens who are capable of thinking further than just the tip of their nose. But it is impossible to make this clear to the megalomaniacs and autocrats in the governments, because they imagine that they are infallible and know everything better than those of the people who are really able to think and consider everything and draw the correct conclusions and conclusions from it.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_832

Billy:

It really makes one wonder how stupid and dumb those voters must be who elect or elevate such lowly intelligent creatures to their offices and that they tolerate their wrongdoings and do not chase these elements from their posts; that really knocks the bottom out of the barrel.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_838

Billy:

... If demands are simply made before even a conversation is brought about, then all is lost from the start, for such self-importance proves that instead of logic, understanding, reason and peacefulness there is always only the opposite up for discussion, also no insight, but effectively only a will to command, a will to dictate and an attitude of power. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_844

Billy:

... Besides, as head of the FIGU – as after my departure also the president of the FIGU Association – I have no voting rights. And that is good, because it means that nothing can be 'directed' resp. determined from 'above', but it is always the case that only the group decides something with a YES or NO through a unified resolution. The leadership resp. presidency always only has to perceive the group decisions and always has to be concerned to implement them in reality resp. to make sure that they are followed. The leadership or presidency has to

present its concerns as an agenda item to the actuarial office, which in turn has to present the concern to the group at the next meeting and the group then has to decide on the YES or NO vote. This should never be changed, because this rule actually prevents a person or an 'elite' belonging to him from seizing the helm of power and acting as the ruling force, as is the case with state governments, leading to injustice, discord, hatred, revenge, retaliation, persecution, murder and manslaughter and even war and destruction. What would be important is that the peoples would not be so lax and only make their fist in the sack, but remove unfit and autocratic rulers from their offices. To demonstrate and shout about in a stupid way and to believe in a stupid way and to delude oneself that the wrong-governing rulers of both sexes will be impressed by this is more than just stupid stupidity and cowardice. And unfit sole rulers do not only exist in various countries of the Earth, but there are elements unfit to govern in every government of all states, also here in Switzerland. In many cases, they are nobodies and nonentities from the large part of the ignorant and uneducated people, who may have attended schools to learn the lowly education of reading and writing, etc., but who have no ability whatsoever to learn and work out for themselves how to run a state. ...

...

Billy:

... Nevertheless, those misfits and government incompetents who are squatting in power – who, like all rulers, should undoubtedly be a role model for the people – are behaving completely against all rules of ethics and morality with their actions, posturing and behaviour. Nevertheless, these fallible rulers are left scot-free when they commit a crime and should be punished for it. This is irrespective of whether they have managed to get themselves to the helm of government or whether they have been put in power through elections, etc. So the holders of government power are women. So the government power holders, female and male, are spared and not punished, as opposed to all that when an ordinary citizen does the same or even less than what the power seekers have done, they are made to pay or put in jail for it. This is an injustice beyond compare. So where is 'equal rights for all'? Nowhere. The same kind of evil deeds that those in power do and are neither reprimanded nor punished, for which citizens are punished with severe penalties such as imprisonment or fines, etc. As a rule, the purpose of punishment is to make people think twice about what they have done wrong and to prevent them from doing it again, which is nothing other than retribution.

...

Billy:

That all human beings are equal before the law and that all are punished equally for the same law-breaking and misdeeds is only a pious lie and fantasy, because depending on the status of office, activity and monetary wealth, the human being on Earth is punished or protected for an unjust deed. This, in any case, if the person in question is not one of the common people, who is automatically burdened with the harshest punishments as soon as he does something that is not necessarily righteous, and this regardless of whether he knows or not that it corresponds to right or wrong. In particular, however, those human beings are neither reprimanded nor punished who hold higher offices or hold a position in government or are even the rulers themselves ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Quetzal:

The majority of Earth-humans of all states are so lowly-intelligent and incapable that they often place completely incompetent persons at the head of their states, just as they thereby also entitle the perpetrators of war in any form to wage war, instead of putting such persons on trial and condemning them in such a manner that they are brought to a place where they can no longer exercise leadership power for the rest of their lives. It is ...

Billy:

... seclusion from public life for life would properly be the just punishment.

Quetzal:

It would be, yet that is not done.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... The majority of the world's rulers only have an overly big mouth and only utter stupid and primitive slogans that have neither hand nor foot, but only worthlessness, so that a valuable and lasting peace cannot really and finally be ensured and exist, but instead, strife and war continue to be waged with other peoples and even with one's own national population, which often threatens to degenerate into civil war ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_855

Billy:

... since time immemorial it is only the rulers who stir up the people in a partisan way and make them hostile to another people and then start a war. It is always the rulers who abuse their might and create enmity against other states and indoctrinate large sections of the population in bondage to them with hatred and enmity against other peoples, in order to then wage war on the other peoples who have been hatefully hated for a short or long time. However, it is always the rulers who unleash wars that are never justified, as they never were back in ancient times and only brought hatred, death, murder, manslaughter, injustice, destruction, suffering, need and misery, genocide and ultimately even disease and rampantly spreading disease. It is never the people of a country who start a war, but since time immemorial it has always been the main rulers, female and male, kings, emperors, dictators, despots, sect chiefs and presidents etc., as well as other elements of governments and sects, who indoctrinate the other elements of governments or believers of religious sects. As a result of indoctrination, these people, who are hostile and hateful towards other peoples or people of other faiths resp. religious sects, quickly agree with the ideas and violent ringleaders. Consequently, these human beings open the way to violence for themselves, and once they have opened it, it inevitably leads to war. This, of course, is advocated by all those who, without hesitation, are of the same mind as the ringleaders. It is true that these are only parts of the peoples, but as a rule it is the majority who howl along with the ringleaders and then also act according to their sense, namely out of their indoctrinated enmity and with hatred, consequently murder, manslaughter and destruction etc. are committed without hesitation, while only a minority is of a different and therefore peaceful and reasonable sense and does not allow itself to be indoctrinated with enmity and hatred.

...

... And so the human being, in every country resp. state, should be anxious to appoint rulers only on sight resp. for a certain time by popular election, in order to recall them immediately and without pardon, as soon as any tendencies of indoctrination towards the co-rulers or the people arise, as well as hostility or hatred, etc.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_856

Billy:

... The power-hungry and all those who are stupid in government have their own well-being and personal wealth at the forefront of their interest, often through corruption or other crooked and criminal enrichment, whereby they 'top up' their otherwise already highly overpaid salaries. And that such elements – of course, it must be noted that this does not refer to and mean the righteous and honest of those in power, but those who are in power – are not the ones who are in power.

And the fact that such elements – of course it must be noted that this does not refer to the righteous and honest of those in power, but only to the wrongdoers – allow themselves to act in

a way that is contrary to decency, humanity and the law and are not held legally accountable for it, but for which any normal citizen would be punished, is part of the daily routine. ... All such unjust riffraff – and these unjust riffraff of the rulers of all countries may well be called so, and besides, effectively only the unjust are addressed by this, who must know themselves whether they belong to this sort and therefore want to revolt against me and what I say and disclose, thus proving that they are effectively unjust riffraff – simply do not belong in a national government and should be neither elected nor tolerated by any people, but summarily deposed. All these riffraff care only about their rule, their might and their wealth, but not about the welfare of the human beings of the Earth.

...

... However, envy, enmity, quarrels, alcohol, religion and hatred, anti-Semitism, racial hatred, lust for power and domination are constantly blazing forth among the rulers, who tyrannise the people with new laws and regulations, etc. As a result, the people of the so-called civilised world are not able to eat. As a result, the human beings of the so-called civilised countries are no longer free, but are more and more browbeaten by laws, ordinances, regulations, paragraphs, decrees and, and, and. Starting with the Basic Laws, Citizenship Laws, Immigration Laws, Social Laws, Criminal Laws, Road Traffic Regulations, Residence Laws, Asylum Laws, Federal Laws, Federal Laws, Federal Law Ordinances, Legal Ordinances, Regulations, Guidelines, Trade Laws, Administrative Laws, Factual Laws, Parliamentary Laws, Objection Laws, building laws, mediation laws, equality laws, freedom laws, bathing laws, religion laws, food laws, human dignity laws, contract laws and conduct laws, instruction and press laws, opinion laws, belief laws, housing laws, property laws, association laws, assembly laws, pavement laws, etc. and much more in a thousand other forms. ...

... in every country there are also thousands of regulations, directives and ordinances, etc., which make the lives of human beings completely unfree. And all these regulations specify how the elements laid down in a law and in ordinances etc. must be implemented resp. enforced in concrete terms.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_860

Billy:

I know that, but truth remains truth, and that is also the case when the wrong people are in charge, even though as believers and pseudo-thinkers they cannot even think as far as the end of their noses. ...

...

I know that myself, that is why I say it, but all those don't say it who think they are educated and clever, but in reality they are just incredibly pathetic and stupid. They nevertheless hold high positions in governments and down to the lowest authorities. They squat in all kinds of offices and hold them in their stupidity and arrogance and only hypocritical thinking and believing that they are great, wise and absolutely irreplaceable.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_861

Billy:

Then I want to talk about the fact that the rulers do not govern in order to righteously guide the people and all things as well as the country, which wants peace and harmony, well-being and righteousness, but the rulers are eager and power-obsessed to constantly devise and enforce new laws, ordinances, rules and regulations, and so on. In this manner, precisely with these machinations, the freedom of the citizens is increasingly restricted and they are in practice more and more bogged down. Bailiwicking by bailiffs is indeed traditional, but it has remained so up to the present day, only the name of the bailiffs has changed, namely into rulers, who also use a completely different system, whereby the forms and methods have been changed, namely with regard to the essence of 'leadership', in such a manner that the peoples no longer perceive the

bailiwick system as such and accept the whole thing without grumbling. But this only happens because the people do not think about what the government as a whole really is, believing that everything is fine. The fact that the belief is fuelled that everything is democratic by means of voting is even more misleading, because behind the backs of the people and over their heads, things are decided, put into effect and, if possible, implemented, which they only learn about when they have already happened and which they would reject. In addition, those in power and often also errant members of the authorities, as well as the officials of the Catholic Church, are always protected when they do something illegal, unlawful or privately wrong or ethically and morally unacceptable and repugnant. ... But this is common practice, because as soon as such elements get into governments, authorities or other high positions and can exercise power, they no longer know any boundaries. This has been proven since time immemorial, and it is also proven today, as will continue to be the case, because the peoples send elements into government or into the authorities or other offices – if they are allowed to vote at all and the election results are not falsified, which is becoming more and more common – who are not good for the leadership of the people, but only live for their own advantages, and often with corruption that is harmful to the peoples. ...

...
... but in no case should the righteous of the governments and the authorities as well as other offices etc. be lumped together, because there are very well such civil servants in all governmental, official and other offices who know their duties and also perform them to the best of their ability ...

...
If now the young fallible ones of the government, and not only in Switzerland, but in all countries of the world – who have no idea whatsoever about toots and bubbles – are big-talking, mistaken, believing and hypocritical, governmentally misthinking and mistreating, then it is not surprising that there is always war. ...

...
Well, since time immemorial, there have been many madmen who held positions of power and believed they could conquer the world. However, they were never able to fulfil their illusions, regardless of whether they unleashed wars wantonly, in evil lust for power or out of necessity, for all of them failed miserably and inevitably with the wars they started and carried out, for things always turned out completely differently from what their cherished illusions led them to believe. They never brought everything under their control as they had imagined. ...

...
Furthermore, it is to be said: As a rule, it is also to be mentioned privately with regard to ethics and morality that the rules of decency and righteousness are practically connected in all things, so also in governments and in politics. Thus, the personal conduct of rulers and politicians must also be correct, and all of them must not be guilty of any wrongdoing. And if a person who governs or politicises adheres rigidly to this, then, of course, he does not belong to those dirty elements who consciencelessly play out their power and do everything at their whim only to satisfy their power, their own lusts, cravings, delusions, ambitions, degenerations, needs and sexual urges.

Quetzal:

All this corresponds to what is equal to the truth, consequently I can confirm everything. Through my investigations and observations – because I am interested here on Earth, and especially in its various states of the West and Europe with regard to the persons of the state leaders and authorities – I have learned many things and have therefore become knowledgeable about everything. Now, my findings are that the present systems of governance in the various states have indeed become better and more sensible in terms of laws etc. than they were at the time when bailiffs still had the might to give orders. For the peoples, however, nothing has become better with regard to the bailiwick system and the form of the peoples' lack

of freedom. This is because the countless laws and all the ordinances, rules and regulations etc. that you mention have not improved anything in terms of the real freedom of human beings. Truthfully, through the laws and the often arbitrariness of the government, the authorities and their representatives and practitioners regarding the laws etc., the citizens are no more than serfs or slaves of the powerful of the governments and authorities.

Billy:

You can say that again, because in this manner the Earthling has effectively lost his/her true freedom and lives in a thousand ways only according to the laws, ordinances, rules and regulations, etc., prescribed for him/her, whereby he can no longer make his own decisions, do what is logical, reasonable and responsible. If, however, he/she does so privately, he/she will be punished according to the laws etc. and deprived of his/her rights, as well as inevitably judged and treated as a criminal. Of course, the human beings of the Earth need laws and rules in order to maintain order and freedom etc. and to be able to live peacefully together and side by side, but they do not need any such that exceed the measure of what is reasonable. If, however, this is exceeded, as is the case in every state on Earth today without exception, then the possibilities of righteous, peaceful and self-thinking development of the human being are stifled and forbidden under penalty. He is even browbeaten to such an extent that in many countries he, as a 'free human being', is even compulsorily conscripted – especially men – to defend the 'fatherland' as a browbeaten and involuntary military soldier, by having to kill 'enemies' resp. fellow human beings with a weapon etc., whereby he becomes a multiple murderer, whether he wants to or not.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_863

Safaar:

However, the leaders of many earthly states are too blinded to recognise the truth. Quetzal and I have clearly fathomed and recognised this in our exploration of the attitudes, abilities and behaviour of the leaders of all Earth's states. This is what we have been mainly concerned with over the last few days and we have also realised that only very few of the leaders are capable of effective and just governance. The majority of these persons in all states are only educated to such an extent – if one can speak of education at all – that they are capable of exercising their power over the populations without guiding them righteously.

Quetzal:

It is indeed logic, reason and sanity that are staggeringly minimal that such incompetent persons are appointed to state leaderships.

Billy:

The Earthlings are just believers of religions, sects and world believers and thus not reality-thinkers and truth-thinkers, consequently it is also not possible for them to recognise who, how and what the human being is whom they elect and idolise, put their trust in him, as they do with their imaginary God who can do nothing and nothing at all – neither in good nor in evil. And it is similar with the majority of those in power, who make the people unfree and enslave them with ever new laws, regulations, ordinances and the use of power, etc., instead of making them truly free and peaceful, namely by instructing them in this respect, so that they then really preserve freedom and peace.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_865

Quetzal:

... according to our observations and findings of today, around 96.3 per cent of the Earth's leaders are absolutely and therefore completely incapable of their office. But this has been the case since time immemorial, which is why only greed for power, hostility, greed for wealth, hatred, revenge and retaliation, as well as war and terror, etc., have steadily been in the

foreground, which has remained so until today and for the time being there is no hope whatsoever that this will change for the better.

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Lies

see also [Truth](#)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_093

Semjase:

67. Father also says that Hans' hobby for notorious falsehood is so pronounced that he often acknowledges falsehoods he has given out as facts and is no longer able to distinguish untruth and truth from one another, whereby reality often disappears from him and he thereby acknowledges falsehoods as given facts, which, incidentally, is also the case with your wife.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_861

Billy:

... Lies, deceit and deception are so ingrained in the blood and flesh of the majority of Earthlings that they do not even notice when they are lying and deceiving, because everything is done thoughtlessly and habitually. Lying and cheating have become an integral part of the Earth-human character and behaviour from an early age, as a result of which this has so affected his conscience that no reaction whatsoever can occur when lying or cheating occurs in speech or action. Since time immemorial, lying and cheating have served the human beings to gain advantages, to protect themselves, as well as to cover up mistakes committed or anything else that was done illegally. By lying and deceiving, criticism was avoided, as were also punishment, revenge, retribution and evil obituaries, etc. ...

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Logic

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_009

Semjase:

85. However, it must be recommended to them that they train their intellect and practice in the logic, because only by doing so are they able to master and use their consciousness and its powers.

86. Through criticism, they inhibit the further consciousness-based development, as long as this criticism is illogical.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Asket:

218. Have you lost control of yourself and committed an illogical act?

Semjase:

391. Yes – I am really displeased – and embarrassed.

...

398. Good – I ... I acted completely confused and lost all control over myself.

...

403. I told you it is incomprehensible to me.

404. I have really lost control of my actions.

405. It is incomprehensible to me and also extremely embarrassing.

Billy:

Do not get excited about it, girl. You have obviously just lost your head and suddenly started thinking with your feet. That can happen to anyone. ...

...

Asket:

231. That was really very illogically acted by you.

232. But the reason might be found in the fact that you had to face a completely unusual illogic, which you were not able to cope with.

233. This led to a short circuit, so to speak, in your otherwise logical manner of thinking, which set off a veritable chain reaction of illogical actions, which could only be ended by running through their sequence of actions to the end.

Semjase:

418. Sure, it must be so, but I do not understand why I could act so irrationally.

Billy:

That is very simple: a human being who thinks only logically can no longer imagine illogic at all. But if such an illogic approaches him/her, they are no longer able to overcome it with their logic and fall into a confusion. This confusion, however, triggers illogical conclusions that lead to such actions. These in turn have to die down before rational logic is able to break through again.

Asket:

235. Again, that is very precisely explained and it is also actually so.

...

Ptaah:

269. As with all things, everything requires a certain amount of preparation.

270. Nothing can be undertaken and fulfilled without appropriate preparation.

271. But if it is illogically done anyway, then an involuntary act takes place which can never be of value.

272. An involuntary act is synonymous with illogic and rashness.

273. And from such an involuntary act, therefore, only illogic can follow.

274. If, therefore, the Creation itself, for example, were to act involuntarily, there would be no laws and recommendations to secure the existence of all life-forms etc.

275. There would be vain illogic and thus complete disorder.

276. This means that nothing could exist – not even the Creation.

277. Arbitrariness namely means the free choice of the will and thus also the free choice of thought.

278. An involuntary act, however, does not presuppose free will, but an act or a situation or something else which one does not oneself consider, is not capable of considering, or which one does not oneself want.

(Note Billy of 7th October 2000: 'Etymologisches Wörterbuch des Deutschen': Willkür f.

'Behaviour and action according to one's own whim. Eigenmächtigkeit', mhd. wille-, wilkür (md.) wil(le)kur, -kor 'free choice of will, free will, voluntary resolution, inclination, consent, agreement, discretion' is composed of the word treated under will and mhd. kür(e), md. kur(e) (see Kür).

The meaning which has prevailed since the 18th century, aiming at the disregard of the interests of others (see above), is already in the offing in Mhd. usage in such cases where the 'free decision' of one side is regarded as a restriction or coercion by the other, cf. Mhd. na-ch si-ner vi-nde willekur. In addition, arbitrary adj. 'proceeding at one's own discretion, arbitrarily' (18th cent.), previously 'acting voluntarily, by free decision' (16th cent.); cf. mhd, willekuric.

*Explanation Billy: **Willkür, arbitrary – Unwillkür, involuntary.***

These are well-known terms that are used very often in everyday life, as well as in spiritual teachings and in numerous writings of the FIGU. However, it has been shown that these terms are not understood correctly in their true meaning and in connection with many things, so that a useful explanation is necessary.

The terms 'arbitrariness' and 'arbitrary' in their original meaning actually mean 'choice of will', according to the old word values 'will' and 'choice'. In this traditional conceptual value, arbitrariness is, in a positive sense, a mental voluntariness or free will, an inclination or

affection, an agreement, a discretion or a voluntary resolution, whereby everything is always done of one's own free will. If a considered action wants to be done or a considered word spoken etc., then free will as well as conscious free thinking is therefore necessary for this, through which a conscious and thought-out thing therefore comes about, but which can be negative as well as positive, according to the human being's liking. If a conscious thinking according to free will is brought into use, then an arbitrariness respectively an arbitrariness takes place, consequently therefore a conscious thinking according to free will is just as arbitrary as also an action, which is preceded by a conscious thinking according to free will. Arbitrariness or arbitrary therefore does not mean anything negative according to old conceptual values, but something positive, such as 'acting according to free decision' through conscious thinking according to one's own free will. So everything that human beings do of their own accord must be based on arbitrariness, on the conscious choice of their free will, regardless of whether something negative or positive results from it. Thus it is not possible for the human being to do or undertake something intended by him/her without making an effort of thought, within the framework of free decision by his free will.

In the 18th century, a further conceptual value was created for 'arbitrariness' and 'arbitrary', namely a completely negative value that expresses itself in the form of disregard for the rights and interests as well as the body and life of other human beings, but also through ruthlessness (arbitrary measures, arbitrary rule, negative arbitrariness, etc.) and coercion as well as arbitrariness, negative action using one's own might, unrestrained, absolutist arbitrariness and threats, etc. In this sense, therefore, the terms 'arbitrariness' and 'arbitrary' or 'arbitrariness' etc. are of a decidedly negative sense and value, consequently there is no longer any connection whatsoever with the original positive value.)

279. An involuntary act presupposes that no thinking power whatsoever determines or can determine an act.

280. This means that an action takes place involuntarily or without thought and without consistency, which can or must always lead to negative effects and events.

281. Such involuntary actions, however, are only capable of life-forms that have not yet recognised the mental consistency in their course of action.

282. In other words, this means that such thinking life-forms are still in very minimal values in terms of consciousness and do not yet have control over their thinking form and thinking power.

283. Thus they are also able to act involuntarily – that is, without prior deliberation – without prior corresponding thought-work.

284. They simply have not yet learned to really think.

285. If this were also the case with the Creation, then nothing would exist, for through illogic in this form everything is destroyed before it is even created.

286. A positive arbitrary act or process means real life in contrast to involuntariness.

287. That is:

288. An arbitrary act presupposes a rational thought capable of determining the consistency of an action.

289. This means that the existence of an action is consequently assured.

290. This in turn states:

291. The consistency of the action is logical.

292. Arbitrariness, then, is logic and deliberation, and secures the existence of the action.

293. Thus by the logic of the Creation itself it is clearly evident that it is therefore arbitrary, deliberate and logical action, and thereby secures the existence of all life.

294. Only where arbitrariness is given can the consistency of an action be determined and thereby life be begotten.

295. Arbitrariness is therefore necessary in all things, so also in the search for and dissemination of truth and knowledge.

296. Thus, in order to make a truth intelligible, a way to understanding must first be created by arbitrariness.

297. In this, arbitrariness means the means of communication between ignorance and understanding and between ignorance and knowledge.

298. Through arbitrariness, which in this form embodies the pure process of reflection and thought, the rational mind is stimulated to work and slowly led towards knowledge.

299. If cognition is then sufficiently advanced, further teaching material can be supplied, which is then also actually further processed and utilised arbitrarily, whereby further cognitions are then gained.

300. In a course of instruction, then, arbitrariness is of very great importance, for only through it is the logical consistency of the course of instruction guaranteed.

...

Semjase:

522. In former times visible proofs were necessary for the human beings of the Earth in order to impart certain forms of thought to them.

523. But by these visible proofs they began to believe in miracles, and at other times they went astray.

524. The present time of the Earth has progressed beyond visible evidence, and the path of clear and logical reason and equally clear and logical understanding alone must be followed.

525. Only these values count for the present time, and they are the better evidence than all those which are visible.

526. Today, the power of consciousness, knowledge and wisdom and love are of utmost importance to be able to walk the path of evolution.

527. In Immanuel's time, however, it was different, for at that time the knowledge of Earth-humans was in every respect still very much imprisoned in those things which can be recognised by the eye and heard by the ears.

528. At that time this ensured that the human being who saw and heard visible evidence became aware of his power of thought and thereby progressed evolutionarily.

529. Today, however, Earth-humans have emerged from this stage, have acquired greater reason and intellect and have become very conscious of their power of thought.

530. So evolution demands of them that they should also seize these powers and put them to useful use.

531. But this can truly only be done by hard work of consciousness.

532. This means that Earth-humans now live in the evolutionary stage, since they must and can work out knowledge, truth, wisdom and love for themselves through consciousness work, without needing visible or audible proofs.

533. But if a human being demands visible or audible proofs at this time, then it is obvious that in terms of consciousness he/she has not yet fully climbed the level of the new age and in certain things is still a slave to the old time.

534. The present proofs of the earthly Aquarian age are furnished by human reason, intellect and the infallible logic of truth.

535. These, however, Earth-humans with their adaptable form of thinking must recognise for themselves.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_055

Semjase:

125. But mankind on Earth does not want to be instructed in this matter, for in his illogicality he lives in the belief that everything he conceives of and assumes is logic, if he believes himself to be more knowledgeable than the truth itself and believes in his ignorance to be truly knowledgeable.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_855

Quetzal:

... clear logical and thus rational as well as reasonable thinking is surely always the prerequisite for creating clarity before misunderstandings arise. Therefore, it is necessary in every case that in one's own interest something heard or otherwise experienced is thoroughly thought through, so that the true or false state of the matter can be fathomed. If this is not done through real self-thinking, but only through illusory thinking, which also corresponds to faith thinking, then the effective truth cannot be found.

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Love

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

57. A human being who is filled with love is also rich in essence of wisdom, and a human being who is rich in essence of wisdom is also full of love.

58. Yet the human being of Earth deceives him- or herself because s/he does not know the love.

59. S/he interprets greedy feelings for possession and other impulsations as love, while real love, however, remains strange and misunderstood to him/her.

60. A human being is no real human being until s/he has recognised and created the truth, the knowledge and the essence of wisdom, even if s/he does not use the word Creation, since essence of wisdom is also love in best form.

61. Thus, s/he always finds that enlightenment and recognition are knowledge and also essence of wisdom and love, and where there is love there is also essence of wisdom.

62. Love and essence of wisdom belong together, because the Creation and the laws of Creation are love and essence of wisdom at the same time.

...

66. Essence of wisdom and love are the two animating wings of the creational inner nature and character.

67. With wisdom and love, the human being is master for all creation.

68. Essence of wisdom and love increase his/her dedication to the fulfilment of the given creational-natural laws, because spirit and Creation are one.

69. The human being of Earth speaks of love, which s/he does not know.

70. S/he believes to know that his/her impulsations would be love and therethrough deceives himself/herself.

71. Love cannot be put into words because it is, just like the happiness, a state and not a location.

72. True love is immortal, and nothing can ever transform it into anything else.

...

267. The Creation is present in spiritual love and essence of wisdom.

268. Whoever strives for spiritual light and spiritual love, will have the gate to the Creation to open to him/her.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_011

Semjase:

138. Altruistic love is the expression of the visible unison with the infinite life, which is in the whole Universe.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_023

Billy:

So you know that I believe that many kinds of love are possible and that love in friendship and love in marriage can only be separated by small differences, and that honest love for one's fellow man in general is also attached to the same chain?

Semjase:

118. Surely I know that, and your views on it are admirable.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_024

Semjase:

59. All truth and all knowledge have been transmitted up to the present time and have remained constant even when they have been forgotten, falsified, despised and slandered by mankind on Earth.

60. And since truth, knowledge, wisdom and love and all power of the spirit, etc. are unchangeable and constant, also in the present time of the present, so it must be grasped and continued there.

61. In other words this means that truth, knowledge, wisdom and love etc. simply have to be brought together again; they have to be collected and put together again.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Ptaah:

255. I see you are full of joy and very sad at the same time.

Billy:

You have very good eyes. I am sure you also understand why I feel so funny, don't you?

Ptaah:

256. How could I not? –

257. It is these stirrings in you which are of the same kind in sentient life-forms in all universes.

Billy:

I know it is probably the law of love in a universal sense, but it probably only appeals to those who have aligned their manner of thinking with these laws, or am I wrong in this assumption?

Ptaah:

258. You prove yourself that you know it and do not merely assume it.

259. It is as you say.

...

Billy:

... When I see that everywhere in our world there is need and misery and countless human beings simply die miserably, then I am simply overcome with anger and I could smash everything to bits. How many human beings there are among us who only lack a little love to make them content and happy. Every human being needs love – honest love, damn it. But why don't we give it to them? Why does everyone only live past the other and why does no one help the other? And why are those punished by the authorities who feel real love for their fellow human beings and also give them this love? I have also been fined a very large sum because of this. Why, damn it all, does it have to be like this with us Earth-humans? I just do not understand. Creation is so powerful in its glory, in its wisdom and truth and in its knowledge, but why human beings cannot keep to it and have to run after the cursed cultic religions in order to plunge themselves and everyone else into even more misery? ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_036

Ptaah:

77. We feel love and warmth for all life-forms, also for the Earth-human.

78. But we have to be very reserved with him and prepare him very slowly for what he so eagerly longs for, just for this warmth and love.

79. But the first condition for fulfilling this wish is that the Earth-human himself/herself must become aware of true love before he/she can demand it from others.

80. It is not given that he/she only always demands and pays no price for it himself/herself, as it was the case with him in manic form until now.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_041

Billy:

Well, how is love now with you, I mean especially between man and woman?

Semjase:

88. True love is a Creation-energy sensation.

89. But emotions that arise purely from the world of thought exist in many forms.

90. But a true love between man and woman is a very special Creation-energy sensation through which man and woman come together.

91. In contrast to the mostly only emotional love, as it still prevails among terrestrial humans, our love is of a fine-spiritual-based nature and very pure, profound and therefore lifelong lasting.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_048

Billy:

That is nice – you are very sweet.

Semjase:

47. Be very careful, dear friend, you touch my feelings.

Billy:

Thank you, you are explaining a lot once again. Do you not ever worry that I might fall around your neck?

Semjase:

48. Why should I?

Billy:

Because it might happen one day.

Semjase:

49. I would not mind.

Billy:

Thank you, you are very open – on the other hand there is nothing bad behind it.

Semjase:

50. You and I know that, but the Earth-humans would misunderstand what has already happened, because they think in other forms and do not know love according to the sevenfold laws and recommendations.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_093

Semjase:

19. Although you gave her all your love, she was in no way satisfied, on the contrary, the more you gave her the more she demanded of you and wanted more and more.

20. Her whole endeavour was directed only towards taking, with **highly exaggerated fantasies of love, etc., which are unfulfillable for any life-form**, because they represent only pure fantasy structures, and which unfortunately is still the case with her in large parts today.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_098

Quetzal:

76. Feeling-based stirrings of love are revealed by you Earth-humans by kissing each other, but also certain forms of gratitude you express in this form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_857

Billy:

... In order for love to be understood correctly, it is to be said that it is not boastful towards fellow human beings and not such that it needs to be explicitly mentioned, but that it is simply brought to bear. True love tends towards friendliness and patience, is not fickle and never changeable, but is constant, persistent, ironclad and never allows inhibitions, violence, bitterness, devaluation, uptightness or sullenness etc. True love is never hurtful, whether in terms of decency or physically or in any other manner, just as it is never concerned with personal gain or resentful. It also never allows itself to be provoked or led astray under any circumstances. With regard to truth, it is the foremost commandment, just as it also unquestioningly takes upon itself everything that has to be done dutifully, which maintains it in honour and dignity. True love never loses the knowledge of reality, truth and hope and endures infinitely and never fades.

True love is not only the true content of life, but it embodies all that is hopeful and overwhelming, all that is good and truly human. True love is such that it never falls into any unrighteous deed and does not harbour jealousy, insolence or intentions of any evil.

True love is an eternal state and attitude of immutability in every sphere and situation of life, and it decides the human beings to become love itself. True love prevents all cold-heartedness, domination, selfishness, revenge, retaliation, overreaching, etc., as well as that there is no subordination, but equality as well as equal rights, and thus never subjugation.

Pursuing true love means that the human being submits to it and always does what is best for his fellow human beings and for himself, as well as for the animal world, the world of animals and the world of living beings and for the entire world of nature and plants.

True love means to respect and fulfil one's own demands exactly and to hold them in honour and dignity, as also those of one's fellow human beings, the animals, the animal world and the living beings and all genus and species of plants from the tree to the blade of grass, moss, the waters and micro-organisms etc.

True love means true life, and true love is constantly growing, like life. And true love means the good and the beautiful, the best, the right and the valuable in all ways of life and existence. And true love is above all, whatever it is of the best, the good and the right, and it constantly and always ensures the practical presence and realisation of the best, the good and the right.

True love is the perfection of all that exists itself and constantly strives for its own growth in the process of living, existing and being present in everything and everyone.

This is actually what can be said in a nutshell, although there is much more that could be said. But I think that with my explanation the broad outlines have been stated.

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Materialism

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Ptaah:

98. But it would really be better for you {Billy} and your family if you would just strive a little for materialism, which is now demanded in your world.

99. You and your family must have what is necessary, in order to be able to eke out a living.

100. You cannot exist without a certain materialism.

...

106. In your world, you cannot live without materialistic tendencies, no matter whether these tendencies are genuine or just imposed on you.

...

Billy:

... Well, in your view, and in the view of Semjase and all others known to me, I am a quite confounded anti-materialist. You are all absolutely right about that with certainty. That's why you

all also constantly pick on me and try to rid me of my anti-materialism. You all actually believe that I could, at least, simply play around with a little bit of materialism, and you do not consider the danger that can arise from that. Consider once that, at that time almost 40 years ago, Sfath made hell for me because of damn materialism. He made me aware of the fact that a prophet, as you always flashily call me, can never do justice to his mission if he has fallen as much as a jot to materialism. I considered this very damn carefully at that time as a teenage boy and have, therefore, studied human beings thoroughly, and through this, I have ultimately come to realise that if I really want to fulfil my task, then I must truly be free of the smallest jot of materialism, for otherwise, I can never do justice to my task. I also recognised that only through the discarding of the last remnant of materialism would I, in turn, be able to give back property entrusted to me just as I received it. This, in turn, resulted in the recognition that materialism also has reference to words, speeches, and thoughts; therefore, also words, speeches, and thoughts must be free of every little bit of materialism if one really wants to be an anti-materialist in sincerity. Hence, it is also absolutely impossible that I could simply play around with certain tendencies of materialism. Believe me, Ptaah, it was not damn easy for me to renounce materialism in the manner that I am no longer even concerned for the good of my daily bread. I needed many years for this – almost two decades even. But I have done it. And only once I had achieved this did I also have the confidence that the slightest form of a materialistic approach could no longer throw me off course, when I had to fulfil my task in the near future. This, in turn, was the assurance for me that through the removing of the last bit of materialism, I would also reflect every word said or otherwise conveyed to me very literally, as it has been entrusted to me. Through the removing of materialism, I have also become modest to an extent and in the things, in which modesty is necessary. This modesty also keeps me from changing even a single iota of a word according to my own sense or discretion, when a word is transmitted or said to me. I give it all back again so verbatim, as I receive it, even if, because of this, I am often called a liar. Believe me, Ptaah, it is really impossible for me even to play around with materialism because this would endanger my task. Consider that from playing around, bad and bitter consequences come damn quickly, through which the best human being with the best intentions slowly but surely falls over and, one day, becomes just like he/she has played through a certain time. There is only a single means of defence against this, namely that one does not get involved in such a game under any circumstances. That would be irresponsible and bad. But on the other hand, my anti-materialism has become a conviction in me in such a stable form that it cannot be reversed any more – not even for a game, which also, in turn, means nothing other than to my own advantage. Even if you would offer me a huge treasure, by what means I could give up my anti-materialism, such an action would not be possible for me.

...

Ptaah:

149. Think also of the birds of the sky; they, too, work and are remunerated for it.

150. Their instinct directs them to hunt for vermin, which they catch and destroy, in order to protect plant life and other life-forms from these.

151. But they are recompensed for this with the fact that they, through the extermination of the vermin, are provided with everything that satisfies their hunger, that gives them strength, and that lets their plumage appear in magnificent splendor.

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Meditation

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_079

Semjase:

244. Furthermore, the task of the familiarisation [into the meditation in the Sohar-Centre] will also fall to you {Billy}, since this is necessary.

245. The unfamiliarity of absolute loneliness and absolute silence, which all are not used to, could otherwise lead to shocks and other unpleasant things, as I have already explained to you earlier.

246. So it will be necessary for you to be present in the Sohar-Centre mainly at the beginning and the next following times with one or the other as a calming factor and for possible help in case of silence and seclusion-distress.

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Memory

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Quetzal:

... A good memory is valuable, but if human beings were able to remember too much, they would – as you once said – go mad. We Plejaren also show memory deficits, which corresponds absolutely to the norm of humanity. So if we show memory deficits according to the years we have lived through, then this corresponds to an absolute normality, which is also determined by health. And if you are therefore classified as having memory loss, especially when I consider your effective age, then that is completely normal. The memory does not simply diminish and become weaker, but the memory covers up certain values and thus creates a relief, whereby the health of the memory is preserved, consequently a memory becomes partially or completely current again, if a memory is stimulated by any circumstances or indications from fellow human beings.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_866

Billy:

... there is a question whether animals also have a memory similar to human beings, and I also have the following to say about this, which I have not only learned from Sfath, but have also experienced and experienced myself during my life. I have clearly and unambiguously ascertained, experienced and learned that not only animals of all genera and species have an excellent and profound memory, but also plants, all animals and other life-forms. Of course, I could not determine this with the many millions of genera and species, but with the help of Sfath I experienced that not only animals have different forms of memory according to their genus or species, but also all animals, all plants and all other life-forms, down to the tiniest microbes. The animal forms – which only include the mammals – have a form of memory that is connected with an actual and certain partly conscious form of thinking and thus also with a form of feeling, but also with an instinctive consciousness, as it is similarly with human beings, consequently also a good partly conscious judging and likewise a partly conscious learning is given and thus also a faculty of memory. In animals, on the other hand, everything is largely based on instinct, and consequently the memory also functions in this wise and is oriented according to species and kind, so that here too there is a diversity which we human beings cannot survey. The same applies to all other life-forms, which for the most part only live and react impulsively, such as living beings, which basically belong to the realm of plants of all genera and species as well as insects, worms, caterpillars, maggots and down to the microbes.

What is also to be said concerns the human being's memory, which has nothing to do with the fact that all knowledge is stored in the creation-life energy block, for the purely material functions of the brain are designed to store the life memory factors and as a whole form the memory of the living body resp. of the whole organism, as well as the high and low values of character, behaviour, ethics and morals etc.. These values, which are formed through education and self-education and thus through learning, and which are stored in the material brain as values as well as unvalues, determine the earthly being of the human being, thus the wise of his behaviour and his bodily memory. This is separated from the creation life energy, which stores

in itself the learned real and true knowledge and inexorably expands it when it works through occupation in the form of consciousness in a next personality. What is thereby stored in the creation-life-energy itself corresponds to a creation-energy memory which exclusively stores only the evolutionary values, consequently the new personality is not burdened by its consciousness in any negative form and can develop further according to the given state of the given knowledge of consciousness. What is decisive, however, with regard to further evolution is the measure and the kind of education and the absolutely indispensable self-education. ...

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Mistakes

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_006

Billy:

Aha, so then hell and sin in a religious sense are of pure nonsense?

Semjase:

31. Viewed that way, yes.

Billy:

So does this then mean that nobody is met with guilt, if he/she makes errors in life, which he/she can make up for in the form that, he/she recognises the error or whatever one wants to call it, no longer making it and takes it in as knowledge, from which then a degree of essence of the wisdom must result?

Semjase:

32. You are able to astonish me because your interpretation meets the deepest core of the truth.

...

Billy:

That is too much of glory, Semjase, because this essence of wisdom was not cultivated in my own field. I got it from the Talmud Jmmanuel.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_036

Billy:

... We had agreed once that we do not have to apologise for mistakes made, because **mistakes really only serve the purpose of further development and thus inevitably have to appear.**

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_038

Quetzal:

64. ... indeed we also are often subject to mistakes ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_079

Billy:

59. I know it really is so, girl, but I do not think you can blame them, because everyone, no matter who they are, must first recognise and learn certain things of the truth.

60. But how should they have the knowledge if they do not first make mistakes in order to be able to recognise the damage or simply the wrong from their own experience, after which they only then become aware?

Semjase:

106. Sure, that is correct, which is why my words are not reproachfully said, but explaining and advising, according to which the erring ones can recognise themselves in their faulty actions and can develop higher in self-instruction.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_090

Semjase:

76. It is logical that the suffering in me is a state caused by a mistake made, in my case earlier by emotional impulses.

77. It is clear from this that suffering is within me and is not done to me by myself.

...

79. But a suffering always arises in me, and it can never be put into me.

80. So I can only be in sorrow, which means that the sorrow is in me, so I cannot do sorry, because, as I said, I create this sorrow in myself.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_100

Quetzal:

9. But take into positive consideration the fact that our task is extremely difficult and that we must acquire new knowledge continuously and mostly by making mistakes, just as you have to make in order to gain knowledge.

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Narcissism

<https://en.wikipedia.org/wiki/Narcissism>

see also Fame

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_076

Menara:

52. Our monitoring has revealed some unpleasant things in the behaviour of the individual members of the group, for example in the respect that some of the core group members believe that their position is that of issuing orders.

53. But if you want to live in a community, you must never give orders.

...

55. The fact that core group members feel elevated by their position and thus want to set themselves above others is in nowise acceptable.

56. From the first to the last all are equal, the knowing as well as the less knowing.

...

59. Too many duties are still being disregarded by individuals as well as responsibility for one's own life and that of one's neighbour.

60. And there are still too many misleading and delusional forms of thought imprinted in the individual, without being willing to neutralise them in order to accept the truth alone; for delusional belief and misleading falsehoods tempt the seekers and researchers to take unreal and false paths.

61. Even in some there is still too much thought and the will to be more than others.

62. This partly because they erroneously assume that they are higher in knowledge than others, which in truth is wrong and corresponds to self-deception, but also because they believe themselves imaginatively or by the lying false statements of mediums to have been allegedly great or otherwise important personalities in earlier lives.

63. But as you yourself know very well, there is currently no person in your group area who would have been even remotely an important personality in their former lives, because for certain reasons they left all their activities unfinished before they learned them.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_079

Semjase:

110. The forms of humanity among these various group members sometimes leave much to be desired in certain respects, for they often take sides, which leads to strife and untruth in interaction with others.

111. I would like to advise you that these rather low forms of addiction to prestige, egoism and wanting to be more, etc. are to be dismantled by the erring ones in a controlled manner, for otherwise discord and resentment will very quickly become destructive, which would make it impossible for a larger group to live together once and for all.

...

Semjase:

281. Yes – this certainty can truly become apparent to each individual if each individual defeats the ego, for in truth it is only the mist of the ego that prevents the prospect of the realm of true life, of the spiritual, beyond the transformation of becoming and passing away.

282. This is because the ego, the I, attaches too much importance to its own well-being, because in most people it develops further to egoism.

283. Thus, doubts and uncertainties hang over the individual as well as over the entire humankind of the Earth, like heavy thunderclouds from which thunder and lightning break unpredictably for the Earth-human called into existence by egoism and materialism and all other unworthy things to which he/she has become subject and by which he/she is imprisoned.

284. To fight this shall be one of your first recommendations, for only when, through the knowledge of the truth, the sun of the love, embodying the manifestation of the spirit of the life, rises up on the horizon of one's psyche, thereby driving away the storm clouds, will one be able to perceive how close they really are to certainty and how unfounded their fear and anxiety was.

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Neutrality

see also [Opinions](#)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_832

Ptaah:

9. Neutrality means, therefore, that no side is favoured and that no interference of any kind takes place, consequently neither aiding nor abetting a party, opponents of belligerents or disputants, etc., by which is meant absolutely no party or partiality in politics, but an opposing side, e.g. in a war or dispute.

...

11. ... neutrality, which in every manner prohibits, for example, that weapons of any kind may be supplied to parties to the conflict, just as neutrality also prohibits that weapons supplied in peacetime to a state or to any person may subsequently be passed on to a party to the conflict – or to several parties.

12. Sanctions are also included, because these are a form of warfare, which is prohibited by neutrality in any form from being used.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Billy:

...neutrality is an attitude that at best avoids potential opponents pre-emptively attacking a neutral country in the event of war. Neutrality, a word that comes from Latin, from 'ne uter', actually means 'non-interference', or 'neither', where what is meant is that precisely 'neither' should be sided with.

...

Ptaah:

... Now, neutrality, as we understand it, means that the human being never takes a stand for one side or the other in any form or manner, etc., never interferes. Never interferes and thus

never does or thinks anything that affects one or the other side either in a good resp. right or in a bad resp. wrong way. A real 'true neutrality' is of 'endless duration' and thus 'perpetual' and completely independent of any other state, alliance or organisation, etc. If, however, an alliance is entered into in the form of a political manner and co-operation with another state, then it is absolutely without exception necessary that, in addition to exactly the same neutrality, the same legislation prevails in every respect in every form and has all-round unlimited validity. Namely, the legislation must be such that it may never include a life in its existence and never a death penalty of any kind in a punishment. Humanitarian aid, on the other hand, is of course also permitted under neutrality, as are neutral peace negotiations and, equally, completely neutral observation and resulting reporting as information for the populations, from whom world events are never to be concealed.

Billy:

So neutrality means, what I have actually always known, that the neutral human being must not belong to either of 2 sides, and not even when it touches on the personal sphere, for example when advice has to be given. Whoever is neutral does not interfere, for which another word also states that being neutral also means being impartial, consequently the human being does not join any party, consequently governments would also have to be completely neutral and must not consist of any parties. By party is also meant, therefore, a partisanship in politics, and it must be understood that this is completely wrong, because it does not allow a neutral attitude to be displayed. This is because no real consensus can be achieved, but as a rule only 'having to submit to the majority', because no agreement can be reached through partisanship. With a party system, there is no peace and no freedom, but one side is always at odds with the other. As I mentioned earlier, the word neutrality comes from the Latin language, from 'ne uter', which means 'neither'. As early as the end of the Middle Ages, so around 1550 or so, human beings already knew the French word 'neutralité', which was later also adopted into the languages of Swiss German and German. At that time, human beings understood that neutrality was simply that in a war, neither side should be supported and nothing should ever be done in any manner against one side or the other. And when neutrality is spoken of today, in 2023, it still has the same meaning and value as the understanding of the human beings of that time.

...

Billy:

In everyday life, too, neutrality is often spoken of in terms of how the human being must behave neutrally in many specific situations, such as when something is to be judged, which leaves no other option but precisely to be neutral. This is especially the case in any direction of arbitration, since being neutral is absolutely obligatory, consequently everything must be handled and treated in this manner impartially. To judge a matter with the help of neutrality, or even to decide who is right and who is wrong, requires absolute neutrality, which does not allow any manner of partiality. In doing so, all moments must also be judged correctly and all parties must be treated equally, whereby sympathy or antipathy, friendship or enmity etc. must be absolutely irrelevant. In a dispute between 2 human beings, for arbitration etc., both are to be treated equally; also all are to be treated according to the same rule of impartiality and impartiality. If there are several opinions and disputes on a subject – whereby opinions are always wrong and void, because they are only based on assumptions, presumptions and ideas, as well as possibly on prejudices – then the opponents must also be treated equally and it must be pointed out to them and they must be instructed that only a complete clarification of the effective facts of reality and their truth can bring clarity, after which only the correctness or incorrectness can be judged. To be neutral and to speak and act in every manner neutrally always and in every case means that the human being in question is knowledgeable enough about neutrality as a whole and must also be responsible. Only a human being who is effectively classified according to this value is able to preserve neutrality in every respect and to decide and act in accordance with it.

If, however, a human being cannot do this, then he also does not understand the meaning of neutrality and its value, consequently he effectively thinks and acts contrary to it. It is truly not always easy to maintain neutrality in everyday life, because decisions are not always easy to make in private, because many factors influence clear thinking every day – insofar as one thinks at all and does not simply believe through illusory thinking, as is the case with human beings who are under the delusion of God. The truly thinking and consequently not simply believing human being has to exclude his feelings if he wants to decide neutrally. This means that he may only see, consider and judge reality and its truth if he wants to make a correct decision. He must not have a private or political opinion, but is obliged towards himself never to have such an opinion, because an opinion is always wrong, consequently it is only correct if he decides and acts only according to the given facts of reality and its truth. Never should an attempt be made in this connection to influence and win over another human being or a particular political party, etc., in any manner whatsoever, in such a way as to bring about a conviction, for such a conviction is fundamentally wrong and is based on persuasion rather than on independent thinking and decision-making on the part of the human being concerned.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_840

Billy:

Remain permanently neutral in what is your opinion, what you say, represent and otherwise express.

Do not politicise when you put forward your opinion, but say in a neutral wise what is right and what is wrong; but do not be in the form of a personal FOR or AGAINST concerning a thing or an event, etc., to be thought or done, but be neutral in expressing yourself, for it is wrong to take the side of one or the other, for only what is right or wrong can and must ever be said, and this regardless of whether it is a matter of thought or deed, for that makes no relevant difference to quarrel and argue about.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_845

Billy:

Any form of partisan statement resp. a justification or non-justification of one or the other party is never in my sense, which corresponds to remaining neutral.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_851

Billy:

... For my part, I am truly neutral and consequently have no opinion whatsoever, because such an opinion always implies that a biased opinion is connected with it, in every respect. But since I really do think absolutely neutrally, I have no partisan direction to take in any respect and consequently also no judgement to make and no saying as to what is correct with regard to a partisanship and therefore what is of the wrong or right of one side or the other. Correctly, I cannot and must not behave and align myself in this wise, but only neutrally ascertain what is actually present and reveal myself in such a manner that I simply name what is effectively given, is currently happening or will have this and that effect for the future. And if it is a question of assessing any action, thing or occurrence, etc., then this must be independent of an opinion, but only insist on thinking in absolute logic and realising that of the whole the logical result can inevitably only be that which has been logically fathomed. Consequently, this alone proves that having an opinion is based on thinking in an effectively biased manner instead of neutrally, resp. on assessing one side as good and the other side as bad. This, however, absolutely contradicts neutrality, because it does not simply state the existing facts, but favours one party and disadvantages the other. So considered correctly, 'having an opinion' means that the whole thing corresponds to complete partisanship, because an opinion is never neutral, but always biased towards one side or the other and thus not in accordance with neutrality. Sooner or later

and in any case, 'having an opinion' always leads to quarrels, which not infrequently leads to war between countries and among human beings themselves often to enmity, hatred, revenge and retaliation, as ultimately to murder and manslaughter, whereby not infrequently everything is controlled in the background by a religiously dependent belief, which stimulates and evokes ambitions of power theories, possession, revenge and retaliation, as well as of torture, torment and massacre in human beings. And, arising from belief – religious or secular – one opinion is inevitably acute, and that is mainly that evil should be repaid with evil, and which is that like should be punished with like, as it happens, for example, in the case of murder with the death penalty, by which the killing is to be 'atoned for'. In so doing, however, every opinion is wrong throughout the lives of human beings, for to have and hold such an opinion is always fundamentally wrong as well as biased, and leads at least to misunderstanding, conflict, discord, then to injustice and inhumanity, to discord, war and other murder and manslaughter as a result of evil strife, of hatred, revenge, retaliation or greed, etc.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_855

Billy:

But it is still to be said that it is very regrettable if it is not understood that the human being should remain neutral in all things of life, in his behaviour and in his dealings with other human beings and with everything in general. ...

...

Now, in all my travels, where and with whichever human beings with the most diverse customs, traditions and religions or other beliefs, peculiarities, views, behaviour and other things I have always been for short or long periods – sometimes several months – I have never caused offence. I have always behaved neutrally towards everything and everyone, whereby I could, of course, openly bring up everything I had learned, what moved me and occupied me. And never did problems or anything negative arise as a result of my religious non-belief in a God, as well as in the knowledge of the Creation and the explanations of its existence. ...

Well, my profession was everywhere in the world and in every country and at all times of my life, to always maintain absolute neutrality and all customs and all ways of thinking of a human being in every situation. Thus I met every human being with a belief of every kind, whether religious, secular, atheistic or nature-loving, fully and completely with respect, and this also in such a way that I observed absolutely every form of religious or secular customs and traditions neutrally and did not allow myself to form an 'opinion' about correct or wrong or to represent this. Having an opinion is always wrong in any case, because such an opinion is always based only on assumptions, but never on absolute certainty, which is based solely on effective truth. And thus, by living neutrality alone, it is avoided that e.g. customs and traditions of other countries or human beings are not respected, are attacked or are simply spoiled. A human being, however, who cannot be neutral and consequently cannot accept, for example, x-one human being's customs or religious or secular beliefs, should refrain from speaking out loudly. Human beings whose behaviour is different from common practice, etc., are to be accepted as they are. However, the human being who does not like this should think about himself and try to 'regulate' himself in order to become a true human being and to treat his neighbour correctly and let him be as he is and live according to his customs and traditions, which are nobody's business but his own and according to which he lives righteously.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_856

Ptaah:

... So neutrality from time immemorial means that it must be preserved under all circumstances and that really nothing must ever be done in any process that could even slightly violate it. Neutral has really and truly meant neutrality since time immemorial, and only the slightest action or thought in the form of anything other than remaining absolutely neutral in every conceivable

process and maintaining neutrality would be a breach of neutrality, which would be totally against logic, reason, rationality and every sense of responsibility, and consequently against every feeling in this regard, deviant and reprehensible.

Billy:

In other words, this would be or is a sign that the human being in question who is doing this – just violating or breaking neutrality – is not educated and is incapable of standing up for it and upholding it. Not to mention that such people do not belong in a government ...

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Opinions

see also [Belief](#)

see also [Neutrality](#)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_041

Semjase:

99. When two life-forms live together in an alliance, differences of opinion inevitably arise.

100. However, these do not have to ausarten into quarrels, as is so often the case with the Earth-human beings.

101. So without exception there are also differences of opinion in our marriages.

102. And it would be very abnormal if it were not so.

...

104. Also with us, like everywhere else, all life-forms are varied in their evolution, so never two exactly alike poles are found together.

105. If it were different, it would mean a flattening and abolition of evolution.

106. Thus, two differently directed poles must always come together if evolution is to come about.

107. This means however, that these two different poles constantly rub against each other, so that two different opinions collide, and therefore differences of opinion must arise for the purpose of evolution.

108. This is an irrevocable law of the evolution, to which we and all other life-forms in all universes are assigned.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_835

Ptaah:

... 'having an opinion' is always wrong, because such an opinion never corresponds to reality and consequently also not to the truth.

Billy:

Exactly – forming an opinion and therefore then having an opinion is always based on the fact that the human being, according to his/her views and ideas, etc., mentally and emotionally forms something which they take as a given, but which consequently does not correspond to reality and its truth. This is because views, ideas and assumptions, etc. are always individual and therefore far removed from reality and its truth. For human beings, this means that they should only accept and represent as given, correct and true what they can actually see, hear, realise, experience and thus grasp as truth. Also, the human being should only ever say what are effective facts and actualities, so they should only ever say something that corresponds to truth and reality, and that without adding a comment or anything else, so that only pure facts are named that are also actually given. This, however, requires that also in learning only the effective learning material as such is studied, but not any personal assumptions and presumptions, etc. are mixed in. ...

Ptaah:

There is probably nothing more to be said about this, because it is absolutely clear that no opinion is to be formed and therefore also not to be represented. Effectively, only pure reality and the resulting truth is ever to be named and represented.

Billy:

Opinions are, in truth, only views, ideas and suppositions, as sometimes they are also only dreams or false doctrines, which are unconscionably spread, leading to belief, as is the case with religions.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_840

Billy:

... an opinion is always wrong, because such an opinion only corresponds to a wrong view, which will eternally remain only such a view and does not correspond to what reality and its truth is. The knuckleheads unfortunately do not understand that an opinion only corresponds to an unprovable assumption that can never be proven as reality.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_845

Billy:

Opinions are invariably wrong anyway, because they are based only on personal views, assumptions, presumptions, fantasies, etc., which are only formed by speculations and assertions, conjectures, suspicions, fictions, deceptions, insinuations, wishes or desires, etc. However, they are never based on effective and therefore incontrovertible facts and real truths, consequently they cannot withstand all truth to the last and can even always be changed by lies, deceit and fraud according to whim and fancy. Consequently, contrary to this, only pure truth and effective fact and reality is factually correct, for this always and in every case guarantees pure honesty, incorruptibility and an absolute integrity as well as being absolutely neutral.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_851

Billy:

... For my part, I am truly neutral and consequently have no opinion whatsoever, because such an opinion always implies that a biased opinion is connected with it, in every respect. But since I really do think absolutely neutrally, I have no partisan direction to take in any respect and consequently also no judgement to make and no saying as to what is correct with regard to a partisanship and therefore what is of the wrong or right of one side or the other. Correctly, I cannot and must not behave and align myself in this wise, but only neutrally ascertain what is actually present and reveal myself in such a manner that I simply name what is effectively given, is currently happening or will have this and that effect for the future. And if it is a question of assessing any action, thing or occurrence, etc., then this must be independent of an opinion, but only insist on thinking in absolute logic and realising that of the whole the logical result can inevitably only be that which has been logically fathomed. Consequently, this alone proves that having an opinion is based on thinking in an effectively biased manner instead of neutrally, resp. on assessing one side as good and the other side as bad. This, however, absolutely contradicts neutrality, because it does not simply state the existing facts, but favours one party and disadvantages the other. So considered correctly, 'having an opinion' means that the whole thing corresponds to complete partisanship, because an opinion is never neutral, but always biased towards one side or the other and thus not in accordance with neutrality. Sooner or later and in any case, 'having an opinion' always leads to quarrels, which not infrequently leads to war between countries and among human beings themselves often to enmity, hatred, revenge and retaliation, as ultimately to murder and manslaughter, whereby not infrequently everything is controlled in the background by a religiously dependent belief, which stimulates and evokes ambitions of power theories, possession, revenge and retaliation, as well as of torture, torment and massacre in human beings. And, arising from belief – religious or secular – one opinion is

inevitably acute, and that is mainly that evil should be repaid with evil, and which is that like should be punished with like, as it happens, for example, in the case of murder with the death penalty, by which the killing is to be 'atoned for'. In so doing, however, every opinion is wrong throughout the lives of human beings, for to have and hold such an opinion is always fundamentally wrong as well as biased, and leads at least to misunderstanding, conflict, discord, then to injustice and inhumanity, to discord, war and other murder and manslaughter as a result of evil strife, of hatred, revenge, retaliation or greed, etc.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... The human being himself, who has classified himself to a faith, has formed an opinion. However, such an opinion, like faith, is in any case false and biased, because faith and opinion are fundamentally the same thing, so that a faith is an opinion and an opinion is a faith. Opinion and belief can be set right and discussed, so their falsity and partiality, for they completely exclude any neutrality or other neutral form. However, it is only of correctness to take this into account and to put it into practice in this way if a human being is not directly or indirectly attacked with regard to his opinion and belief, but is always and in every case correctly approached and spoken to. This means that in every case, even with a human being who holds a secular opinion or has a religious belief – which is actually the same thing, correctly speaking – normal conversation can and should take place without his or her belief or opinion being brought into play. Consequently, even a person without an opinion, an atheist or a non-believer in any other way can speak normally and without insinuation to a human being about his or her faith or opinion and meet him or her respectfully and neutrally if the human being has an opinion or is devoted to a religious faith. Only then can and may his opinion or belief be discussed, if he so desires, although the speech and answer should always and in every case be conducted in such a way that it is neutral and violates neither the opinion nor the belief. Otherwise, however, if a human being does not wish to be addressed directly concerning his opinion or belief, whereby an unwanted personal address in this regard is always wrong, it should be correct and permissible in a general form that concerning religious or secular opinions as well as a belief, the falsity or correctness may be discussed and the truth may be said and stated. This is something I have already learnt with Sfath, and which was very useful when I visited human beings together with him who were religious creeds or simply held opinions. This behaviour also helped me when I travelled alone through many countries and went in and out of believing families, churches, mosques and temples etc. and never caused offence.

Belief in God and gods etc., as well as in ideals, never conveys the truth, because to really gather true knowledge and to see and hear reality, and thus to perceive reality and realities in every form, remains denied to every person of faith. Opinions and beliefs, as well as ideals, etc., create wrongdoing, murder and manslaughter, suffering, sorrow and distress, hatred, unconscionability, revenge and retribution, killing of every kind, destruction, annihilation, extinction and endless evil.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_855

Quetzal:

... an opinion is always considered to be correct, even though it is only an assumption. The fact that misunderstandings, lies and deceptions etc. arise from this, is something that Earth-humans do not even think about to the extent of an iota. This is to say nothing of the fact, as I have very often found in my previous learning concerning the behaviour of Earth-humans, that their bulk generally do not take the trouble of thought to question an opinion as to its truthfulness.

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Peace

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

78. Every human being believes to know what is meant by peace, by the way s/he knows it according to human experience.

79. But to understand the wise peace of the unending existence, of the spirit, of the immortal Creation, that quite simply surpasses his/her human understanding.

80. This is because s/he is chained to religious irrational teachings and to human-material things which deprive him/her of an understanding according to inner experience.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_844

Billy:

... above all, peace must first be created within oneself ...

...

True peace can only come about on Earth among the world's population, when every sensible and reasonable human being finally takes the first non-violent step towards it without violence, in order then to take every further step in peace and consciously to the final consequence of peace.

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Prayer

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_018

Semjase:

108. Fundamentally, prayers are only to be understood as what they really express with their designation in your language: give-me.

109. That means that a prayer in truth signifies a wish in the form of a desire-based invocation to the spirit of the human being him/herself, with the sense:

110. Give me this or that, which I need.

111. True spiritual human beings, however, who are conscious of the power, knowledge and ability of their spirit, no longer perform such prayers, since they already live in the knowledge that they are capable of all things through the power of the all-mightiness of their spirit.

112. For this reason they uninterruptedly determine the utilisation of the all-mightiness of their spirit.

113. However, the unspiritual human being is not capable of this, therefore he/she shall or needs to activate his/her spirit through a conscious prayer.

114. Explained further, that means:

115. The spiritual human being enduringly makes very conscious use of the powers and the ability of his/her consciousness and his/her spirit, while the unspiritual human being in doubts and submissiveness only expresses wishes in prayers, which he/she moreover as a rule does not even address to his/her own spirit or to the Creation, but depending on religion to some higher might or power, which in truth however does not exist or is not responsible, whereby thereby not even the Creation is addressed, because human beings who in a sectarian or religion-based way are dependent on prayer adhere to some tin gods or gods and so forth, but never to the Creation.

116. The wrong way of the prayer-dependent human being perverts in all his/her desires and invocations into illusion, whereby he/she against the laws forces his/her desires to the realisation.

117. Certain things are termed or formulated differently in spiritual way of thinking than what the conscious thinking is able to understand.

118. Hence, different terms are used for certain things, of whose deeper meaning the normal-conscious human being has no idea, which unfortunately is again an advantage for the religions, which modify and evaluate these terms in their favour.

119. So the terms of various kinds appearing in the prayer you mentioned *{The prayer from the Talmud Jmmanuel}* mean the following:

- a) All-mightiness: all-knowing, all-capable, all-wise, all-truthful, all-logical, all-loving
- b) Honoured: controlling/exercising control, etc. (venerable etc.)
- c) Firmament: realm of the spirit/spiritual realm, spiritual life, etc.
- d) Earth: body/material life, etc.
- e) Bread: all-mightiness/nourishment
- f) Responsibility: errors, which are necessary for the development and recognition and, therefore, must be committed.

120. The spiritual subconscious is able to comprehend and process the spiritual form of thinking with ease, if in a prayer purely spiritual forms of thinking are used, whereby senseless babbling with many words is unnecessary.

121. Even if the consciousness itself is not able to understand the expressions presented in spiritual forms, they are nevertheless understood and utilised by the spiritual subconsciousness in cooperation with the spirit down to the last detail.

122. Since the unspiritual human being remains deprived of this cognisance, because he/she is most often trapped in religions, he/she is unable to interpret the sense of a spiritual form of thinking.

123. On the other hand, it cannot be explained to him/her either, because he/she will not comprehend the sense.

124. For this reason, the religions which are leading into delusion create babbling prayers that can in a conscious manner be explained and understood by the unspiritual human being, whereby through this malicious misguidance the human being concerned commits him/herself to the religion or sect.

125. Because if he/she carries out prayers that are understandable to him/her, in word and sense, towards whatever something, then the belief in them grows in him/her and he/she thus becomes the slave of his/her belief that is dictated to him/her.

126. However, when Jmmanuel has now issued a prayer, it is in the sense that the human being using it does not understand the sense of the words and therefore cannot simply fall prey to a belief.

127. But since the spiritual subconsciousness of the human being understands the sense of the words, the consequence will not fail to appear that, with sufficient use, the spiritual powers of the human being will align themselves with the invocations and develop in the form desired by the words, without the consciousness knowing what it actually requests and demands through the prayer that is incomprehensible to it.

128. In this way, the knowledge of the recognition and the truth is slowly attained without it being influenced by a belief.

129. Because, if a human being does things of whose sense he/she has no clue, and very specific consequences and results arise from these things, then these can only be the effects of those powers that have actually been called on, even if this has happened without the conscious knowledge of the human being concerned.

130. Because, if a human being unconsciously does the right thing, then based on the law the right result must also come to light.

131. If now, however, a human being does undertake something belief-based consciously in a certain form, such as e.g. in prayers, and it then actually brings forth results in desired and hoped-for form, then these only lead back to the belief and his/her deceptive imaginations, generated in the belief-dependent consciousness.

132. But now to the interpretation of the prayer created by Jmmanuel:

- a) **My spirit, you are in all-mightiness.**
My spirit, you are all-knowing, all-capable, all-wise, all-truthly and all-loving in me.
 - b) **Your name shall be honoured.**
Your name attests to me your controlling power of your ability over all things.
 - c) **Your realm shall incarnate in me.**
Your all-mightiness shall spread out in me to the consciousness of my thoughts, so that I – in conscious ability – use, unfold and implement the knowledge, powers, essences of wisdom, truths and the universal love, the peace and the freedom, which are present and accumulated in me.
 - d) **Your power shall unfold in me, on the Earth and in the firmaments.**
Your all-mightiness shall become the conscious distinctness in me, in my body and in all spiritual realms.
 - e) **Give me my daily bread today,**
Let your all-mightiness be effective in me daily and unfold itself, and nourish my unknowledge with knowledge and essence of wisdom,
 - f) **so I recognise my responsibility and I recognise the truth.**
whereby I am able to recognise and rectify the committed errors, which befall me on the way of my development.
 - g) **And do not lead me into confusion and delusion, but release me from erroneous assumption.**
Let me not – through material and worldly things and wrong modes of thinking – go irrational ways and fall into belief-dependence through irrational teachings.
 - h) **For yours is the realm in me and the power and the knowledge in eternity.**
For I shall be conscious of your all-mightiness in me; the power of your capability and the knowledge in the Absolutum for the duration of all times.
133. I cannot explain anything more about this, because it must be sufficient and understood in this form.
134. I am not allowed to mention certain other things.
- ...
135. ... with these explanations I have already severely reached the limits of what I am able to explain about it.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_866

Seventh Spiritual Teaching Prayer of Nokodemion

- 1) Through the power of my consciousness, with my mind and with my reason alone, I exercise omnipotence over my knowledge, truth, ability, love and truthfulness.
- 2) My might alone spreads within me, but no other, so that I am always aware of my own thoughts and feelings and unfold and use my knowledge, my wisdom and my ability and thus lead everything to true love, freedom, harmony and peace within me.
- 3) The power of my consciousness is a determination for me, so I use it for my own good for my thoughts and feelings and psyche as well as for my body.
- 4) Daily I unfold and use my power of consciousness, so that it constantly works in me and lets me meet my ignorance, whereby I nourish my knowledge and wisdom with love, compassion as well as with understanding and reason.
- 5) Through the power of my consciousness I recognise my own mistakes and correct them and avoid committing new ones, so that none can hinder my development and progress.
- 6) The power of my consciousness lets me recognise false teachings, wrong ways of thinking and all dangers of faith addiction as well as of harmful material and worldly things and avoid them.

7) Through my power of consciousness I am powerful even of my mind and reason, and through the omnipotence of my consciousness I am at all times aware of my power, ability, peace and knowledge, as well as my wisdom, love and harmony, and I control everything.

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Promises

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_096

Billy:

5. If you make a promise, then it should be kept, under all circumstances.

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Psyche

see also [Consciousness / Subconscious](#)

see also [Thinking / Thoughts](#)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_008

Billy:

Another question concerns soul and spirit, Semjase. Am I right with the assumption that they are not one and the same?

Semjase:

171. Of course; soul and spirit are not two different terms for a single factor, namely not only for the spirit, rather, they are based on two different values.

Billy:

Okay, and what about the human psyche – it is actually the soul, right?

Semjase:

172. You know and understand more about this than any of those you call clerics, psychiatrists or philosophers.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Billy:

And so again: the state of the psyche is formed by the thoughts and feelings, for these alone form the state from the totality of what arises in every manner and thus in every form from the observations, what is seen and heard, experienced and felt, and otherwise all the perceptions of the human being. The state of the human being's psyche is therefore the result that ultimately arises from his/her thoughts and feelings, whereby, practically of course, moral and physical treatment also play a role, for apart from the human being, all other living beings also have those factors that can bring about a negative or positive state of the psyche.

So a state of mind is not only common in human beings, but also in all other living beings, such as animals, creatures, etc., in which thoughts and feelings or pure instinct, etc., are decisive in their respective species and kind, as well as the physical and mental treatment given to them, which plays an important role because this also determines the formation of the state of the psyche.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Billy:

... it must be explained that the so-called psyche does not exist and is not an organ of the body, but a forming and constantly changing state of feeling: for example, feeling good, feeling good, feeling open-minded, feeling down, feeling bad, feeling agitated, feeling psychologically ill, etc., which results from the thoughts, feelings, demeanour, character traits and behaviours, etc.

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Punctuality

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_059

Semjase:

2. Punctuality is very valuable and testifies to responsibility.
3. Unpunctuality testifies to indifference and lack of interest.

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Reason

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_3

Asket:

34. ... to cope with everything using reason.

...

49. But manage yourself in accordance with your reason and in accordance with your understanding because these alone guarantee your life.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Billy:

We Earth worms are, after all, still a type of ancient swashbuckler – at least some of us. The unknown simply beckons us, and the harder life hits us, the more we can enjoy it. I will teach you this all right, perhaps when we shake a dinosaur's paw.

Semjase:

103. May reason keep me from that.

Billy:

You see, that is exactly what you have to turn off, for it inhibits everything in such matters because it generates anxiety. Reason tells you that a dinosaur is an evil beast, but the intellect says that the little creature only acts crazy when it feels excited. Thus, if we shake its paw quite peacefully, then it will start to be happy, but not to turn around.

Semjase:

104. I do not understand your humour.

Billy:

My words are meant seriously.

Semjase:

105. ???

Billy:

Look, your reason tells you or told you that I could rev up your mill *{Semjase's spacecraft}* over the speed of light, which is why you also got excited. After my explanation, however, you calmed yourself down, for your intellect taught you, through my explanation, that you do not need to be afraid because I really took into account the factor that caused you anxiety. This means, then, that you have to see the facts exactly as they actually are. Of course, you can also be mistaken once, and then the salad is simply baked and everything is in the vinegar. ...

Semjase:

106. You say that so easily, but I cannot deny you the logic in it.

107. Maybe I do actually let myself be guided too much by reason in certain things, without considering, at the same time, the intellectual concerns in a proper measure.

...

109. It may well be because of our high level of development that we have a different nature in such concerns.

110. With certainty, our somewhat finer dimension also exerts a certain influence on it.

111. Some time, I will have to talk with my people about it because I think that a different forming in these things would be of use for us.

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Religion & Releageon

see also [Belief](#)

see also [God](#) (see [Explained by the Billy Meier Contacts](#))

see also [Prayer](#)

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Acquaintanceship

{Billy:}

I thereby quite forgot the words of Sfath who had once said to me that the Christian religion is just as much an irresponsible, evil, poor piece of work, for the stupefaction and enslavement of humans, as are all the other terrestrial religions.

...

That occurred to me now and I wondered about Sfath's words, that everything is only meant to be a deception, that Jesus Christ should never have been called Jesus Christ, rather Jmmanuel, that he was not God's son, and that God is not Creation.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_1

Asket:

48. Earth humanity is entering into the age of technical knowledge and technical development, as well as the time of coming computer and gene technology, but through many kinds of factors, knowledge and development will be unconsciously or consciously maliciously disturbed, especially through wrong ideologies whose multiple misleading, enslaving, humiliating or exploitative consequences effect the people.

49. A boundless lust for power is characteristic of all terrestrial ideologies, and the actual goal embodiment of everything exists in the acquisition of control.

50. Ideology means the greatest and most dangerous power for the acquisition of control, which, as a rule, almost without exception, is striven for by all directions of faith, in so far as they are aligned religiously or as a secret society, scientifically, pseudo-scientifically, politically, militarily or fanatically, and so forth.

51. It is unquestionable that many terrestrial governments become religiously steered and led, or at least subject to a certain religious influence.

52. And likewise through these governments, on the other hand, independently constant efforts, on a political basis, will be undertaken so that their side can seize control over the people.

53. These reciprocal malicious efforts have always led again and again to acts of war and other deadly excesses, whereby, over all times, innumerable human lives were destroyed.

...

57. And already, in the shortest time, the Earth human will hurry out of his atmosphere with manned rocket projectiles.

58. Soon already, the time will also be here in which he enters Earth satellites and speaks great deceitful words of peace and love.

59. However they will be only words of deception, because the sense of those Earth-humans, who carry these words into outer space, thirsts only in invincible greed for power and rule of outer space.

60. Their words will only be wicked lies and intrigues, feigning peace, in order to deceive genuinely peaceful life-forms and bring them into servitude.

61. Religions and politics of the Earth work together in these things and shrink from no intrigue-filled means at all in order to achieve their power-hungry goals.

62. Earth humanity has achieved a high standing of technical evolution, however, really only in regard to the technical and that which pertains to a purely material understanding.

63. The evolution in terms of the spiritual and of the consciousness was, however, until now, maliciously disadvantaged and neglected and displaced by the worldly and material.

64. The result was that many kinds of evil things could grow, and degenerated into fanaticism.

65. Thereby, false terrestrial religions are to name as the worst factors by which all reality and truth is denied and condemned.

66. In this respect, the Earth must be described as a unique in all areas of the universe known to us, and on all worlds known to us, as a carrier of such degenerated unreal ideologies.

67. Such insane ideologies and religions do not exist anywhere else as they rage here on this Earth.

68. The terrestrial ideologies, and actual sects and religions in particular, as well as the terrestrial power-political machinations, have become a danger which spreads out slowly and fatally.

69. Were it not enough that space-faring races, through the terrestrial ideological and religious insanity, already shifted three of their homeland planets into uproar, which then had to be brought back under control by outside powers, the Earth human also drives his world and the entire solar system dangerously close to destruction.

70. Less than 1,130 Earth years ago, three races capable of space travel, from far galaxies of this universe, dispatched their expedition ships, and advanced to the Earth.

71. They explored this world with small scout craft, and also made contact with priestly Earth-humans, secretly and unrecognised, in order not to spread terror and angst.

72. They heard and learned from the Earth-humans the insanity of their ideologies and religions and suddenly they believed themselves to be disadvantaged and falsely led in their own philosophy of Creation and in their own evolution of consciousness and spirit.

73. As a life-form still very spiritually underdeveloped and underdeveloped in consciousness, the Earth-humans were able to throw these foreign life-forms into doubt, and to sow discord among them.

74. Yet, was that any wonder then, if it is considered that very highly developed life-forms from foreign galaxies visit the Earth, and here suddenly are instructed that they, as a race which has developed very far, are to have been disadvantaged by Creation, because, allegedly, Creation personally made Itself known to a still very underdeveloped race, and they themselves, as a much higher life-form, were passed over.

75. Where was the blame to be found here, that Creation created its only begotten son, and transferred him to Earth to a poor, underdeveloped people, and did not create this only begotten son for the much higher developed life-forms?

76. Thus this insane information was spread on three distant worlds, and announced to the races, which had, for thousands of years, lived in peace, love and in complete harmony among themselves, and with all forms of life.

77. The insanity of the terrestrial religions was taken up by scientists, and further expeditions were sent to Earth in order to work for years to investigate all required religious facts.

78. After the return of these expeditions, it was concluded, after exact clarifications, that all peoples would be instructed according to the terrestrial Christian religion, and indeed, in all matters.

79. This was a fatal error, because, within only eleven years, this peaceful humankind from a distant planet, having previously lived only by the creational laws, changed itself into the faith-based, Christian image of the Earth-human.

80. At first, fights and discord originated only in the narrowest circles, then, however, everything expanded very quickly, and it came to public unrest.

81. Already the life-forms soon murdered each other, until everything degenerated into a malicious worldwide war.

82. Finally encroachments into the two other worlds resulted, one of which was then destroyed.
83. Different space-faring races became attentive to that, and finally intervened, and forcefully terminated the deadly discord, which had already slowly carried itself into the entire solar system.

84. The terrestrial religions, brought there through the expeditions, and the destruction-releasing Christianity, were strictly forbidden to any life-forms.

85. All existing religious material was destroyed and the old way of life again became the highest law.

86. Any advance, and any further visit to the Earth was forbidden, and a decree was even issued that, if, unexpectedly, a ship should stray onto Earth, and no further possibilities of progress could be found, the entire crew, together with their ship, must totally eliminate itself.

87. This actually also then soon happened according to the decree of this regulation, when a huge space ship, still in the terrestrial area, was not able to free itself anymore from Earth, where it had lain hidden for several months with severe technical damage, in the country which you call Russia. *{Note: See Tunguska event 1908 in Explained by the Billy Meier Contacts.}*

...

95. More than 4,300 life-forms of extraterrestrial origin were destroyed during this gigantic destruction, which only leads back to the terrestrial Christian cult, because the actual reason for this destruction was the insanity of this terrestrial religion.

...

Asket:

133. The Earth human should protect himself from providing any help to such power-greedy sects and rulers, because they cause the smallest help to become a deadly weapon against the helper, in order, therewith, to come closer, step by step, to the fulfilment of their addiction to world domination.

134. Sectarianism is just as much aligned only with greed for money and power as certain holders-of-power are aligned with enslaving world-domination.

135. Sectarianism likewise serves, for its believers and followers, only as a means to an end, as is peculiar to every actual religion, every ideology, as well as every secret society which demands world domination, and every political ruler.

...

Asket:

184. But Sfath spoke the truth, because even as with all other religions, the Christian religion is also only an evil and wrong enslaving, poor piece of work of Earth-humans, who, in their establishment of religions, found the wealth promised to them, and power over fellow men, and found that they would be addressed by a degenerated group of extraterrestrial intelligences *{Giza Intelligences}* if they would spread the erroneous religious teaching.

185. I hereby speak of the extraterrestrial race, which here, since ancient times, wants to attain supremacy over the Earth humanity and, accordingly, to always again unfold the glow and flame of the various religions and always new sects because only through that may they obtain their goal.

186. For thousands of years they deceived the Earth human with religious “miracles” and “visions” of every kind, in order to maintain, and to yet further increase, the religious delusion.

187. Out of these grounds they have also created a mighty station under the Pyramid of Giza, in order to guide, from there, the religious delusional events of the Earth.

...

189. They direct and lead everything from under there that serves the purposes of religion and serves the religious and sectarian enslavement of the Earth human.

...

213. If the Earth human continues to work according to their wishes and demands, then they will, in the not too distant future, as in earlier times, appear officially in order to again bring Earth humanity under their rule through murder, tribunals and barbarism.

214. That will then be so if the Earth human continues to allow himself to be led astray by their religions, and brings himself so far that the evil life-forms can again appear as angels and gods, as they have done in earlier times.

...

218. But, if the Earth human continues to live attached to religions, then he thereby only serves the wishes, and desires for power, of those who have worked for a long time towards the conquest of Earth and thereby for world control.

...

Asket:

228. Therefore, many new religious sects will come into being during the course of the next decades and begin to grow like malicious weeds and also demand many dead.

229. UFOLOGY, already mentioned, which actually is supposed to serve in the spreading of truth, will likewise be pressed in the direction of sectarianism and will gain worldwide significance in this regard.

230. Like the religions themselves, ufology will become a religious means of power for the malicious extraterrestrial intelligences and, however, also a field of activity of deceitful and delusionally sick, alleged contact persons.

...

257. You will therefore attain the proof that, that which is known to you as the New Testament is exactly as much a malicious falsification as all the other religious books which exist on this world.

258. These were not only maliciously falsified by Earth-humans themselves, rather also often with the help of the malicious extraterrestrial life-forms who steered many events of this kind from the pyramid of Giza.

259. You will learn the truth about Jmmanuel, who you wrongly call Jesus Christ.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_3

Asket:

5. As it has been decided, you will travel back with me into various epochs in order to be able to examine the truth of events there and then and to recognise that your traditions and the assertions of your religious antiquity researchers, and so forth, are false and unreal and only in very rare cases correspond to the actual occurrences.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_4

Asket:

13. If you are a religious believer then you have succumbed to evil, false teachings.

Jitschi:

19. You blaspheme God, that is outrageous.

Asket:

14. That is really not the case, because you are the one who has been misled by religion.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Jitschi:

I was a slave to damned religion and this idiotic Christianity my whole life long.

Now you suddenly turn up with your mad friend and drag me out into outer space and far back into various past epochs.

Everywhere I have to see and recognise that the damned religions are only mean and filthy machinations of mad or power-greedy humans and that everything is only a quite damned idiocy for the purpose of the exploitation of us dumb commoners.

And now you even want to drag me back to the time of the crucifixion in order to actually prove to me the goddamned idiocy of these power-mad swine.

...

Eduard:

...

You were indeed the one who practically forced himself on us in order to travel through the times with us and to become acquainted with the actual truth.

If, as a consequence, you want to spin out, then you have yourself to blame because, during your life until now, you allowed yourself to be misled by the false religious teachings.

If you have now finally recognised the truth and if you are furious because of that, then you must be furious with yourself, because the blame lies totally with you alone.

Had you once quite reasonably contemplated everything, then various things would have had to occur to you which would have allowed religions to appear in the correct light for you.

Therefore, you also do not need to simply condemn religions and stamp them into the ground, because **a religion is not, in and of itself, wrong, if it is evaluated and utilised with knowledge.**

The mistake with all of them is only that each one was transformed into a cult by irresponsible humans and is ruled by delusional dogmas which lead humans into error.

But in itself each religion possesses many good and correct things which point many people to the correct path and are able to help them in many sorts of matters.

Religion, in and of itself, is therefore not bad, rather only that which is made of it in association with the unreal dogmas and many erroneous teachings of irresponsible, delusional believers and profit-sharks, and so forth.

...

Jmmanuel:

26. My teaching, which I spread in these lands, is not new and it is well known to the scribes.

27. But they falsify the old teaching of the prophets which was handed down to them and is very learned.

28. But they distain and falsify it and interpret it to their own advantage, therefore, they accuse me of lying because I preach against their lies.

29. From the old teaching of the laws of Creation and the spirit, they have set up erroneous cults which take freedom of consciousness from the human and drive him into servitude, whereby they can enrich themselves with his possessions.

30. From the spiritual teaching, they have made a false teaching, and they have abased Creation to a human entity which they call God.

31. But God is a ruler over humankind and over worlds, and he can never be put on a level with Creation, because its BEING is the highest, and outside of it, truly, nothing exists.

32. But the scribes and the Pharisees dispute these teachings of the spirit and they blaspheme me by calling me a liar because I announce the truth.

...

39. The human of this world has succumbed to very great need and confusion driven in by the false teachings of the scribes and Pharisees and all those who stroll along in their footsteps.

40. Truly, I say to you, this will lead to very much need and misery on this world.

41. Today, on the chairs of the prophets sit the scribes and the Pharisees, and everything they preach to the people is barefaced lies and deception.

42. They are hypocrites and twisters of the truth.

43. Outwardly, before the people, they seem devout and good, but inwardly they are full of hypocrisy, transgression and falseness.

44. Inside themselves they are more evil than every nest of snakes or vipers, and they claim to be great in their thinking and knowledge, yet they possess no understanding.

45. But upon them will come all the righteous blood which flowed on Earth because of them, from the first prophet onwards who their fathers and forefathers murdered, up to the blood of those who they will yet murder in the future.

46. They murder in the name of love and justice and thereby actually intend to serve only their own greed for wealth and power.

47. They have transformed the teaching of the spirit, and the laws and recommendations of Creation, into a very evil cult and frighten the humans with death, with the vengeance of their bloodthirsty god and with sword-bearing angels.

48. They teach the humans to be afraid of the splendour and all-ness of Creation because they deny its existence and replace it with their god and their saints.

...

Jmmanuel:

126. Truly, it will not be easy for you {Billy} because all human irrationality and the cultic false teachings will peak exactly in your time.

...

Jmmanuel:

179. In your time you call the cult around me religion. Truly that is very well known to me.

180. But this religion is interspersed with very many false teachings of manifold forms, as well as with duplicity about the time of my birth.

...

Eduard:

But how is it then with religion in general?

I find, that in spite of the monstrous falsifications, still various things handed down are quite good when seen from a religious point of view.

And when I thereby speak of religion, then I mean really the religion itself, not, for instance, the dogmas and other false teachings.

By that I therefore mean that which, in your language, you more aptly designate as cults.

Apart from this cult, I find that that which one must designate as religion quite good or at least partly quite good.

Jmmanuel:

231. Truly, you are not inferior to me in my teachings.

232. It is as you say.

233. The reconnecting things, therefore the religions, are of great value for allowing the human to recognise knowledge.

234. The reconnecting religious values always are, and remain, the values of the spirit and therewith wisdom.

235. But these religions must be free of misleading cults, from dogmas and false teachings.

236. **Normally, religions themselves contain matters concerning the knowledge of the spirit, natural and Creational laws and recommendations in pure forms, while cults, dogmas and other unreal teachings, which are based on unreal assumptions and assertions, are of purely human origin.**

237. That means that religious teachings, in the form where they are constructed by means of dogmas and other kinds of false teachings, are wrong in every respect because the religious teachings themselves also become falsified through that which is not real.

238. A religious teaching itself can only be valuable and truly instructive if it is free of dogmas and human false teachings as well as other nonsense, and is brought together with the religious.

239. But in my time as in yours, religion is fundamentally wrong, and only religion alone can be useful.

240. Religion always remains wrong for these times, and only relegeon finds true legitimacy.

241. This will continue until the truth is again purified and religion and relegeon can again be united.

242. The reconnection and the joining-together-again - therefore, religion and relegeon - can only then constitute a harmonic unity when dogmas and other false teachings and all human nonsense is removed from them and destroyed.

243. Humans of your time already recognise this profound truth and search out the pure-religious facts in the false traditions in order to process them into a form which recognises knowledge.

244. However their powers and cognitions in this regard are still in their very beginning stages, and largely they are still trapped in their cultic and false religions whereby they become greatly confused and are not able to separate the chaff from the wheat.

245. They certainly know about the falseness of the cultic religions and about the truth of the truthful religions, yet they are still too trapped by that which pertains to cults for them to be able to free themselves from them.

246. So, unfortunately, they always still seek the truth of the truth on the wrong paths and do not recognise that this lies much closer to them than they suspect.

247. Truly, that is unfortunately so in my time and it will also be so in your time.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_001

Semjase:

40. Another task is aimed at the sects and religions and the underdevelopment of human consciousness associated with these.

...

45. But as the human being indulges in his/her religions, and thus in evil irrational teachings, his/her consciousness atrophies more and more and leads ultimately to a bottomless abyss.

...

47. A god is only a ruler and moreover a human being, who mightily exercises rule or tyranny over his fellow human beings.

48. God is not the Creation, but only a creature of her, like all creatures dependent on the Creation.

49. However, the human being chases after his/her religious irrational belief and claims that God is the Creation herself.

50. But he/she goes even further and claims that an ordinary Earth-human named Jmmanuel, who through deliberate error is also called Jesus Christ, would be the son of God and would be the Creation herself.

51. Different sectarians of the new time go even further and claim things that already come close to insanity.

...

56. The Creation herself never gives commands because she embodies the mightiest in this universe and never needs commands or religions.

57. Religion is only a primitive machination of human beings intended for the purpose of leading, subjugating, and exploiting, to which only life that is weak in consciousness is able to succumb.

...

63. And as we know, you are also writing a book about this writing *{Talmud Jmmanuel}* and about the real truth ("[An open word](#)", "Billy" Eduard Albert Meier, Wassermannzeit-Verlag).

64. It seems to us to be the most important book ever written by a human being of your Earth, even though it is harsh in its language and will be met with hatred.

65. But it finally brings the truth to the Earth-humans, even if there is still some speculation in it.

66. But it is finally able to destroy the insanity of religion in many, or at least to make many very thoughtful.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_003

Billy:

And since these human beings never want to bear the responsibility for anything and everything themselves because they are perhaps too unknowing or too cowardly, they simply pass it on to something that is supposed to stand above them and direct their destinies. They then call this something God and religion. A simple buffer and ram block, into which one can pound everything; a fantasy picture, onto which one rolls all one's own responsibility.

Semjase:

...

8. It is really as you say:

9. The Earth-humans are not able to bear and recognise their responsibility themselves, although they should do so.

10. So they roll everything off and onto something that they put above themselves in their imagination; things that they simply call religion or God, that are supposed to relieve them of the responsibility.

...

25. There is no interest in showing ourselves to the general public.

26. Their consciousness is still short and small and confined in religious enslavement.

27. On the one hand, the Earth-humans would worship us as gods in their short-reflection, as they did already in earlier times; and on the other hand, there would be many among them who as criminals and greedy for might ones would seize our beamships.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_009

Semjase:

91. ... a religion enslaves a creature and makes it dependent on something that stands above it, giving commands or instructions.

92. A religion always necessitates this, wherethrough the respective life-form is no longer master of itself, but submits and enslaves itself to something that is supposed to stand mightily above it.

93. Hence, there is not a single form of religion in the entire universe that is good and that is not simply an irrational and strange ideology.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

49. It is a sign of human weakness when religions and sects and their irrational teachings are portrayed as instruments of the creational, and the essence of wisdom thereby becomes unreal.

50. The human being is then looking elsewhere for power, freedom, joy and light, just not where they really are.

...

74. Sense and task of the spiritual teaching therefore are to spread truth, knowledge, essence of wisdom and love.

75. If the teaching fails to do so due to misuse or false interpretation, then it is no longer a help, but instead becomes an evil cult that enslaves the material consciousness through irrational teachings and creates unknowledgeness, as is the case with the irrational teachings of the sects and religions.

...

118. The ordinary human being, however, who is consciousness-based simple-minded and impaired by religions or other unreal teachings, is neither able to see nor to hear, nor to recognise even just one iota of the truth.

119. His life is unconscious, but all the more pressed into human-material paths.

120. As a result s/he is blind, deaf and unknowing.

...

163. Since the human being does not know the creational and is misled by irrational teachings, in particular by sects and religions enslaving the consciousness, s/he makes a great many mistakes, searches for the true treasures in the wrong place and thereby violates all nature-based and creational regulation and all rules of the laws.

164. No matter how precisely s/he may observe the human laws of the human society, s/he will nevertheless constantly violate all laws and rules and the regulation of the creational in the universe and allow him/herself to be caught in human-material hardships, sorrows and problems, in horrors, irrational teachings, misguidances and inabilities, in unfortune, spiritual and consciousness-based unknowledge, and consciousness-based enslavements and limitations.

165. The very thing that is most valuable of all is made unattainable by unreal sects, religions and human unknowledgeness.

166. This unknowledgeness and the religions and sects which lead into delusion, as well as other irrational teachings, mantle from the human being that which is the source of all valuable things, the life of his/her life, and the light of all intelligence – the spirit and the Creation.

...

203. Generally, the lives of those who think wrongly, who are confusingly led and who are dependent on religions, are full of evil suggestions, full of imaginary concepts, irrational teachings and delusional assumptions.

204. The only possibility and the only means of remedying these injuries are to fundamentally recognise and to follow the truths that deactivate all human brain-delusions, and to allow the highest creational-spiritual and, of course, the material-consciousness-based powers to prevail.

205. All unreal suggestions and human imaginations become corrected by the human being realising:

206. "I am a part of the Creation, which animates me as a part-piece, as spirit."

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_011

Semjase:

148. In the absence of real knowledge and the truth of a healthy, reasonable lifestyle that would give him/her inner and real balance and peace, he/she has committed themselves to abnormal ideologies and to destructive, dangerous, and harmful religious philosophies, which lead them into even greater consciousness-related poverty and keep them away from the actual life, as this has already been the case here since ages ago.

149. Natural human understanding defends itself against allowing the circle of inappropriate, unreal religious dogmas to press itself into the square of the dominant truth, and this is especially brought to thriving existence through the new time of the Aquarius era, through new religious fanatics, sectarians, and frauds; however, at the present time, the religious delusion is still too widespread to be able to create a useful defence in great measure; consequently, toward the turn of the millennium, many thousands of human beings will senselessly die in the sectarian delusion through murder and suicide.

150. The erroneous religious philosophies, with their colossal confusions and delusional claims, reduce the inner strength in the human being, which would maintain his/her consciousness and could help him/her to surpass himself and thrive in their striving and which would make it possible for them to attain inner growth and inner peace, which stand in right proportion to the external achievements and conditions.

151. In response to a long-perceived necessity, here and there, Earth-humans, who are mistakenly referred to as leading thinkers, have made personal but dangerously unreal efforts to take the allegedly best out of the religions and to bring them into a unity with modern thinking, in order, thus, to work out a new life philosophy and life psychology for the current humanity.

152. But at the same time, these alleged and unreal thinkers do not consider that through this, they increase the religious delusion once more, out of ignorance of the fact that they themselves are very badly trapped in unreal religions, and consequently, they are, accordingly, only able to think and act in unreal ways – in an unreal, delusional, delusion-believing, murderous, and consciousness-poor manner – through which much death and destruction arise.

...

155. A free spiritual life, which is based on everything that represents the best in the cultural and spiritual inheritance of the Earth:

156. The spiritual truth.

157. If the Earth human being now finally recognises and acknowledges this truth, completely frees himself/herself from all religions, sects, and other erroneous teachings and their delusional imaginations and finally aligns themselves with the spiritual and creational laws, then they have triumphed.

158. Only the truth is serviceable and brings the human being progress; religion, erroneous teachings, and sectarianism, however, are unserviceable to the human being and throw them back into the deepest darkness.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_012

Semjase:

77. However, as the earthly humankind now consists predominantly of human beings influenced by religion, the book *{unspecified book loaned by Billy to Semjase}* means another work of irrational teachings that will take its toll millionfold, just like the religious books themselves.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_014

Semjase:

32. The man *{Hans Jacob}* fights a very hard fight in himself, which will intensify tremendously from tomorrow, but which he will probably not be able to win because religion and delusion are strong in him and he also suffers from rationality disorders.

...

35. In those few days a transformation has taken place in him that other people normally require years to undergo.

36. But the fact that this happened only now and so suddenly in him has its reason in the religions from which he was torn back and forth almost all his life.

37. He was misled by them and often fell from one extreme to another, which at times became so bad that he no longer knew what to take for granted.

38. Like so many Earth-humans he was misled by false teachings, recognised mistakes and was endowed with mistrust.

39. A distrust, however, which has nothing to do with falsehood but with honesty and which represents his way of searching for truth.

...

45. Deep in his consciousness, however, he is trapped by his delusions and the Christian religion, so sooner or later, despite all his efforts and successes, a failure will occur.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_015

Billy:

... the majority of the dear earthlings are either completely enslaved by religion in a consciousness-based manner, or that they are able to think in only pure material-intellectual

spheres, or that they have to first jump over the barrier to the spiritual or have jumped over just recently.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_018

Semjase:

72. Very often they are led into the unreal by unreal religions which preach false love for the next one and equally false godly teachings and formulas of submissiveness.

...

99. Very many human beings fear to live in the sense of the Creation, and they think and assume that they would only have to remain with the one which is to take away their anxiety about the death; with a God of a religion, who has promised them in conscious irrational teaching and for his entirely own benefit, to take away their anxiety about the death, if they would in irrational belief and submissively believe his lies, whereby they get into his enslavement and become consciousness-based unfree.

100. The steady repetition of this irrational religious teaching has the effect that the believers find an imaginary and deceptive fulfilment and are subject to an evil delusion which cuts them off from all consciousness-based rationality, whereby also their spiritual-intellectual thinking is impeded and suppressed and enslaved.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_023

Billy:

It is repeatedly claimed that procreation can also be done in spiritual form. Furthermore, the Christian religion also claims that Mary was impregnated by the power of the Spirit or by the 'Holy Spirit'.

Semjase:

67. This is nonsense of malignant human imagination, created by morbidly thinking terrestrial men who press the truth of the spirit into impossible paths in their morbidly exuberant imagination.

...

73. Fanatical or even only misguided sectarians, delusionists, religious followers and religious advocates unfortunately tend to dress everything incomprehensible to them in imaginative and pathological images.

74. Thus, in their delusion, they also imagine that the mode of reproduction determined and created by the Creation is something strange in its sexual form.

75. Their morbid delusion does not allow them to discern the truth that the Creation itself has so determined and found this mode of reproduction to be good.

76. These forms of life that are addicted to this delusion therefore believe that sexual reproduction is unspiritual and impure.

77. Last but not least, this delusional idea arose from old false teachings of religious bringer, who wanted to contain certain degenerations of the Earth-humans in the sexual field by certain misunderstood laws and recommendations.

78. As real do-gooders of the world they only wanted to bring the sexual degenerations of the human beings of Earth under control, but not considering that through the wrong and incomprehensible interpretations they drove human beings into delusions and confusion.

79. As I said before, throughout the universe the act of procreation is one and the same, and spiritual procreation in a material form of life belongs to the realm of the morbid imagination.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_024

Semjase:

49. ... in certain things the woman *{acquaintance of Hans Jacob}* walks on the paths of truth, which are however often connected with ambiguities and even with heresies.

50. In particular, this results in things that are unreal and unreal.

51. In particular, this applies to things of religion and the associated erroneous teaching of godliness and spiritual ascension.

...

55. The most evil false doctrine in her is that of the interpretation of religion, because as I have recognised, it runs retrograde in her search for truth, thus religiously.

56. This means that she seeks the truth in the divinely retrograde and divinely reconnected precisely according to the meaning of religion, and thus is not able to recognise the effective truth.

57. Religion in this sense is deadly and enslaved to consciousness and inhibits the human being from finding the basic truth.

...

61. In other words this means that truth, knowledge, wisdom and love etc. simply have to be brought together again; they have to be collected and put together again.

62. As the human being, in his ancient language calls the back-connection religion, so in this case the re-connecting must be called in the same ancient language.

63. So this means that everything has to be put back together again and therefore has to be handled in a layering manner, but never religiously.

64. The already existing truth and creative laws and commandments must therefore be reassembled in order to lead into the future.

65. After the application of the **Relegeon**, the path of evolution must be followed, which, however, has two meanings.

66. The earth-man knows only one meaning, namely that evolution means a development and unfolding in the sense that something already existing, which is however still in the hidden, must be developed and unfolded; which therefore means that something must ascend from the unconscious or subconscious to the conscious.

67. The second meaning of the term evolution was lost to man long ago, however, namely that something that does not yet exist must be researched, developed and unfolded.

68. And since this meaning of evolution has been lost to man on earth, he also lives in the misconception that all evolutionary things already exist in man and only have to be unfolded and developed or released.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_026

Billy:

... So I start from the assumption that certain forms of life which are strange to you are trying to wander around from the vastness of the universe on our Earth and in the space of the world and to influence other forms of life in various forms. On the other hand, I also suspect that one or more groups of descendants of your old race have not yet returned to you, and that they are still living according to the forms of a deity. Since they still have to live according to the old forms, it can practically only be that they influence many life forms and also the Earth-humans according to this and appear as emissaries of a god. ...

Semjase:

...

41. With your speculations you are very right, because there are other forms of life in the earthly space than just ours.

42. There are also still some splinter groups of our own former races here, but also on other worlds where they still live according to their old forms.

43. They constantly try to influence the life forms, especially the Earth-humans, according to their forms.

44. Already the ancestors had appeared as gods, and they still do.

45. They are anxious not to release the Earth-humans in particular from this form and to continue to make them dependent on themselves through stoic references to religious heresies, etc. and to cast them under their spell.

46. For a long time they have been trying again to break into your world in order to subdue humanity on the Earth.

47. The more religious the human being on the Earth is or becomes, the more this madness is given the opportunity of fulfilment.

48. This would mean that humanity on the Earth could once again fall into evil religious confusion and that bloody religious madness, such as the Inquisition, would once again rule your world.

49. That is why they try to suppress the truth by religious delusion.

...

52. But further it is added that said forms of life here and there, however rarely, actually make contact with terrestrial humans and deceive them by their religious influences.

53. On the other hand, many Earth-humans are subject to deceptions, caused by hallucinations or by certain unconscious workings and intended illusory projections of the extraterrestrial life-forms for the purpose of underpinning their heresies.

54. Great suggestive influences for deceptive purposes also belong to it, as do appearances of many other forms.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Ptaah:

223. Religions of the type discussed exist only on your Earth, nowhere else in the Universe are they present in this erroneous and confused form.

224. Also in all other Universes known to us there are no religions of the earthly kind.

225. This is truly limited to your Earth.

226. The Earth religions have probably been carried by space travellers to other cosmic bodies, but for studying purposes only.

227. On the other hand, however, it is taught on many worlds in this Universe, how deadly religion can be for a life-form, where the Earth with its existing or past religions serves as a bad example.

Billy:

You are saying that not a single world in the entire Universe is dominated by one or more misguided and confused religions except the Earth?

Ptaah:

228. I have just explained that... with the exception of your Earth there exists no religion of this kind in this or another Universe.

...

234. And precisely this represents an immense danger to the existence of many races, because if the Earth-human becomes master of space travelling technology and visits foreign worlds, and through the force of arms or by lies and deception strikes them into his spell, he will also inevitably thereby involve his religion spreading delusion.

235. If this actually happens some day, then the single or multiple religions will very quickly reach a form of system-wide or galaxy-wide dissemination, by which the still existing galactic harmony could be destroyed.

236. This means that by these irrational teachings of religions the still ensured peace could be destroyed and degenerate into murderous wars and the complete destruction of entire suns and planetary systems.

237. Preventing this, however, is the greatest and most difficult task faced by those space travelling life-forms with a higher consciousness-related development.

238. Therein lies also the deepest reason for the fact that we and others from other planets strive to spread the truth on Earth, by selecting individual Earth-humans and, through telepathic impulses which they generally do not recognise as such, convey the truth to them, which they then should disseminate, so as to finally teach the goodness and the truth to the Earth-humans.

239. But that task is very, very difficult to fulfil, because the madness of the religions and of the often death-bringing sects has become so rampant on Earth, that only with the utmost effort can it be reasoned with.

240. Especially those religions and sects, who in their heretical book name the prophet Immanuel as Jesus Christ and worship him, are the strongest opponents of the real truth.

241. These are the Christian religions and sects.

242. But also Islam and Hinduism, as well as Judaism must be named as dangerous religions, and the same with certain parts of Buddhism, in which serious heresies come to light.

243. Particularly all possible sects from all religions are very dangerous and greatly falsifying of the truth, whereby in times to come many murders, suicides and mass suicides will happen through them.

...

Billy:

... many claim that they are in connection, etc., with star people, otherworldly, and spiritual and purely spiritual beings.

Asket:

165. In reality this is only the truth to the extent that these Earth-humans are connected with other terrestrial life-forms, through the Earth-humanity's collective subconscious, and are inspired or even misled, cheated and swindled by these, which are themselves still at very low levels, and which compared to the great mass of Earth-humans are not, or are only in a few things, further developed in consciousness.

166. In addition however, there also appear low Earth-human intelligences, who in their thirst for might would like to hold the scepter over their fellow Earth-humans, and being aware of the earthly religious heresies they try to take advantage of this and thus, according to their lust for power they influence the ones who have fallen into religions and sects.

...

Billy:

What do you think about the influences of these low life-forms and low essence forms on humans, if these actually intervene in the affairs of Earth-humans – do they bring or have any benefit for the Earth-humans?

Asket:

168. They have this only partially, like everything that is evolving.

169. Often behind these contacts lurk collective human subconscious forms, etc. But also a very great danger, which unfortunately the Earth-humans will only be able to recognise after evil wars and catastrophes have befallen them.

170. In many cases powerful leaders on the Earth have also subconsciously been maliciously influenced by such collective human subconscious intelligences and, as desired, trigger death and destruction, ignorance, doom, deception, hatred and annihilation; this in political as well as in religious areas, however individuals are also affected by these malicious collective subconscious powers, and as a consequence then, in delusion or delusional belief, they commit murders, suicides and mass murders, and trigger catastrophes.

171. These human beings who are influenced by such collective subconscious intelligences, resp. collective subconscious powers, belong however and without exception, to sectarian religious beliefs, which constitute the main breeding ground.

172. These Earth-humans will be approached through the collective subconscious forces in the form that they are transmitted the delusion that God personally, or Christ or Satan, etc., has issued them the command for murder, war or suicide, etc. –

173. If the Earth-human would finally get rid of his/her deadly sects and religions, then these misleading or malicious collective subconscious intelligences, resp. collective subconscious powers, would lose their suggestive power over him/her, because where truth and logic and the compliance with the Creational laws prevail, evil can no longer assert itself.

174. But since these malicious human-collective subconsciousness-intelligences are aware of this, they very skilfully control and direct the lives of sects and religions.

175. They even understand how to propagate the madness of religions and sects, and to push the Earth-humans more and more to an evil religious-sectarian fanaticism.

176. In this connection, the infamous machinations of alleged contacts with extraterrestrials or high spirit-forms, etc., are very popular with them.

177. To the Earth-humans who listen to these subconscious-voices they present themselves as "envoys from God", "guardians of peace", "keepers of the universe", "angels", "on behalf of Jesus Christ", and as "praise and salvation heralds", etc..

178. As collective subconsciousness-based, inspirationally-transmitted influences, these voices designate themselves as such, and claim repeatedly as well, that they are some high-standing spirit-forms, deceased or even pure spirit-forms, etc.

179. In utilisation of their diverse capabilities the collective subconsciousness-voices are also able to create hallucinations and fantastic apparitions for the Earth-humans, mostly on sectarian religious basis, such as saint figures, images of Christ, images of Mary, crosses, etc., which appear to the Earth-human as "miracles" and entangle him/her deeper and more madly in the religions and sects.

...

Billy:

... Until now, through you, Semjase, the earthly religions have only ever been spoken of in a negative wise. At least that must be the impression the uninitiated get from your explanations. I myself have known for a long time that this impression is deceptive and that a very specific form of religion is addressed by the negative. But this does not emerge from the explanations you have given so far, which must surely give the uninitiated the idea that religion in and of itself is to be kicked into the dirt. This impression is wrong, I know that, but so far nothing has been done on your part to correct this wrong impression. What is your position on this?

...

Ptaah:

...

315. If, therefore, Semjase has hitherto spoken only in a negative form about the earthly religions, this has its justification in the fact that thereby Earth-humans had to be made aware of the falsity and unreality of their religions, for these are in every form evil and unreal, as is not the case elsewhere in these forms on the worlds known to us in this universe.

316. When, therefore, the earthly religions are spoken of, they are meant in their negative forms, as they exist and find their applications and effects on Earth.

317. Religions in this sense are a deadly danger not only on Earth or for the human beings of Earth, but they also hold deadly dangers for other worlds in this universe.

318. Religions in the sense in which they exist on Earth are indeed unique in the realm of the universe as we know it, and we find no equal in any realm.

319. As a deadly danger, false religions dominate Earth-humans and with them the whole planet, and have been stunting your world in terms of consciousness for thousands of years.

320. All progress in consciousness is blocked by these religions and cannot progress.

321. The evolution of consciousness and also the evolution of the spirit of Earth-humans are hindered by the false teachings of the religions.

322. The earthly religious traditions still contain real values and wisdom of the creational laws and recommendations, but these have been distorted by humanly-generated false doctrines and

made so unrecognisable that only a few human beings are able to recognise the effective truth from them.

323. These few, however, who are able to work out the real truth from the scriptures and traditions, are ostracised and cursed by the addicts of these false religions, if they are not able to spread the truth.

324. Thus, when the earthly religions have been spoken of in negative terms by Semjase, the falsifications and lies that are sometimes deliberately built up in the religions in a deceitful manner have been and are addressed by it.

325. But it also refers to those purely human, infamous works which you generally know simply as heresies and dogmas; purely infamous works of irresponsible or mad Earth-humans who, by means of these heresies which they have created, have been able to beat your whole humanity into poverty and servitude of consciousness.

326. The earthly religions are called religions in name only, for in truth they are not such, but only cultic degenerations in a very evil sense.

327. Religions in this form are always false and deadly.

328. In truth they are also not called religions, but cults.

329. In your case we call them cultic religions, because really religion-related facts are interspersed and falsified with cultic dogmas and false doctrines.

330. Religions of the earthly kind, if they were practised elsewhere on foreign worlds, would be just as false and of deadly danger as are the cultic religions of Earth-humans.

331. A truthful religion is the measure of all religions, that is, of all reconnecting facts.

332. But this is also only creatively-legally correct if it is based on harmonious co-operation with the RELEGEON.

333. This means that the reconnecting and the reassembling must be in harmonious harmony and must work together logically.

334. Religion cannot exist without Relegeon, but neither can Relegeon exist without religion.

335. Both factors must interlock and complement each other.

336. In the earthly case, since cultic religions prevail, the only salvation is for these existing false cultic religions to be eradicated and destroyed to make way for the true religion in harmony with the Relegeon.

337. This can only be done by the willing human beings aligning themselves only with the RELEGEON until they have won the battle over the cultic religions.

338. Thus, at the present time and in the near future, only one direction of thought is the only correct one, namely the RELEGEON, the reuniting.

339. Earth-humans must find the truth and reassemble it into the correct masses and forms.

340. He/she must therefore think and act in a relegeous manner, so as to find again the truths from the real religion and to assemble them into the attained complex of relegeous knowledge.

341. Only in this manner does he/she tread the correct path and follow the laws of the evolution of the spirit and the evolution of consciousness.

342. In particular, the heresies of earthly cultic religions rest in cursing and blaspheming and denying the Creation.

343. It as omnipotence is questioned and replaced by blasphemous heresies by a God who is supposed to be the Creator and who is also called Lord of all things.

344. But the Creation is in truth the Gewalt, the Almighty, and the glory itself.

345. Through various circumstances, and not least through the megalomania of human creatures, IHWs, wisdom kings, people's leaders and human race leaders, who are called GOD in Earth human terms, have been pressed into the conceptual form of a Creator and declared mendaciously to be the highest in the universe, namely Creation itself.

346. This is still evident today in the form of address of Earth-humans when they speak of their GOD as the CREATOR.

347. The concept of the masculine, of HE and HIM and THE GOD could not be erased even over many millennia by the representatives of religion, consequently this concept still bears witness to the humanity of the God and Creator and the Gods on Earth today.

348. Earth-humans, however, in their thoughtless stupidity and in their unwillingness to surrender to the truth, have been incapable of thinking about these things for a very long time.

349. Stupidly he/she continues to defend the cultic religions, which are without exception attuned to some Earth human being and to a heavenly deity.

350. And practically every religion refers to a founder of a religion who, with one exception, is worshipped and glorified as the Chosen One of Creation, whereby the believers then practise a cult of man, which, however, is ultimately inherent in all earthly cultic religions.

351. Creation itself is completely disregarded and condemned to nothingness, because through the cultic religions it is replaced by the madness of a human substitute and by a God-Creator.

352. Creation itself, as the absolute omnipotence and glory of all BEING and being, is viciously denied and condemned.

353. Whether this is done knowingly or in compliance with cultic-religious heresies or as a result of other world views, it remains the same.

354. In any case it means the most monstrous blasphemy of the Creation that can be thought or uttered by any life-form.

355. Apart from the Creation itself, nothing is venerable, universal-loving, omnipotent, eternal and awesome.

356. It is the beginning and the end of all being and BEING itself.

357. Apart from her, nothing is existent.

Billy:

This is very detailed, and I believe that this in and of itself should be understood by all human beings, even those who are caught up in their unreal religions. I think that this explanation of yours should be sufficient to dispel the impression that religion in and of itself is simply wrong and should be eradicated. In my opinion, your words clearly state that in the negative sense only cultic religions are being spoken of, i.e. those that have been falsified beyond recognition by man-made dogmas and other false teachings, and through which the Creation is blasphemed in the most evil forms. These blasphemies therefore also include all worship and sanctification of any human beings and objects, and to the same extent also the calling and elevating of a human being into the conceptual form of a creator or a creator's messenger, for a creator in the cultic-religious sense is never the Creation. A god, a creator or otherwise somehow a human being or other life-form can never be the Creation itself. Creation is neither a HE nor a SHE, for it is quite simply THE Creation, the sexless one, thus effectively an IT. That is how I see it, anyway.

...

Ptaah:

424. This system is from your homeworld 1.73 billion (1,730,000,000) light-years away, and despite this great distance, the cause of the destruction is to be found on Earth.

425. The inhabitants of the NESAR system, the NESARENER, were a technically and consciously very highly developed people and they formed a uniform race of humanoid form.

426. For a period of 17,000 years they lived in complete peace with each other and with the races of the other systems known to them in their galaxy.

427. Their evolution in consciousness and technology was very high, but unfortunately only in the knowledge of the use of their powers of consciousness.

428. They did not possess a spiritual goal in and of itself, and they also had no knowledge of the Creation.

429. All their spiritual knowledge rested solely in the partial recognition and observance of the laws of nature.

430. According to these they acted correctly, but were unable to attain any spiritual goal.

431. By omitting the most important factor of Creation, they remained one-sided and exposed to the danger of being led into confusion by unreal consciousness.

432. This danger was very great and it grew constantly because the Nesarenes moved very far away from their galaxy in terms of research and came into contact with intelligences which were completely foreign to them and which imparted to them very foreign forms of thought and teachings as well as philosophies.

433. As long as these were still compatible with the laws of nature, everything went well.

434. But then it happened that three expedition ships of the Nesarenes strayed into the SOL system through a false leap in hyperspace and found human life-forms on Earth.

435. That was exactly 1,067 years ago in Earth time. {908 A.D.}

436. Very similar to Earth-humans, they mingled with them and lived together with them for about 50 years, unrecognised and very interested in all Earthly things.

437. In particular, their attention fell on the religions dominating the Earth-humans.

438. With their highly developed technical possibilities, they collected everything attainable concerning the religions known to them, stored them in their apparatus and allowed themselves to be very strongly influenced by them.

439. Since their consciousness was only oriented towards natural law, but not also towards the Creation, they very quickly found a false sense in the various earthly religions, but they became just as unaware of the false as Earth-humans.

440. They now saw another goal and eagerly endeavoured to strive towards it.

441. The religious influence thus gained by the Earth-humans appeared to them to be of unusually great significance and importance.

442. So they set out to find their home galaxy again, which they actually succeeded in doing after 4 long years of wandering about, to the chagrin of their whole and truly great home system and its inhabitants.

443. The religions learned on Earth were spread and taught on all inhabited worlds, while a small armada of Great Spacers was sent to Earth to collect further data of the religions prevailing there.

444. During five years, research was carried out in secret on Earth and everything to do with the religions was registered.

445. Then the expedition returned to the home galaxy.

446. Once there, the expedition members discovered that various changes had taken place in the meantime.

447. Houses of worship had been built on all worlds and the human beings had become discontented.

448. Despite these findings, the new data was evaluated and disseminated, and within another fifty years the entire great system was under the influence of various earthly religions.

449. Human beings could no longer understand each other and anyone of a different faith was accused of unreal teachings.

450. Soon these insults led to evil accusations, to quarrels and then to hatred.

451. Families among themselves divided into different religious groups and beliefs, and then soon the first blood flowed.

452. The family members began to fight and kill each other, and soon it was family against family.

453. This spread to housing estates and whole residential areas, and suddenly it was everyone against everyone.

454. What you call a civil war ensued after another seven years.

455. The high councils were completely powerless against this, because organisations such as the military, which could have brought order, were unknown in the whole NESAR system.

456. In sudden realisation of the madness of the religions, brought in from Earth, the rulers banned them.

457. But it was already too late.

458. The civil wars had already escalated into world wars, and soon the first worlds were destroyed.

459. After another three years, a vicious system-wide war of annihilation was underway, with the centres, the suns, being destroyed.

460. Collapsing in on themselves, they tore into all the planetary systems with irresistible Gewalt.

461. A gigantic mass arose, which took over everything that still existed.

462. Eventually, the planets and stars were pulled into a whole heap and joined the huge mass.

463. This is how the enormous structure you see [there](#) came into being.

464. A destroyed solar and planetary system of enormous proportions; caused by religious madness – brought in as a deadly form from Earth.

...

Ptaah:

842. But what must be called unique in this universe, and also in all other universes known to us, is the fact of the very peculiar cultic religions on Earth.

843. Overall universally, there are no parallels of any kind to be found in the forms that have degenerated in this respect, and Earth-humans are indeed unique with their unreal religions of this kind.

...

Ptaah:

850. Secretly, however, malignant intelligences of masses addicted to world domination created their station on Earth and on a neighbouring planet and upgraded the cultic religions.

851. This was all done in secret and with the use of many evil means.

852. Apart from these machinations, however, there existed undertakings of other and not evil intelligences, which endeavoured to bring about the real evolution of Earth-humans, because these were, after all, descended from them.

853. But since they could not officially appear because of the constant danger from the malignant life-forms, they had to do so secretly.

854. Besides, after so many millennia, Earth-humans could not be expected to suddenly appear officially again with beamships and spaceships, for the knowledge of them had been lost to them.

855. A sudden open reappearance would have caused worldwide panic.

856. Then the SOL system moved into the Age of Pisces and this offered all interested extraterrestrials a new opportunity to intervene in earthly events without the human beings being able to notice it.

857. The cultic religions built up by the malignant intelligences offered the best conditions for this.

858. Since it was no longer possible to approach Earth-humans with logic and truth, the most subtle truths were smuggled into cultic-religious stories and spread all over the Earth.

859. This offered the possibility of paving the way for the truth and spreading it via cultic religion.

860. Even before the Age of Pisces, therefore, prophets were also chosen to work in this sense and to do justice to the creational truth.

861. Then, at the beginning of the Piscean Age, the Prophet Jmmanuel was chosen, who then spread the teaching truthfully and unwritten in understandable words of the time.

862. Later, however, it was again maliciously falsified, as had been the teaching of the prophets of old.

863. With Jmmanuel's work, however, a time had finally come again when extraterrestrial intelligences could once more increasingly make contact with Earth-humans.

864. However, the inveterate cultic religions chose the beamships and spaceships as celestial vehicles for religious purposes, so that once again there was nothing left but to let the truth seep through very slowly through the religions.

865. Thus extraterrestrials practically aided and abetted the malignant earthly cult religions in order to be able to serve the truth, for they had no other possibility.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_033

Semjase:

85. So if humans are religiously biased, they have to struggle their way through such a religious path to bring themselves to certain activities, in order to gain the necessary knowledge at the appropriate time and to recognise their previously wrong behaviours and thinking.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Ptaah:

66. At the earliest times, when the human being of the Earth was also produced by his/her indirect ancestors, his/her average age was reckoned at 1,007 years of life, for he/she, trained and informed by his/her progenitors, possessed an enormous level of knowledge and abilities.

67. Unexpectedly quickly, however, they fell to the religions with their erroneous teachings and were thereby deprived of the true knowledge and the truth.

68. They also necessarily began to work against all natural laws, became alienated to them, and lived in a recommendation-breaking and law-breaking manner.

69. Everything together served for the loss of the high average life span, which fell lower and lower over the course of thousands of years and levelled off at a twentieth of its earlier time, and indeed, especially because many different factors over many thousands of years negatively affected the life and also altered the genes.

...

79. Through the erroneous teachings and other deceptions of the religions, however, the Earth-human, in the main, is able to deploy many powers that destructively influence all life-forms.

80. These destructions are based in the fact that they impair one's age as a result of erroneous teachings and wrong lifestyles, etc., so the average age lowers.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_041

Semjase:

111. Don't the Earth-humans know that the halo is only a fantasy product of some fantasists?

Billy:

They believe so firmly in its authenticity, like that the dear God is eternity itself and Satan is indeed a devil who roasts humans.

Semjase:

112. That is bad and incomprehensible.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_055

Billy:

... But now you know that our earthly religions, etc., always speak only of hierarchies. People are sworn to it and cannot understand that you do not recognize hierarchy. What do you have to say about that?

Semjase:

112. Hierarchy prevails everywhere, where a life-form is subjugated by authorities and so forth.

113. Such life-forms are not able to bow to the truth that they themselves generate any form of power within themselves and consequently stand above everything else.

114. Therefore, even humans always seek a power above themselves, through which and only through which everything can only become possible.

115. Especially the human being on Earth is still unable to be independent and to develop independently due to the traditional false teachings and subjugations of every kind and form.

116. He is in this regard not even half reasonable.

117. Although he is repeatedly taught the truth that in every respect he alone is responsible for all events that affect all areas of his life, he wants to live on in his old heresy forms and make higher 'spirit forms' responsible and superior to himself, while still committing such sacrilege that it already degenerates into unreality, for he dares to elevate earthlings to the status of masters, to whom he assigns near perfection and whom he powerfully sets above himself, but unreal and obstructive of evolution, if not self-destructive.

118. Further developing believing misguided 'spiritual' and 'semi-spiritual' directions live in the mad delusion of having solved the riddle by speaking of 'spiritual' hierarchy and meaning energies.

119. But these are no further than the others because truthfully they seek the powers behind the hierarchical powers, which are well to embody universal energies, which however are in truth deceased Earth-humans and also remain it, which also never are able to ascend to those hierarchical powers as the Earth-human imagines this.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_062

Semjase:

84. Earth-humans have a very hard time breaking away from their religious or semi-religious and other heresies.

85. With open eyes they run into their ruin and believe the swindlers and deceivers ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_088

Semjase:

126. We have no reason to show ourselves to Earth-humans in any of the desired forms; nor will we do so under any circumstances.

...

131. By the way, neither us and our ships, and our existence, are of importance at all but only the task we all have to fulfil.

132. We cannot allow that by the mentioned wishes and demands new idolisations and idealisations arise, which would inevitably lead to a new religion, as this has already happened many times.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_832

Billy:

Just as lies of all kinds cover up a truth, lies are more powerful than the effective truth.

This is also the case with religions and their stories, and so also with faith, for religious stories are invented and fantasised lies, and these serve to enable human beings to be enslaved by faith and exploited in every conceivable respect.

But as a rule, effective tall tales and even conspiracy theories are made out of every truth, especially with regard to religions and faith, and this by twisting everything and imaginatively adding untruths, as well as by fraudulently falsifying paraphernalia and calling them genuine and lying about them as time-honoured.

But conspiracy theories are also invented and spread, human beings persecuted and murdered as a result of non-understanding, belief, dislike and false judgement or hatred, etc., especially when it comes to religious matters and faith in this respect.

I can say this from my own experience, because I am against all religion and faith, although I am not an enemy against the human beings who are religious-believers, because their delusion of faith is their business and not mine.

Thus a religious-believing human being is worth as much to me as a human being as any unbelieving or truth-knowing human being.

There is no difference for me in this respect, because whether religiously devout or not, every human being is a human being for me, and as such he/she is always to be treated with honour and dignity, whereby their religion and their faith must never play a negative role with regard to the treatment of them and the respect to be shown to them.

It is therefore never a matter of denouncing and attacking, accusing or insulting a human being with regard to their religion and for the sake of their faith, but only of stating the effective truth and citing what is reality and its effective truth with regard to religion and faith.

It is also never a question of denigrating a people with regard to their religion and faith, just as it is never a question of attacking and insulting a human being with regard to their religious faith.

Reality and truth is and remains that there is neither a God nor a devil – and if consequently something is called or described as 'diabolical', or if 'oh God', etc. is said, then this corresponds only to a conventional and thoughtless manner of speaking, which is simply used habitually.

And if religious delusion by means of lies and deceit already afflicted Europe at the time of the witch hunts and the burning of witches, as well as the splitting of the church by Martin Luther, then religions and the belief in God or in gods were already brought into the world and preserved until today before Christianity or Islam came into being.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Billy:

The earthling will no longer be the master of their own thoughts, as has already begun with the delusion of God, consequently the earthling will only be ruled by an illusory thinking that only allows them to believe, but no longer to think, decide and act for themselves.

...

Billy:

... Thus they sink back into the old religious faith, whereby they become more and more stupid and allow themselves to be enslaved and led by those who want to have power all around. And indeed, the majority of earthlings today is already so dependent on religious belief that they are falling back on the old forms, so that normal thinkers without delusions of God are being treated as reality thinkers and are constantly harassed with religious emails and tracts. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_838

Bermunda:

... What we were able to ascertain was that already at the time when foreigners came from the seven star regions and did many things – which pose many riddles for today's Earth-humans – already at a very early time confused forms of belief developed from this and the Earth-humans regarded the foreigners as higher beings and accordingly worshipped them as gods. These were already the first forms of belief, from which, as a result of false ideas and inevitably resulting fantasies, in the course of time, what came into being as religion arose and has survived until today. The false meaning of the whole was then misunderstood under the name of religion, which was understood as 'regression', which was namely to lead back to the true origin of that, that from it a belief, as well as a worship of those who had travelled far arose and came into being, in the manner that they were considered to be gods.

Billy:

This has been stored resp. eaten into the earthlings in such a manner that it gives them no peace day and night and it still has an effect on them when they are asleep, because the brain never switches off completely, not even at night in deep sleep, as I learned from Sfath. Thus the religious belief is maintained and is constantly present, even in sleep, because the awake part of the brain continues to work, and consequently also the belief and all the evil that it brings with it, such as hatred, murder and manslaughter, racial hatred, war and terror, revenge and

retribution, etc. Everything exactly as it is written in the early 'holy scriptures', the religious books. This has been tried to be trivialised and even erased since the beginning of the 18th century and up to the present time, namely by falsifying the so-called 'Holy Scriptures' even more than their lies and wild fantasies already are.

Bermunda:

This is true, but the religionists and religious believers deny this truth. But with regard to the far-travelled and their worship and belief in them as gods, it was in time no longer avoidable that they were very quickly regarded as all-creating deities, and from this arose forms of belief that steadily deviated more and more from the effective reality and truth. Fantasy ideas were given a place, which were completely separated from all that really was. From this developed just as quickly a primal belief in a divine power attributed to the distant travellers, because the distant travellers were able to do all kinds of things – such as technically conditioned 'miracles' of buildings etc., which were considered as such at that time – because they appeared as such to the Earth-humans, because they themselves were not capable of doing so, just as they also did not have the necessary abilities, knowledge, techniques and apparatus and devices etc. This inevitably led the believing Earth-humans to a thesis which we call a confused 'recollection thesis', because it developed as a delusion which, due to faith, was such that it was assumed that the Earth-human descended from the far-travelled gods at an earlier time as a creation. Thus the senses of Earth-humans took hold of this thesis and, depending on their faith, formed it into what in the course of time resulted in the most diverse religions, as a result of which to this day only a small percentage of Earth-humans still find themselves capable of thinking for themselves and not believing in a god. ...

...

Billy:

... the earthling prefers to believe in his fantasised religions and remains a believer instead of finally giving up his delusion of God and beginning to think for himself, to decide correctly and also to act correctly.

...

Billy:

... those who cannot stand the truth, who do not want to believe it, and instead believe in all kinds of nonsense, such as in a dear God, in Jesus as the alleged Son of God, in Mary and the saints, and so on. But let's leave it at that, because it is still completely pointless to want to talk about it in detail, because it only sharpens swords, which only brings conflict and all the more 'sanctifies' all the tripe sacks of priests, bishops, cardinals and the Pope, because the delusional believers in God take them to their defence all the more.

Florena:

That is indeed so, because believers in religion have the tendency to defend the religious superiors and even to go to their deaths for them, and that in spite of the fact that they are only lied to and deceived by them, without the latter themselves knowing it, because they effectively believe in the nonsense of religion themselves.

Billy:

You are not saying anything new, Florena, because the religious nonsense is so deeply anchored in these airheads that they cannot think at all and cannot even think, consequently their whole brain corresponds to nothing more and nothing less than a nut full of faith, into which nothing more of reality and its truth can penetrate.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_842

Billy:

In this respect, the questions of religions are now also being dealt with publicly, whereby it even happens that hitherto believing Christians take the risk of being frowned upon, namely by insulting their own hitherto practised religion or another. The fact that this has become

ubiquitous is proven by telephone calls explaining to me that the 'shit' no longer works with these persons, because the delusional belief in a God and Saviour or Jesus Christ is nothing but lying and money-grubbing, and they don't want to know anything about it any more. Moreover – and I find this particularly worth mentioning – it is often said that the persons are now better off in every respect since they no longer indulge in the nonsense of faith, think for themselves and begin to realise reality.

...

Juraata:

That must be something special for these Earth-humans – to suddenly be free from the influences of faith, to think for themselves, to decide and act independently without the influences of faith, and without fear that there is a God above them who will punish them for it.

Billy:

You are probably right, because the very fact that people have told me on various occasions that they have become free from faith addiction makes them happy and glad, because now they are really free, and the delusion of God has held them like a slave. The fact that I tell the truth about delusion is viciously reproached and denounced by delusionists as cursing God. But the fact that the callers profess to now be carefree in many things, to be able to think, decide and act freely for themselves without having to fear a God above them and his punishment, has made them a completely new human being with a healthy self-esteem. And when I think of these words, which I have heard several times, I just curse at the delusion of God, but I think that if I am going to curse, then I know what I am talking about and what I am cursing.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_844

Billy:

... I am probably correct in assuming that the religious energies are to blame for the fact that since the last world war everything has been getting more and more out of hand and the overpopulation has increased so rapidly. ... But this goes much further, because the hatred of the earthlings has also increased immensely, as have the wars, intrigues, crime and all other evil, the murders, which are constantly increasing, with the murderers being younger and younger, even children, who kill their own kind. This, as well as, in general, discord and xenophobia, as well as racial hatred and greed for money have become rampant, whereby in the past only thousands of francs or dollars played an important role, but then hundreds of thousands, then quickly millions, which just as quickly became hundreds of millions. Today, it's billions, and in the case of the super-rich, hundreds of billions.

The other day, Michael also asked me what could have caused the blatant change to why today humanity is surrendering to the Earth in degenerate and evil ways and why the world is being completely destroyed. In response, I could only tell him what I know and also think, namely that everything can only be based on the fact that the religious delusion has driven human beings to all evil and to the destruction of the planet, of all ecosystems, of nature and of the fauna and flora, as well as to the serious degenerations of the human beings of the Earth, and which it now continues to drive without hesitation. In this I think that it is not the delusion of God itself, but the religious energies that are released from it and have a malicious-destructive effect on the human beings and impregnate their minds with hatred, revenge, retaliation, xenophobia, racial hatred, enmity, rage and destructive mania and cause them to go berserk. This harmful and destructive religious energy, this delusional energy of faith, also produces a mania for flight, as a result of which many human beings are seized by fear and flee from their home countries, because they are tormented by fear of no longer having a future in their home country and of perishing. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_848

Billy:

Well, the sectarian energies, as Arlion explained to me, have been emanating from the religious delusion of the human beings since time immemorial, and the more human beings populate the Earth and fall prey to and indulge in this delusion of faith, the worse everything becomes. This is because the religious delusion of faith produces hatred, as does everything else that is evil, up to and including revenge and retribution, murder, manslaughter and war, which has been the case since time immemorial and precisely since the religious delusion of faith arose in the Earthling.

The fact that human beings began to believe in a higher might was the result of natural phenomena and the illusions associated with them, which is actually still explicable and understandable. But the fact that the foreigners who came to Earth from the far reaches of space were then idolised as gods by the Earthlings in their ignorance and are still idolised today, albeit modified in terms of religion to a 'dear God' in the main religions, such as in Catholicism, Protestantism and all the thousand-fold Christian sects, is truly only a delusion, but one that has brought disaster upon Earth's humanity to this day. The delusion of religious faith brought forth hatred against those of other faiths – one only has to think of anti-Semitism and hatred against Islam -; violence, capital punishment, revenge, retaliation, murder and manslaughter, war, torture, massacre, destruction, annihilation and extermination have ruled humanity on Earth ever since. There are different definitions of religious hatred, but they all have one thing in common at their core, namely hostility against those of other faiths, although it is consistently claimed by those who hate religion against those of other faiths that this does not correspond to the truth and that they are not haters against those of other faiths. These religion-haters are not only 'simple' believers, but also 'high-ups' and representatives of their religion, as well as religious bodies and institutions, etc., who openly or secretly come out and practice their hatred. The very few who have internalised their hatred and prejudice against those of other faiths are usually aware of the nonsense that those of other faiths espouse within themselves and to the outside world. And all of them find no thought for the fact that those of other faiths are just as delusional and misguided as they are. They may not even have met a human being of a different faith in their everyday lives and know nothing about them and their religious beliefs, and the big problem is that they don't even know why they actually hate and are hostile to human beings of a different faith. And their hatred happens and functions because their consciousness has been indoctrinated by the delusion of the faith of those who have also been indoctrinated delusionally and carry on everything, thus also again hatred, the following revenge and retribution, murder, manslaughter and war, torture, massacre and destruction as well as annihilation and a genocide resp. the complete extermination of a people. The delusional believer builds on ideas about human beings of other faiths, whether they are Christians, Muslims, Buddhists, Hindus or Jews, etc., which of course have different manifestations, but which function in their circle and depend on the behaviour of the human beings of other faiths, consequently their faith projection is the one that corresponds to their delusion. **This leads to the realisation, among other things, that hatred of people of other faiths as a result of religious delusion is nothing other than a certain illusionary perception that expresses itself as hatred towards people of other faiths. Hatred of other believers is directed in word and deed, murder and manslaughter, aggressiveness, torture, massacre and war against peoples of other faiths, their views and ways of life, against groups of fellow human beings or individuals and/or their property, as against religious or other-thinking as well as non-religious communities, establishments and institutions etc.**

Well, I have digressed a little from what I wanted to say: When the sectarian energies that are very detrimental to my work attack me, this also happens to all human beings on Earth, but in such a manner that the majority of human beings are not able to perceive it, because these energies are the ones that determine the delusion of the majority of human beings as delusional believers. This energy works in such a way – as Arlion has found out with his very large group of researchers – in the main form that the delusion of the Earthlings does not diminish, but

steadily increases and becomes more comprehensive, consequently the important self-thinking is put out of function and becomes completely null and void. The result is that the delusion of faith does not die out, but increases more and more and powerfully retains and carries on the sceptre of delusion, consequently the hatred, the conduct of murder, manslaughter and war etc. continues on Earth – until the downfall.

If, however, everything is seen differently and as it really is, then it follows that, in addition to the delusionists, many human beings around the world are also obviously struck and attacked by these energies, and in such a vicious and completely different manner from the delusionists who do not consciously perceive these energies. Arlion, the head of the research crew, explained this in the following manner, which surely every sensible human being can understand if he does not simply refuse to think about it consciously as a result of his delusion: The effect of the sectarian belief energies is simply that those afflicted by them remain 'faithful' to their delusion and reinforce it, but if there is no delusion, or if doubts of belief or simply fallacies of belief occur in the human being, then he is inevitably viciously attacked by the energies and struck by the belief energies which delusionists, as a result of their belief, unconsciously strongly emit resp. radiate. This ensures that hatred, war, murder and manslaughter and all other evil 'thrives' and spreads throughout the world with the ever-growing overpopulation. This is also a leaping part of the whole sectarian delusion, because in the Christian delusion of God, the Bible, it says: "Be fruitful and multiply and be active on Earth, so that there may be many of you", as it is written in Genesis 9:7. And the fact that Earth-humans will have serious problems as a result and will not be able to cope with them is what will inevitably and with absolute certainty happen in the future. Often I am told and asked for advice from all parts of the world because human beings are struck by swinging waves of high frequencies and assume that these are directed specifically against them, thinking that these are emanating from apparatus, etc. The high swinging waves, which have very special frequencies and are in fact sectarian belief energies of the delusional and are unconsciously emitted by them, are defined as torture etc. by the human beings who are affected by them.

...

{Billy:}

... The evil swinging waves of various frequencies, which have a very negative effect on the Earthlings, are as a rule not of a mechanical, electronic, apparatus or otherwise earthly nature, but as a rule energies of a sectarian-believing nature, namely energies which the human being unconsciously generates and emits in his thoughts through his erroneous and confused delusion of God and thus through his delusion of faith of a religious nature and which affects all fellow human beings in one form or another.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Quetzal:

... Our ancestors were never involved in bringing any religions to Earth, just as no buildings etc. were created by them, as the earlier foreigners did on the other hand and elevated themselves above Earth's humanity.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... But what I have to say is that all those in power and many of the people – with a few exceptions of the righteous – are only crying, lying and hypocritical for peace, freely following the lie of the Christian Bible. Already in the books of Moses everything begins with murder, manslaughter, revenge and retaliation, as I can quote this to you from the 'Holy Scriptures' of Christianity, but for that I have to get the Bible out of the bookcase, just a moment. It says, please ... here, ... wait a minute, I'm getting it ... yes, here, there are some things written. For example, in Genesis 21:12, it says: "Whoever strikes a human being so that he dies, he shall

die." Then in Exodus 21:14, "But if any man offend his neighbour, and slay him with guile, thou shalt take him away from mine altar to be put to death." Further at Ex. 21. 15, "Whosoever smiteth father or mother shall surely be put to death." Further at Ex. 21. 16 it says, "Whoever steals a human being, whether he sells him or is found with him, he shall die the death." Then at Ex. 21. 17. it is said, "He that curseth father or mother shall surely die the death." This is actually what the worldwide conduct of humanity was built on, which has continued to this day and has become many times worse with all the development of technology and chemistry. ... Furthermore, it is to be said that the old-fashioned murder and revenge behaviour etc., as it existed in the Bible and thus in Christianity – as well as in other religions – has been preserved until today, because the death penalty and war etc. are still as present as in the old days, when all the criminally criminal nonsense and everything else contemptuous of humanity was raised, written, believed in and from it the Christian faith was formed. Since then, many billions of non-thinking and therefore stupid human beings have become believers in religion, and millions have been tortured, massacred and died innocently 'in the name of God'.

...

... People do not think realistically, but believe the religious lies and deceptions and thus lead a life of stupidity as believers in religion, in fact in the faith of all lying religions.

...

... all religions and their sects correspond to nothing but lies and deceptions, and furthermore there is no God. Nor is the universe 'God', as the majority of scientists claim and believe, and indeed today about 65% of all scientists are believers in God, as Ptaah says, which at the time of Sfath was still over 92%, as he declared at the time.

...

Billy:

... As long as the Earthlings are still religious believers and believe in a 'dear God' and in 'Jesus', in the kingdom of heaven and in hell, there will still be murder and manslaughter on Earth as well as hatred, revenge, retaliation and destruction, annihilation, genocide resp. genocide, racial hatred as well as religious hatred and murders because of it, as well as armies and other murderous organisations, such as NATO and mercenary troops etc. But in this respect I am only talking into the wind with the bulk of earthly humanity resp. its moronic overpopulation.

...

Quetzal:

... only in this process can it be prevented that the 'Teaching of Truth, Teaching of Creation-energy, Teaching of Life' is not falsified and becomes a delusion of faith. This has happened many times since the time of Enoch up to the present day, namely through the fact that through enormous falsifications of the teaching, great religions with unparalleled falsehoods have been produced, whereby Earth-humans on the whole have changed in such a way that their degenerations surpass the natural nature of all species and kinds of predators. This is evidenced by the militaries, which you rightly call 'murderous organisations', which were very early formed by the Earth-humans in a primitive process, and by which battles were waged with very primitive weapons in ghastly slaughters. As a result, already in ancient times, tremendous killings were committed all over the Earth and in many lands ...

...

Billy:

... as long as the religious delusion of faith dominates the believers, the delusion will blaze in the consciousness of the Earthlings that only through military, hatred, fighting and war, through murder, revenge, destruction, retribution and killing of all kinds, etc., peace can be created. ...

...

Billy:

... And as long as religions exist, the delusion of a god or gods – of which Hinduism alone has some 330,000 – a helper in distress, saints, angels, other 'higher figures', or the devil, remains, and as long as there is no peace, for the delusion of god, gods and other high allegedly 'holy' figures etc. alone, creates hatred and revenge, inequality, racial hatred, abuse, hatred of faith and religion, etc., which leads to strife, murder and manslaughter, and persecution and destruction. Since time immemorial, Earthlings have, for the most part, fallen prey to delusional beliefs and gone wild in their thinking, because falsifiers have distorted and ridiculed the teaching and thereby transformed it into a many-faceted fairy tale, which found its way into the minds of Earth-humans all over the Earth and became a delusional belief in a God, gods and other higher beings. The whole act of falsification was irresponsibly – and certainly to the personal advantage of the falsifiers – presented with 'higher beings' invented by their imagination. These were later worshipped by religious delusionists as gods and goddesses etc., as elsewhere but even as evil, as e.g. by the devil worshippers. And when foreigners from the far reaches of the cosmos came to Earth, did 'miraculous things' and also built giant structures, these were also worshipped as gods.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_855

Billy:

... Instead of religiously believing, it would be urgently necessary for the Earthling to learn to cultivate independent thoughts himself instead of believing, neither religiously nor worldly. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_857

Billy:

... what has been so ingrained from time immemorial, such as religions, is something that the Earthlings will not be able to free themselves from so quickly, and consequently hatred, revenge, war and destruction will continue to be rampant on Earth. Since the Earthlings have made gods and religions out of the foreigners and those who have come from far away, and have also sparked religious wars out of them and demanded human sacrifices in their delusion of God, this delusion of religions has remained until today. The majority of the Earth's population is delusional about religion and effectively resists reality and its truth.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_858

Billy:

... It is true that I do not have the right to forbid a human being his/her bad morals and ethics as well as his/her behaviour in this respect and his/her religious or secular faith, so also not the rulers, who are also human beings. However, I have the right to tell every human being in a completely neutral process what is correct and what is wrong, without attacking them with any words and without reproaching them etc. Consequently, I also accept if the human being adheres to a religious or secular faith, because this is and remains his/her personal matter and I do not have to interfere in it. Only then, when the human being in question asks me about it and wants to know what I think about religious and secular faith, am I willing to speak about what is to be said. However, from my side this can only be done in a neutral and non-aggressive process, and especially not in connection with the personal faith of the person in question. So I can also talk to any human being in a completely irrelevant and neutral manner, and this regardless of what view, belief, attitude, way of looking at things or attitude he/she has.

...

Quetzal:

... Also concerning the so-called UFOs resp. their crews, who were also the 'Dagon', the gods they let themselves be idolised as ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_860

Billy:

... The great bulk of Earthlings, as a result of their delusion of faith, is only oriented towards illusory thinking, but not towards the only correct and independent, reality-true and thus true self-determined thinking, without the influence of a faith. Thus the majority of Earthlings believe in 'God', 'higher beings', 'gods', 'angels', 'saints' and other fantasy figures, imaginary ghosts and other nonsense, which does not correspond to reality and its truth. Because of this delusion, the human beings' senses are directed to perceive ghostly things, voices, apparitions, touches, etc., which are not real but self-generated and imagined, but which are then believed to be real.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_861

Billy:

Anyway, then I can ask you something, namely what you think about religious books being burnt out of hatred or something?

Quetzal:

I find that repugnant to all reason.

Billy:

Exactly – not abnormal, but otherwise sick in the head, because what can a religious book do about the fact that it contains something written that is contrary to reality? In addition, I think that a book, no matter what its content is, always explains something about how and what a human being, or in this case the believers in Islam, roll around in their consciousness; faith or not. So I think that the truth can be said about it, but not that a book of faith resp. a book of religion should be burnt. But if it is done anyway, as it is wrongly done for example in Sweden or Denmark, as reported on TV, then it proves the hypocritical inadequacy and intolerance as well as the religious hatred and racial hatred of those persons who do it. These are human beings with no usable minds who not only hate those of other faiths, but would also attack and kill them if they came into conflict with them.

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Responsibility

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_003

Billy:

And since these human beings never want to bear the responsibility for anything and everything themselves because they are perhaps too unknowing or too cowardly, they simply pass it on to something that is supposed to stand above them and direct their destinies. They then call this something God and religion. A simple buffer and ram block, into which one can pound everything; a fantasy picture, onto which one rolls all one's own responsibility.

Semjase:

...

8. It is really as you say:

9. The Earth-humans are not able to bear and recognise their responsibility themselves, although they should do so.

10. So they roll everything off and onto something that they put above themselves in their imagination; things that they simply call religion or God, that are supposed to relieve them of the responsibility.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Asket:

194. Your own will is crucial, because you must be able to answer for your own actions or omissions.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_059

Semjase:

2. Punctuality is very valuable and testifies to responsibility.
3. Unpunctuality testifies to indifference and lack of interest.

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Spiritual Teaching / "Teaching of Truth, Teaching of Creation-energy, Teaching of Life" (General)

see also Explained by the Billy Meier Contacts: Creation

see also Explained by the Billy Meier Contacts: Creation Energy

see also Wise Advice

Discussion Board of FIGU – Announcements

<http://forum.figu.org/us/messages/3163/3163.html?1675796087>

...the Creation-energy teaching, e.g. dealing with ethics, moral, learning, evolution, behaviour, etc., all of which aspects that relate to everyday life and learning, in order to become a true human being.

--The Kerngruppe der 49, SSSC, April 2nd, 2023

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Jmmanuel:

83. And if I speak of my teaching, truly, then I thereby name the teaching of all great ages - the teaching of the spirit and the teaching of the laws and recommendations of Creation - which are eternally imperishable.

84. I learnt it in a similar way to you and furthermore spent long years in the distant land of Kush (*note from Billy: today part of North India*), where I was permitted to experience further learning.

85. So the teaching is indeed preached by me, yet it is truly not originally from me.

...

144. But what I convey and what you will also convey is the truth in the truth.

145. This truth does not represent a path to the truth, rather it is truly the ancient all-primeval truth itself.

146. It can never be changed and always possesses the same values.

147. It is the ultimate, the existing, the timeless and that of the Great Time of all periods and levels.

Eduard:

You mean, according to the understanding of my time, that it is the eternal truth, and indeed in all dimensions of the material and the spiritual?

Jmmanuel:

148. Truly, that is so.

149. In your time, "of The Great Time" will be called eternity.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_007

Semjase:

182. There are unfortunately many things that a human being may only come to know after he/she has become spiritually thinking and the spiritual knowledge and spiritual essence of wisdom have developed into the must-have form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

74. Sense and task of the spiritual teaching therefore are to spread truth, knowledge, essence of wisdom and love.

75. If the teaching fails to do so due to misuse or false interpretation, then it is no longer a help, but instead becomes an evil cult that enslaves the material consciousness through irrational teachings and creates unknowledgeness, as is the case with the irrational teachings of the sects and religions.

76. But if it exercises the function of the consciousness-widening and the spiritual knowledge-widening, then it is a mighty instrument of the creational regulation.

77. The spiritual teaching is about the spreading of the cognition, the truth, the knowledge, the essence of wisdom and the love, the eternal, the immortal, the everlasting that overcomes the death and spreads light, that manifests the equalisedness of the essence of wisdom and the love in itself, the peace that surpasses all understanding.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_014

Billy:

... I have already noticed on several occasions that spiritual truths harmonize, even if they are spoken in other words.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_018

Semjase:

1. Before we discuss other things today, I would like to proceed with the spiritual teaching, as it is the most important thing of all.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_038

Semjase:

35. We can reveal a great deal of knowledge and many secrets, but everything must always be oriented in such a manner that certain values still have to be worked therein worked out through the consciousness work of the individual.

...

38. It is pointless and on the other hand also irresponsible, if from our or from your side the spiritual teaching is transmitted in larger extents, than this can be borne by the individual interested ones.

39. From one treasure of knowledge to another, smaller or larger periods of time must be inserted during which the offered must find its attention and the necessary understanding.

40. Simply to give many explanations and an enormous knowledge that these explanations and knowledge are called is illogical.

41. Everything must bear fruit when something is given before the next seed can be sown.

...

43. Knowledge of things and truth alone is not enough, because the truths and wisdom contained therein and all paths must also be analysed, understood and committed.

44. Thus, both through us and through you, new values of the spiritual teaching can only be revealed from time to time, and only in precisely dosed form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Ptaah:

87. ... many Earth-humans still strive far too little to be able to understand certain knowledge completely.

Billy:

That is also often due to the fact that many human beings are much too overwhelmed with everyday worries.

Ptaah:

88. That may very well be, but still, that does not entitle them to neglect the values of the spirit.
89. In the entire Universe, there are no life-forms that do not have to do any consciousness-related work for their existence; rather, they devote themselves to the valuable teaching of the spirit.

90. **Work and worries are never an excuse for disregarding the given laws and recommendations.**

91. It just concerns a lack of effort because that which is material is considered more important.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_089

Semjase:

31. And let it be said another time that there is only one teaching which is of the value, of the truth and of the truthfulness, namely that which you have learned and spread as the proclaimer of the new times.

32. It alone is the teaching of truth, and it alone leads to the goal of the relative absolute perfection and absoluteness.

33. This one teaching, of equal value throughout all great time, is truth, imperishable and unchangeable, and it alone is the law and recommendation, namely the law and recommendation in the creational, whole universal sense.

34. Thus it reveals [universal consciousness](#).

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_091

Billy:

18. But now I wonder what it must be like, or what happens when a teaching is negative?

Semjase:

...

33. If there is a negative doctrine, then the difference is that there is no self-generated connection to the doctrine disseminator and to his place of residence, but a compulsion that is based on fear and terror, namely that death and corruption arise in one's own body if the false doctrine disseminator is not obeyed in his/her orders.

34. But the same also happens in the case of fanaticism or faith.

35. So you see that the difference lies in the fact that in a true teaching of the truth a voluntary connectedness is produced, whereas in a teaching of the untruth, or simply of the negative, a coercion and an obsession become decisive.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_848

Billy:

The only thing that is important is to bring the 'Teaching of Truth, Teaching of Creation-energy, Teaching of Life' to the human beings of the Earth worldwide, whereby the human being shall become a true human being if he really learns it and makes it his own.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Quetzal:

... only in this process can it be prevented that the 'Teaching of Truth, Teaching of Creation-energy, Teaching of Life' is not falsified and becomes a delusion of faith. This has happened many times since the time of Enoch up to the present day, namely through the fact that through enormous falsifications of the teaching, great religions with unparalleled falsehoods have been produced, whereby Earth-humans on the whole have changed in such a way that their degenerations surpass the natural nature of all species and kinds of predators. This is evidenced by the militaries, which you rightly call 'murderous organisations', which were very early formed by the Earth-humans in a primitive process, and by which battles were waged with

very primitive weapons in ghastly slaughters. As a result, already in ancient times, tremendous killings were committed all over the Earth and in many lands ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_863

Billy:

... And when I thus bring the 'teaching of truth, teaching of Creation-energy, teaching of life', then with absolute certainty those human beings are very grateful when they learn this and can use it for themselves and make their life and existence happy, good and contented, which is after all part of the purpose of the whole. That human beings are then grateful, that is clear and self-evident, but to see something special in me because of this is neither correct, good nor in any other way appropriate, for as is known today, I did not simply receive the 'teaching of truth, teaching of Creation-energy, teaching of life', for every iota of knowledge and ability all the heralds of Nokodemion's teaching have had to work up again and again for 9 billion years, corresponding to the respective time, out of their own Creation-energy within themselves, so I too had to work out the teaching for myself through hard training and learning according to today's value and understanding, just as every other normal human being must also laboriously learn everything himself and keep it in his consciousness for the time of his development for his life. But he can only do this if he keeps on learning and never gives up in this respect. ...

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Stress

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Billy:

Unfortunately, overstraining of any kind is a particularly widespread problem that human beings are no longer able to cope with in the short term or even permanently. They are always entrusted with more major or minor tasks that they are no longer able to cope with.

But what is excessive demand? This is based on a condition when the abilities, capacities, possibilities and resources of a human being are no longer sufficient to master their situations in life and everyday life. As a result, problem solving or overcoming a challenge becomes a factor that can no longer be managed. When human beings are overtaxed, they reach their limits and become incapable of providing the necessary services, whether these are cognitive, psychological or also physical in nature resp. overtaxing.

The symptom of overstrain is overload, which can have similar meanings depending on the context and which also creates psychological pressure, especially when goals are unattainable or expectations are set too high. Overload brings with it the feeling of having to accomplish more than life's energy and strength can provide.

If the human being feels overtaxed, this is associated with a high degree of stress, which reacts immediately in the form of distress, which corresponds to negative stress, or in the form of eustress, which can be regarded as positive stress.

Distress occurs as a great burden that brings with it the feeling and thoughts of not being able to cope with challenges that cannot be overcome despite the greatest effort. There is also simply a lack of the necessary time or skills. Negative stress is usually characterised by the attitude: "I can't do it anyway", because it is precisely this feeling and thought that creates the feeling of being overwhelmed and helpless.

In contrast, eustress [positive or healthful stress] is motivating, which spurs the human being on to particularly good and valuable achievements, consequently they increase their attention and performance, they are intensively occupied and constantly have a lot to do. Consequently, they perceive the whole thing as pleasant and progressive, so they 'fly high' during positive stress.

Thus not all stress is the same, so on the one hand it can be equated with negative excessive demands, but also with positive high performance. Thus stress can be good and helpful when

the human being feels a little stressed, which means that some human beings only achieve their best performance when they feel stressed. Stress only becomes harmful when it leads to emotional overload, that is, when short-term eustress turns into sustained and negative distress. Overstrain is often ignored by human beings, especially when they convince themselves that it is all just a short-lived feeling of sluggishness and the like and do not want to admit to themselves that there is overstrain and that the real reason is that expectations and challenges cannot be corresponded to. The fact that it is actually a weakness in the form of an excessive demand does not want to be acknowledged, which makes the problem even worse. In order to be able to really react correctly to an acute or threatening overload, human beings are urged to pay attention to the symptoms, which are very often signs of overload and mainly the following:

1. Exhaustion, listlessness, inertness, tiredness and frustration.
2. There is an increasing feeling of being under pressure.
3. Making mistakes increases, although efforts are made to the contrary.
4. The limits of performance become smaller and smaller.
5. The private life begins to suffer increasingly.
6. Emergence of anxiety regarding new tasks.
7. Grumpy reactions to everything and anything.

Very often, excessive demands do not arise for no reason, and there is not always just one trigger, because often the cause is an interplay of several factors, such as:

Tasks that pile up more and more, which means that there are more and more burdens that are supposed to be done, but which one can no longer cope with.

The great time pressure, which is constantly growing, creates problems that quickly become the cause of excessive demands and no longer make it possible to switch off. The remaining energy reserves can no longer be replenished.

Overstrain is also often a question of attitude, which is decisive for how the human being perceives and evaluates the situations and challenges that arise. If they are self-confident and assume that the difficulties that arise can be overcome, then they are not overtaxed, but make a conscious effort to overcome everything. If, on the other hand, he/she harbours helpless thoughts and acts accordingly, then the human being's attitude contributes to overburdening and overtaxing. In this case, they do not make life easy for themselves and do not admit to themselves that they are failing and that they are creating the cause for the overload because they lack self-competence. As a result, the human being does not have the ability that his/her position needs and requires, because they have not developed sufficiently to be able to meet the demands of their position.

For the human beings affected by excessive demands, everything has a great failing effect on the state of the psyche, whereby it must be explained that the so-called psyche does not exist and is not an organ of the body, but a forming and constantly changing state of feeling: for example, feeling good, feeling good, feeling open-minded, feeling down, feeling bad, feeling agitated, feeling psychologically ill, etc., which results from the thoughts, feelings, demeanour, character traits and behaviours, etc.

Often self-doubt arises in the human being, whereby he/she then wonders whether they are good or bad as a human being, whereby, however, the human beings around them often equally have some kind of problems, but face these indifferently and simply do not let anything show, and consequently it is assumed that similar challenges are apparently easily dealt with. This is despite the fact that frequent fears of failure and of the future create depressive states just as much as those who succumb to any kind of excessive demands, which in reality occur much more frequently in human beings than is assumed and apparent.

Overstrain is indeed not uncommon and is therefore not an individual fate, because the longer, the more human beings fall prey to the delusion that they cannot hold out and be 'soft'. Every 26th human being even plays sick or simply freaks out in order to no longer have to fulfil

expectations as valuable human beings. In other words: that a large part of humanity is overtaxed to live up to life and society as well as their health in every respect and in all the important demands.

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Swinging Waves

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_077

Ptaah:

26. Not only the treacherous elements in the group and the negative [intelligences of Giza](#) and the group in Brazil drive a malicious play of forces, but also the constellations of the stars and planets assert their influence in the strongest form.

...

34. A particular danger lies with them in their dealings with their means of locomotion, because in this line not only is a negative influence exerted on them by the malignant intelligences and the [constellation swinging waves of the stars](#), but also because they are influenced by the negative utterances of third persons, which are partly life-threatening forms or which at least raise doubts about the truth.

35. These are forms of expressions and assertions which are applied to them, which are able to cause a strong thought contemplation at the wheel [while driving], which can lead to bad accidents.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_091

Semjase:

15. The Cygner represent a human race whose senses are highly sensitised to swinging-waves from outside their own bodies, but only in planetary or ship-internal regions.

16. Thus they are able to receive and analyse swinging-waves of all life forms.

17. And here lies the answer to your question:

18. The Cygner have a form of government on their homeworlds, which your Earth-humans designate as herd instinct, but which is nevertheless led by the strongest of the herd.

19. So this order is a resemblance of a herd order in animals, the strongest of which exercises the position of the leading animal.

20. Since the Cygner had held this form of government since time immemorial, they changed it in the course of the last millennia only to the extent that they replaced the strongest of their kind with the most knowledgeable in spiritual matters, who thus was also the one who emits the highest swinging-waves, which is synonymous with the most powerful swinging-waves.

21. Thus, it is only natural that on foreign worlds, when they visit such worlds intentionally or unintentionally, the Cygner search for their kind and their form of government also for the highest spirit-knowledge-based swinging-waves of this world and, if necessary, turn to it when they need it.

22. And through your spiritual-teaching [a.k.a. Creation-energy] based learning and your knowledge you are the person on the Earth who gives off this highest swinging-wave from himself.

23. This again means for the Cygner that, for them, you are that form of life on this world, in respect of that mentioned, above which no other form of life stands.

24. This alone can be the reason why they try to connect with you.

...

Billy:

15. Nevertheless, there are some things that do not make sense to me, for example, why these twits do not turn to you or to the other groups, because all of you have decidedly several times higher swinging-waves than me.

Semjase:

26. Your thoughts are very logical, but you forget that we have to leave our swinging-waves in our station, or in our ships, to be absorbed by them, in order not to influence the Earth-human beings through them.

Billy:

16. Are those swinging-waves that I know, for example, as sympathy and antipathy?

Semjase:

27. This is only partly correct, because there are other factors contained in it.

28. One of these, for example, is the one who shapes the pros or cons in a life-form when it enters such a swinging-wave.

29. If, for example, a teaching of the truth is spread by a life-form of truth, then its swinging-wave spreads very quickly and very intensely.

30. If now other life-forms find the truth in this teaching themselves, with which they themselves strive for the truth, then they become available for the swinging-wave reception of the swinging-wave of the respective swinging-wave sender.

31. As a result, the swinging-wave receivers calibrate themselves in the subconscious to work out the teaching of the truth in themselves for the best, whereby they automatically create a connection to the disseminator of the teaching and even to his/her place of residence.

...

Billy:

20. But what would happen if you were to fully release your swinging-waves?

Semjase:

36. It would happen that all of the Earth-humans, who would be hit by our swinging-waves, would only orient themselves towards us, whereby they would become completely foreign in their world and would no longer be able to endure.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_092

Semjase:

38. You destroyed your blockade by all your work and your burdens, which you did not realize, because your anger almost made you race and lose all control.

39. As a result, malignant swinging waves penetrated into you, which are directed at you by directional beam devices through the Giza Intelligences.

40. The rupture of the blockade meant that these swinging waves were able to penetrate you unhindered and trigger reactions in you that are dangerous not only for yourself but for all our tasks, because you act so unreasonably and emotionally when these swinging waves hit you that have to work destructively upon you.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_093

Semjase:

25. A quite confused form of thinking, as you can see, but very typical in particular for your wife, but also in general for all her loyal and erroneous ones, some of them born in the same sign of the zodiac [Scorpio] as she, because their forms of thinking are very confused and full of unfulfillable fantasies.

26. This is the rule at any rate, but also the fact that an uncontrolled and unfounded urge for destruction always breaks through, which is unfortunately completely disregarded by your so-called astrologers with such failures, because they proceed from completely wrong basic pre-assumptions concerning **the swinging-wave implications of the stars**, etc.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_097

50. The reason that we cannot connect with you human beings of the Earth in physical form is this:

51. The levels of swinging waves between the human being on the Earth and us are so fundamentally different and pronounced in the forms of the negative and the positive as well as the balanced that this can lead to serious consequences if they touch each other.

52. As a rule, these human swinging waves reach up to 90 meters, which is why it must be ensured that this distance is not broached, i.e. that terrestrial humans do not reach us under this distance mark.

53. Our swinging waves are very highly sensitive, and we ourselves react equally highly sensitively to oscillations that penetrate our oscillation range.

54. In contrast to the terrestrial humans, **we are very high in our consciousness-based overall development, 20-35 million years ahead of the terrestrial humans**, which is why our entire swinging wave system has refined.

55. If the swinging waves of the much less sensitive human being on the Earth were to strike us now, precisely because earthly human, and thus also quite unbalanced and negative swinging waves, would penetrate into the area of our swinging waves, then this would amount to a very strong swinging wave structural agitation, which in reality also embodies it, which would have the consequence that the strong external influence would lead to an instantaneous uncontrollability of all reactions, thoughts and actions in us, which would at the same time trigger uncontrolled feelings of fear.

56. This means that when the swinging waves of an Earth-human meet us, who unfortunately still emits very negative swinging waves today, we would be affected in many respects in momentary speed and start to act uncontrollably, which was also the case with Semjase when she fell in the Centre and suffered the severe injury.

57. As a rule, when we go among terrestrial people, which is very rarely the case, we use a device that protects us from terrestrial human swinging waves.

58. But this was never necessary for you, because you are free of these swinging waves through all your knowledge and equalisedness, according to which it comes very close to ours.

59. In the Center now a certain protective ring, a small protective screen, was established, which keeps away such swinging waves of the terrestrial humans.

60. This protective shield, however, is only of limited strength, so only directly for the Centre itself, but in the lower space still weak radiation from outside can enter if someone goes directly to the entrance or to the outer wall.

61. Now, when Jacobus was at the outer door, his swinging wave penetrated to Semjase and produced in it the fear and uncontrollability I described earlier, which drove her to an uncontrolled action.

62. The consequences of this are known to you.

63. These swinging wave structure agitations, which are dangerous for us, together with our strict directives, are the main reason why we are not allowed to engage in physical contact with terrestrial humans.

64. Even with our telepathic or even only inspirational-impulse-based contacts we have to exercise extreme caution, because thrown back impulse-based swinging waves also have similar effects.

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Thinking / Thoughts

see also Consciousness / Subconscious

see also Psyche

see also Telepathy (see Explained by the Billy Meier Contacts)

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_005

Semjase:

10. It is a somewhat strange story, which will however stir up a lot of dust due to the interest of the human beings, because it sounds too fantastic for all those who have not yet discovered or developed their **spiritual-conscious-based thinking**.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_015

Semjase:

61. ... the mainly superficial impulses gave me erroneous impressions.

Billy:

So by this you mean that these superficial impulses, as you call them, are able to cover up other things when they are still weakly developed? And with other words, this could also mean that these superficial impulses constitute the actual conscious thinking in material-intellectual form, which are able to suppress the spiritual-intellectual forms and make them practically impalpable and unknowable when they are not yet as strong and formed as the material-intellectual form?

Semjase:

62. That is very aptly phrased, which I could not have done better.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Billy:

I am pleased to meet you. (Somewhat silly words, but what else can I say?)

Nera:

1. Your words are good, don't think of them as silly.
2. From my part, I am pleased to welcome you here.

Billy:

Have you groped in my thoughts?

Nera: (laughing)

3. If you mean by that, have I entered into your thoughts, then no.
4. Your thoughts are just extremely strong, as a consequence of which they cannot be ignored.

...

Semjase:

522. In former times visible proofs were necessary for the human beings of the Earth in order to impart certain forms of thought to them.

523. But by these visible proofs they began to believe in miracles, and at other times they went astray.

524. The present time of the Earth has progressed beyond visible evidence, and the path of clear and logical reason and equally clear and logical understanding alone must be followed.

525. Only these values count for the present time, and they are the better evidence than all those which are visible.

526. Today, the power of consciousness, knowledge and wisdom and love are of utmost importance to be able to walk the path of evolution.

527. In Jmmanuel's time, however, it was different, for at that time the knowledge of Earth-humans was in every respect still very much imprisoned in those things which can be recognised by the eye and heard by the ears.

528. At that time this ensured that the human being who saw and heard visible evidence became aware of his power of thought and thereby progressed evolutionarily.

529. Today, however, Earth-humans have emerged from this stage, have acquired greater reason and intellect and have become very conscious of their power of thought.

530. So evolution demands of them that they should also seize these powers and put them to useful use.

531. But this can truly only be done by hard work of consciousness.

532. This means that Earth-humans now live in the evolutionary stage, since they must and can work out knowledge, truth, wisdom and love for themselves through consciousness work, without needing visible or audible proofs.

533. But if a human being demands visible or audible proofs at this time, then it is obvious that in terms of consciousness he/she has not yet fully climbed the level of the new age and in certain things is still a slave to the old time.

534. The present proofs of the earthly Aquarian age are furnished by human reason, intellect and the infallible logic of truth.

535. These, however, Earth-humans with their adaptable form of thinking must recognise for themselves.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Billy:

... I am referring to the fact that the thought powers of every single human being are capable of raising or lowering the life force of others.

Ptaah:

...

63. Since the thinking of a life-form, through the cooperation of the spirit, generates an extremely logical, thus, Creation-based power that is released as high frequency swinging waves and radiations, a tremendous force is thereby generated which is capable of influencing everything.

64. This Creation-based power penetrates into everything, truly into all material life-forms and all matter, in order to influence them according to their type and form.

...

75. Seen as a whole, however, every single life-form is of most important significance, namely in its thinking and in the powers released from it.

76. All thoughts radiate as tremendous forces and encounter the other life-forms, which draw these towards themselves like magnets.

77. Depending on the quality and whether they are negative, positive, or well-balanced, they produce powers of the same kind, with corresponding effects, in the life-forms intercepting them.

78. Positive powers produce positive powers, and accordingly, negative powers produce negative powers, of course.

79. Through the erroneous teachings and other deceptions of the religions, however, the Earth-human, in the main, is able to deploy many powers that destructively influence all life-forms.

80. These destructions are based in the fact that they impair one's age as a result of erroneous teachings and wrong lifestyles, etc., so the average age lowers.

81. The larger the gatherings of human beings are, such as in cities, the lower the average age falls, because exactly at such places, immeasurable thought energies, in terms of wrong lifestyles, are released and unconsciously penetrate into fellow human beings.

82. But also animals and many materials are impaired by these destructive forces of human irrationality and, thus, are left to an early destruction, like iron, for example, which normally never rusts as quickly as what is currently the case on Earth and which only does so because the thought-based and idea-based produced progressions are destroying the atmosphere and environment.

83. The most dangerous storehouses of wrong, humanly produced thought-swinging wave powers, however, are precious metals, precious stones, and crystals, which often accumulate these energies in deadly doses.

84. Thus, an Earth-human may make him/herself guilty in the death of a fellow human being, whether consciously or unconsciously, when they cultivate and maintain thoughts and feelings in a negatively degenerated form and thereby releases uncontrollable, destructive powers.

85. If the Earth-human wants to think and evolve correctly and in accordance with the Creation, then he/she may neither move his/her thought-forms in degenerated negative paths nor in degenerated positive paths, for both are degeneracies that can produce very bad and negative consequences, thus they are contrary to the Creation.

86. Right thinking and evolving express themselves through a well-balanced and neutral wise of thinking and through right actions and right feelings, which then generate and send out identical forces, through which life is produced and maintained, and an evolution that is truly appropriate for Creation is followed.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_055

Billy:

Well, I got you some names like here: [Lord Meru](#)/Ber Meru *{probably Aramu Muru}* in the Andes in Peru, then Lord Kenich-Ahan/[Uxmal](#), Berg *{this German word translates as "Mount" or "Hill"}* near [Merida/Yucatan](#), Royal Teton in Wyoming *{this may be referring to Grand Teton, and possibly a place name/chapter in the book Unveiled Mysteries by "Godfré Ray King" (Guy Warren Ballard)}* and Banff in Canada *{possibly the Banff Formation}*. Do these names mean anything to you?

Semjase:

101. Of course, these are the names of the places of the [great White Brotherhood](#), which fraudulently designates these places as 'spiritual' centres, the first three being physical centres and the last being an ethereal centre.

102. But they are not the only ones, because there are several others.

Billy:

Fine, but what's it all about? You're saying these places are fraudulently referred to as centres?

Semjase:

103. Such centres do not exist anywhere, neither in physical nor in etheric form.

104. These are just fraudulent allegations by power-hungry sectarians.

...

106. These places are not known to me, but it is absolutely impossible for centres to exist in this form.

...

Billy:

Okay, but I was told that good thoughts directed there would be echoed there; how can that be explained?

Semjase:

108. Very simple:

109. When many people concentrate their streams of thoughts on one point, they meet at the target point, form a block, and thus give a perceptible echo to each further force calling that point.

110. So it's just fraud and self-deception through conceit.

Billy:

But Sfath once told me that there were natural centres like this.

Semjase:

111. Sure, namely wherever certain minerals are stored in large quantities and have a concentrating effect.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_059

Semjase:

9. You can still explain the function to me later, but thank my dear friend *{Olga Walder}* very much for this.

10. I embrace her in thought.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_078

Billy:

Of course; and you do not have to mention any names either, because I know exactly what is being said and by whom. Often everything is told to me again and **very often I also pick up uncontrolled thoughts**. But that does not bother me anymore, because I know damn well what I have to do and what it is all about, even if several others still do not seem to know about it and have not become clear about it.

...

Menara:

69. Then, I have finished my mission for this time, on the other hand we have to leave, because as my device transmits to me, **thoughts are directed here**, after which someone will arrive here in the next 2 minutes.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_081

Billy:

72. Yesterday, Semjase, did you think of any of any of us towards the late afternoon?

Semjase:

32. Of course; I was interested in your meeting, which is why I observed you for some time.

33. I could see that you were very absorbed in your response when Elsi joined you.

34. Her thoughts rushed to you, but you did not register them because you were busy elsewhere.

35. So I tried to draw Elsi's attention with an impulse, but apparently I did not succeed.

36. But why do you ask?

Billy:

73. That is why.

74. Elsi caught an impulse that was not from me, so it must have been from you.

Semjase:

37. She often receives impulses from me, because she is very receptive to them.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_087

Semjase:

54. Well, then I would like to send you very dear greetings to all my friends, to whom I often direct my thoughts, but unfortunately there are only very few who are able to catch them in impulsive form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_088

Semjase:

14. This is possible for you through your blockade, through which you are able to prevent the release of your energy and thoughts to the outside world.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_708

Billy:

... It is an undeniable fact that in the majority of human beings on Earth an urge, an impulse and a drive for violence, vengefulness, a desire for revenge and the desire to kill are smouldering deep underground, which can break out at any time when the opportunity presents itself, whereby **even a small uncontrolled thought-emotional impulse can be reason enough for this**. In the external sphere, it is other things that appear as triggers, such as alcohol, an order, drugs, jealousy, enmity, money, possessions, an unkind word, wealth, religious faith, other delusions of faith, music, hatred, envy, greed, sports enthusiasm, quarrels, bad moods and much more.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_834

Billy:

... human beings do not know that thoughts and words in any case set off swinging waves and influence other human beings. But this is generally the case, and therefore the attitude of human beings – apart from weapons – also creates swinging waves and causes much enmity, mischief, faith, greed, hatred, murder, revenge and retaliation, as well as destruction.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Billy:

... If anxiety, fear, fearfulness, worry, restlessness, or, as they also say, aftershocks, etc. arise in the human being, then this is because he/she creates a state in themselves through their thoughts and feelings, which is called a bad or stricken mental state. So let it be stated again in this respect that the human being creates this state himself/herself, and that there is really no factor that is somehow present in the form of an organ peculiar to human beings or the like. And let it be repeated again: In truth, in the human being – as in all living beings – there is no factor in the form of a psyche organ, but this is solely a state that is formed by the human being through his/her thoughts, feelings and observing and perceiving and registering as well as the resulting behaviour.

...

Ptaah:

To only consume knowledge is not the way of real learning, but the way of faith, consequently every Earth-human has to stimulate his/her own thoughts in order to get on with what is given or has been given.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... But the majority of Earthlings, in their non-thinking – which is effectively nothing but sheer stupidity – live in completely wrong behaviour. Consequently, the non-thinking human being is only a hypocritical human being, just like the believer and the opinionated. These Earthlings lead a life without any actual valuable meaning, whereby in their doubtful half-awake state they have an unconsciously effective sleep disorder, which creates for them imaginations and false memories, etc., with which they live believingly into the day and are dissatisfied.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_857

Billy:

... one can only recognise reality and its truth if one can recognise and understand what one sees, hears and otherwise perceives in some way as reality and truth only if one effectively really and truly cultivates one's own thoughts, thoroughly analyses everything and investigates everything in great detail. But this is not possible if the human being believes – religiously or secularly – and consequently only an illusory thinking is possible, into which faith constantly sparks and makes it impossible to perceive and recognise reality and its truth.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_864

Quetzal:

As usual, there is nothing to hide from you. – How do you actually manage that you can often predict what is behind what is said? I have often noticed that you know what is being thought without me saying it. How can you do that?

Billy:

You really want to know?

Quetzal:

Yes – is it mind reading then?

Billy:

No, I don't do that in principle, because they say 'thoughts are free and personal', but it doesn't justify, in my opinion, unconsciously intruding into the thought-world of fellow human beings without permission, and not even when there is an acquired ability to do so. Thoughts – whether good or bad – are personal property, and this should not be violated or stolen, just as tangible property should not be. However, if I now know what wants to be spoken, then this is only based on close observation of the facial expressions of the person speaking, but nothing more.

Quetzal:

But this requires an ability, which I, however, do not possess on my part.

Billy:

It just has to be learned, and very intensively, over many years. There is really no other way. ...

...

{Billy (1940s):}

Feelings and the resulting emotions are universally given as the product of preceding thoughts in every life-form that somehow has a thinking, whereby it is completely irrelevant how this thinking takes place. Emotions are also formed from feelings, which is particularly evident in human beings, animals and creatures because they are capable of thinking, for thinking alone makes it possible for feelings to arise from it. ... Beings, mainly the human being – but also animals and creatures – develop emotions from feelings, which, in addition to behaviour, also control the body to certain reactions, as well as the interaction with its own kind and all other life-forms of every species and kind, but also with a thousand different things and objects as well as situations of life and existence, the whole of nature, the planet and all ecosystems. If the human being is analysed in terms of his thinking and the feelings that arise from it, then emotions arise from it and from these in turn decisions arise that determine the behaviour and thus also the life of the human being.

Depending on the good or bad nature of the feelings that arise and the emotions that result from them, action and thus in turn life is either worth living or detrimental to life. In any case, thoughts always precede everything; they form the central component for logic, understanding and reason, and according to them feelings and from them emotions and decisions as well as behaviour and action arise. But thoughts and the feelings that arise from them, as well as the emotions that arise from them, are much more: namely, powerful evaluation systems that allow human beings to automatically assess many situations correctly – if their thoughts correspond to correctness – so that they can react quickly and also correctly.

Feeling, i.e. what human beings consciously experience as fear, freedom, joy, sadness, failure and anger, is basically only the well-known tip of the iceberg of all that results from it. Exactly as in the case of a huge floating iceberg, where 9/10 of its volume is hidden in the water beneath it, also in the case of thoughts, feelings and the emotional processes arising from them, a great deal remains hidden, incomprehensible and unnoticeable to human beings, but only because, as a rule, belief-related factors play into the whole thing in a way that is subterranean and absolutely imperceptible to them.

...

Thoughts create a complex state of feelings, as well as a conscious subjective experience, which also triggers physical processes and behavioural impulses that then play an important role. ...

...

How exactly and precisely the individual components of the emotional processes are connected is given by the feelings, because of course the thoughts must precede them first, which are fundamentally the factors that ultimately cause everything. Consequently, without thoughts there are no feelings, just as without feelings there can be no emotions and from these in turn no impulses, actions and behaviour can arise. Certain areas of the brain are involved in everything,

generating and controlling neurobiological processes, although emotions are so complex and multifaceted that they can hardly be generated in a controlled manner. In addition, not every human being reacts in the same way to certain situations, which in itself creates a wide variety of problems in being able to classify emotions into a certain scheme. It is difficult for human beings alone, as those affected by emotions, to be able to perceive them as a whole, because they are already unable to define their feelings, and they are also unable to comprehend the origin of them, namely their thoughts that precede everything. For this reason, the human being often perceives the whole process only very diffusely. This is especially the case when the feelings go uncontrollably 'crazy' and no clear and striking insights are possible any more, because they are no longer perceived correctly and are just diffuse. Feelings and emotions arising from them do bring variety into life, and every human being actually knows what thoughts and emotions arising from them are, but as a rule these cannot be defined as what they actually are in terms of their values and in terms of their effects. It is also not understood that emotions do not arise and manifest themselves before feelings, but that it is exactly the other way round, namely that certain feelings are first created out of certain thoughts, and only from these do the emotions then develop.

Feelings and the resulting emotions are not always good and beautiful, positive and peaceful, but also bad, negative and even deadly. But if the human being tries to lead life without thoughts, feelings and emotions in a strictly objective and rational way, he will never succeed, because without thoughts, without feelings and emotions he could not live and would be as good as a dead living being. The human being would be an illusory being without compassion, and his existence would be only an illusory human being and as empty, as it would also be completely meaningless. Practically everything that makes him unique as a person would also be lost, as in the fact that his personal life story would also be null and void. The person's own emotionality, based on feelings, is a decisive and special part of the human personality, because the strong feelings and the resulting emotions have not only shaped the actions and activities of the human being in question in the past, but they also have an effect as special episodes at present and in the future, and constantly shape and change the inner identity of the human being. This is, so to speak, a personal experience that shows that the human being really does change in the course of his or her life – which may be for the good or the bad, depending on how the human being aligns himself or herself. Depending on this and on the events that occur, they are stored only faintly or particularly deeply in the memory.

Emotions often enjoy a very bad reputation, especially when and by human beings who lead a negative life and consequently have unpleasant and otherwise bad thoughts. If, on the other hand, they had sensible and good thoughts, cultivated them and were able to weigh them up in the same way and did not make decisions irrationally and unpredictably, then they would be good and sensible people. It is undeniable that, for example, quarrelling often leads to no solution of problems, just as learned things are not brought to bear. On the other hand, however, emotions, if they can develop in a correct way, bring about a valuable evolution in the course of time, which develops in a high-quality way. This is essential for human beings to be able to make correct decisions at all and to react to their environment in an appropriately wise manner. Correctly and thus reasonably considered, thoughts, feelings and the resulting emotions are never a luxury, but are a complex system of aids in the life of human beings and their existence.

The evolution of the human being has produced values that are essential for survival through his thoughts, feelings and the resulting emotions, such as a mentally lightning-fast and generally comprehensive evaluation system, as a result of which everything can be grasped and evaluated that falls within the range of the grasping capacity of the human being – as of all living beings in general. This system is genetically given and, with its further development, is therefore also hereditary in this way, as it also ensures that these feelings arising from the thoughts and these in turn produce the emotions, which then control the actions and behaviour of the human

beings, and indeed, depending on the nature of the same, pleasant or unpleasant. If something seems disgusting, ugly or simply repulsive, then the already repulsive feelings will lead to the likewise repulsive emotions. If, however, the feelings of freedom, happiness, joy, love and peace motivate the human being, then the emotions form accordingly and show the human being that it is worthwhile to use one's energy, strength and time to nurture and cultivate good and positive thoughts in order to thereby also create good and positive feelings, from which in turn good and positive emotions form. Human beings, however, who already have bad and negative thoughts and create corresponding feelings and emotions of the same kind, should not be surprised if their lives and existence take a bad turn or even sink into depression.

If bad and believing thoughts also create corresponding feelings, then the cerebral cortex is also damaged, resp. important parts of the cortex, namely because the processing of emotions is carried out badly. Bad, dependent and especially faith-based thoughts give rise to just such feelings, which in turn give rise to similar emotions. However, these are a powerful system for evaluating situations and initiating actions and behaviour. And they are always very quick in their action, so that the emotional reaction often takes place before the human being is even aware of the matter and situation. This is to say nothing of even thinking about it. This is because the emotional circuits in the limbic system are able to prepare an initial assessment and evaluation of what is coming, even before the comparatively slow-working higher cortex areas in the feelings arise, which spread and volve into the emotions that form from them.

The feelings are very important and promote the human beings' emotions from them – whereby the processes prove to be somewhat different from correctness than science claims – and they also show what moves and guides the human beings in life. Unfortunately, it often happens that it is particularly difficult and troublesome when the world of thoughts is full of negativity and consequently negative thoughts create bad and even evil feelings, such as fear and hatred, as well as enmity, anger, forlornness, annoyance or shame, etc., and thus factors that are not or only very difficult to control, but often not at all. This is especially the case when the human being is treated unfairly or feels this way, but also when something is embarrassing to him, such as a reprimand and the like, or a stupid answer, accusation, allegation, and so on. Very often, human beings do not know how to react to such stupid statements or stupid accusations, etc., so they become embarrassed, ashamed or angry.

Thoughts, the feelings that arise from them, as well as the emotions that inevitably arise from them again, are very important instruments for communication, and emotions in particular have a central function for social interaction. A large part of human communication takes place – even if often only unconsciously – through the transmission of emotions with regard to the expressive component – i.e. through facial expressions and gestures resp. body language and tone of voice. In this way, the human being can adjust to his or her counterpart before the latter is able to express his or her concerns in words. On the other hand, even in large gatherings of people, people are able to perceive at lightning speed where important things are happening and whether it is worthwhile to participate or to keep away because danger may be imminent. ...

The human capacity for thought and self-overestimation and self-exaltation influence all actions and behaviour and, in general, all cognitive processes of the majority of the earth's population. This also affects all bodily functions, mainly heart rate, blood pressure and sweating, which are controlled by the vegetative resp. autonomic nervous system and hormones. Finally, through thoughts, their feelings and the emotions that arise from them, facial expressions, gestures, as well as the sound of the voice, but also the actions and behaviour of human beings, whereby the emotions inevitably find a way out, especially through speech, action and behaviour, and make themselves audible through the voice and visible as a result of facial expressions and gestures, manifesting through action and behaviour.

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Truth

see also Lies

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_1

Asket:

32. The eternal truth always remains the eternal truth, even if, as stipulated by language development, it must be brought again and again with new words and terms.

...

41. The truth is never subject to changes and innovations, because it is constantly in the absolute of all times and all spaces.

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

{Billy:}

The human is still not capable of coping with, and fully understanding, the truth.

And he is not yet mature enough to know his future and to approach it correctly.

For that reason the truth must be rewritten prophetically for him, as in equations, in order to make him think independently, whereby he slowly finds and recognises the truth himself.

For that reason the human must be spoken to in prophecies and parables and also, for that reason, the events of the future must be explained to him in veiled form. Everything must be explained and be presented in a rewritten form, whereby the human is stirred to thought and begins to search.

Only through his research does he find possibilities of an interpretation and, in that way, slowly recognises the truth.

...

Jmmanuel:

56. The truth is more important than the transient pain of the body.

57. This can be tortured and destroyed, but the truth and the spirit can never be killed.

...

Jmmanuel:

136. Yet this has become unavoidable for the path of development, because **the human of this Earth must first go into error in order to find the truth.**

...

139. Truly, that is what I said, because every human who knows the truth will call me by my correct name, because, for him, the truth signifies life and knowledge.

...

144. But what I convey and what you will also convey is the truth in the truth.

145. This truth does not represent a path to the truth, rather it is truly the ancient all-primeval truth itself.

146. It can never be changed and always possesses the same values.

147. It is the ultimate, the existing, the timeless and that of the Great Time of all periods and levels.

...

Jmmanuel:

249. But the truth will always have to be fought for.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_002

Semjase:

67. ... for the Earth-human can only be convinced of the truth with great difficulty.

68. Their consciousness-based intellect is too low for that.

69. One day, they will have to find the truth themselves, and only then will they take it in as knowledge.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_005

Billy:

Of course, because the truth can only be said in hard words, as diplomacy would be pure lie and would trivialise everything.

Semjase:

20. Of course, you just have to ensure that you can make that understandable to the human beings.

21. They have indeed already been weakened too much and become addicted to unreality, to still be able to recognise and digest honest undiplomacy as truth.

22. They have become weak and stunted in the thinking, acting and speaking, so that they rebel and defend themselves against everything that sounds like hard truth.

23. But the truth can only be spread through firmness, just as peace can only be enforced through naked geweldsame Gewaltlosigkeit.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_009

Semjase:

78. ... the truth, the knowledge and the essence of wisdom are throughout all times never subject to a wavering and, therefore, always sound the same.

...

82. The truth always remains the same for all times, hence it always sounds identical even throughout millions of years, despite being told in other words.

83. The sense remains the same.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

53. S/he should multiply his/her search for truth, and accordingly s/he will know about the power of the essence of wisdom.

54. Cognition of the truth brings liberation from all restrictions.

55. It brings boundless knowledge and essence of wisdom.

...

60. A human being is no real human being until s/he has recognised and created the truth, the knowledge and the essence of wisdom, even if s/he does not use the word Creation, since essence of wisdom is also love in best form.

...

65. But first, the human being will learn the truth and will therethrough attain freedom and peace, a peace that is immortal, a power without end.

...

137. The human being is able to free him/herself from all unknowledge, if he/she is willing to accept the truth.

...

208. Only that which is true, and which will remain truth, can be regarded as truth; something on which one can rely in eternal times and which is never and under no circumstances ever in need of revision.

209. Truth never has to be adapted to another and a new time, because it is permanent for all times.

210. It is eternally remaining the same and always sounds the same, even if it is spoken in other words.

211. It is the rock upon which one can build in eternal times and in all spaces.

212. The truth was before the life, and the truth is also after it.

213. What only has a short-term continuance is a danger, a bad deception, an irrational teaching.

214. Creation and truth are always the same, today and tomorrow, they are always remaining the same and of eternally equal value.

215. They do not change, neither by name nor by form, as the Creation and the truth are nameless and formless.

216. So the human being is to hold fast onto the creation, since this alone is the truth.

217. The truth is that which is immortal, like the Creation as such, it is that which is eternal in time, that which is relatively absolutely fully developed, that which is worth all energies and the total investment of will by the human being, because with it the human being does not fall prey to any deception.

218. Hence, s/he is to hold fast onto the truth and is to become unshakable in always equally lasting stillness, joy, knowledge, love, strength and essence of wisdom in all things.

219. The creation alone is endless essence of wisdom and endless truth, with which not one iota of erroneous assumption is possible.

...

234. For the true Creation-thinking human being, the time is not someday, but always in the immediate present.

235. For him/her, it is not necessary to see physically to see the truth.

236. S/he begins to search in him/herself, and the truth becomes ever more real to him/her, because for his/her material consciousness his/her spirit is after all the all-seeing presence.

...

265. When essence of wisdom and truth dawn in the human being and his/her consciousness-based as well as spiritual knowledge increases, when universal love leads him/her and his/her life becomes prosperousness for him/her and others, then the cognition of the truth has matured in him/her.

...

269. If the human being loves the truth, then s/he loves that which is relatively absolutely fully developed and wonderful and manifests the spiritual realm in itself, because it is also the way to the realm of the essence of wisdom.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_011

Semjase:

123. The direct display of the truth supersedes all useless objections; the realisation of the truth makes everything down to the finest detail clear and self-explanatory.

...

131. The core of the truth does not belong to an individual human being alone because the truth forms BEING and life of everything that exists at all.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_014

Semjase:

62. We are aware of the fact that only truth can be useful, and that is exactly what no one should be allowed to experience as false.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_015

Semjase:

30. In the first place, however, I have to approach all things from a very objective side, without feelings, because that alone guarantees the finding of the truth.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_020

Semjase:

34. Facts of truth are important, and that they are called by name.

...

36. The truth can only be represented by clear facts, but not by paraphrases and adornment.
37. Such a form would be doomed to failure from the very beginning, which many truth bringer had to experience before you {Billy}.

38. Their paraphrases and adornments aroused false impressions and resulted in everything being misrepresented and misinterpreted and expediently disseminated, leading to new false doctrines.

...

52. The truth is hard and can never be presented in words of gentleness ...

...

54. The truth is never welcome and is therefore met with hostility.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_023

Semjase:

71. The truth always sounds hard, and nowhere does it like to be heard.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_024

Semjase:

59. All truth and all knowledge have been transmitted up to the present time and have remained constant even when they have been forgotten, falsified, despised and slandered by mankind on Earth.

60. And since truth, knowledge, wisdom and love and all power of the spirit, etc. are unchangeable and constant, also in the present time of the present, so it must be grasped and continued there.

61. In other words this means that truth, knowledge, wisdom and love etc. simply have to be brought together again; they have to be collected and put together again.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Asket:

189. ... the truth can never be disseminated by force.

...

Ptaah:

1142. Honest and truthful words always sound harsh, and they cannot be paraphrased in any form.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_033

Semjase:

82. ... for the truth can never be concealed – and always comes to light again.

83. For many, however, as insane as it may sound, these unfair machinations mean a path of evolution through which they can work their way to the truth.

84. The paths to commit to the truth are very difficult and very diverse.

85. So if humans are religiously biased, they have to struggle their way through such a religious path to bring themselves to certain activities, in order to gain the necessary knowledge at the appropriate time and to recognise their previously wrong behaviours and thinking.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_036

Ptaah:

19. By his {Hans Jacob's} manifestly wrong behaviour with regard to the negation of the hard-sounding language of truth, it follows that he cannot bear the truth if it is not described and misused in a diplomatic form, which, however, truly does not lie in the sense of truth.

...

23. If he once tries to find old works, he will be astonished to discover that the language of truth has always been very hard and could never be paraphrased.

24. But where this was attempted, the truth was falsified and changed beyond recognition, whereby the real meaning of what was said was lost.

...

27. It must finally become clear to him that through the hard language of truth only those Earth-humans are addressed who in their development of consciousness and spirit have already gone beyond the usual predominant norm and recognise the truth in this form.

28. Thus only life-forms are addressed by the hard language of truth, which have recognised or at least suspect the real truth.

29. But humans, who take offence at this hard language, are not yet ready for the truth and not yet free enough because they do not even suspect it and are trapped in cultic religions and in a deviant and unreal mysticism.

30. Therefore, let everyone recognise it himself/herself; if he/she endures the hard and undiplomatic language of truth and recognises its value, then he/she is on the true path of evolution, but if he/she does not tolerate it and is disturbed by it, then he/she is not yet capable of high spiritual teaching and effective truth.

...

35. It is in no wise as he writes, that the purpose is fulfilled if a language is adapted to the circumstances in such a manner that it leads to the best possible success in achieving the goal.

36. This means that the path of least resistance should simply be taken.

37. But precisely this form is unviable, and precisely by following this path the truth can only penetrate very laboriously.

...

75. I already explained that the truth sounds very hard, and I now explain that it cannot be clothed in emotions.

...

119. ... the language of truth always works very hard and can never be offered in diplomatic form.

120. The teaching of the spirit demands a completely different language than is usual in everyday life.

...

124. The language of truth is hard only because it is the language of truth.

125. But the truth again sounds hard to the Earth-human only because he/she perceives it as annoying, as insulting and intervening in his/her own personality.

126. Further, the language of the truth also sounds hard to him/her because its form openly exposes to him/her the mistakes he/she has committed and has not yet rectified.

127. It is precisely in this that the Earth-human finds an injustice, presumption and loudness, as Mr. Jacob calls it, because he is of the opinion that, on the one hand, a form outside his own personality has no justification whatsoever for making his mistakes apparent to him, but on the other hand, the factor that the Earth-human makes himself/herself arrogant in this form and is guilty of the erroneous opinion that he/she is not guilty of any mistake, also plays a role.

128. He/she just wants to be faultless, and thus deceives himself/herself.

129. That is the manner of thinking of the Earth-human in this regard.

130. In his diplomatic form of speech Mr. Jacob may, at his own discretion, communicate religiously, professionally and humanly-socially with his fellow human beings with whom he must maintain contact.

131. This is the language of your worldly-material and religious life.

132. This language, however, is unclear, confused, feigned and dishonest, since in most cases it serves only to gain an advantage in religious, professional or purely material terms.

133. Mr. Jacob calls this diplomacy and does not consider that this very form of language is one of the greatest evils of the Earth-human, which again and again leads to deadly misunderstandings and plunges your world into devastating wars.

134. Diplomacy is to be equated with lies and deception, because in this linguistic form the effective facts are described, changed and falsified and never those hard words are used which absolutely unambiguously and unquestionably call the facts in their full sense.

135. But precisely this must not and never be the case in the proclamation of the truth, for the truth is not lies and deception, but the reality of the creational laws and recommendations as a whole.

136. But these can never be described in diplomatic form, for even the smallest of them would change the meaning.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_038

Semjase:

12. But as long as assumptions and possibilities are not proven to be facts, I cannot tell you them as truth.

...

Semjase:

53. Truth can often sound kind.

Billy:

Of course, and it is the joy of it that this form is able to neutralise everything that causes pain by the hard truth ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Ptaah:

74. But the more the Earth-human turns to the real truth and, with this, also towards evolution in all areas, and so also in reference to life extension, the more his/her average age of life rises again.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_044

Semjase:

43. The Earth-human does not generally like to speak the truth with open words.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_832

Billy:

... wealth is not to be earned with the truth and the teachings.

But it is unfortunately the case that nowadays everything costs a lot of money, and printing and spreading the truth and sending the corresponding books and teaching letters/lessons and writings, etc. costs a lot of money, consequently, unfortunately, this kind of money is necessary, but that does not mean to make a profit.

...

Just as lies of all kinds cover up a truth, lies are more powerful than the effective truth.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_835

Ptaah:

It is not possible to argue about this with rational thinkers; consequently, only sham thinkers foolishly and simple-mindedly try to come up with an opinion to dispute this.

Billy:

Unfortunately, this kind of thing is common among earthlings, with so-called scholars in particular claiming to know everything or to know better than reality and whose truth reveals effective reality.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_840

Neefos:

But what does that word you used otherwise, the 'tacheles', mean?

Billy:

It means plain speaking, actually, saying without long palaver what is necessary truth and purpose and aim and without consideration. Mostly this is done by shouting, because the earthling gets excited quickly when he/she speaks plainly and expresses openly and frankly what is to be said or shouted. Saying usually turns into shouting when the other party is not reasonable and simply refuses to accept the truth. That's why talking plainly often leads to quarrels and even murder and manslaughter.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_845

Billy:

The truth is able to become known to all human beings in some process, if they only want it, but the best process is to bring it to them through words of truth, as I am doing. In this wise, therefore, truth can have an effect on learning, regardless of age and sex, so that human beings, if they really want to, can take it up, learn it and make it their own. Truth is important for all generations, for the old and the young, and can be learned through one's own thoughts, correct reflections and insights. There are absolutely no differences or challenges that the logic, intellect and reason of those human beings who honestly, justly, willingly and endeavouring seek effective truth cannot meet. Truth itself is the care for the human being to be well and to live a good and right life, for effective truth is all-encompassing, immeasurable and effective, and it has nothing to do with status, spiritualistic nonsense, devil worship and the like, nor with religion and religious or worldly belief, with other unreal and unreal things, with a particular profession, with being rich or poor, with a specially acquired skill or with a particular achievement, etc. Truth is also a form of love, which every human being needs if he/she wants to live and exist according to this effective truth and life itself.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_857

Billy:

... one can only recognise reality and its truth if one can recognise and understand what one sees, hears and otherwise perceives in some way as reality and truth only if one effectively really and truly cultivates one's own thoughts, thoroughly analyses everything and investigates everything in great detail. But this is not possible if the human being believes – religiously or secularly – and consequently only an illusory thinking is possible, into which faith constantly sparks and makes it impossible to perceive and recognise reality and its truth.

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Wisdom

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

34. Essence of wisdom is an ur-kind, immense might.

35. Essence of wisdom is light.

36. And wherever light lights up, darkness and unknowledgeness disappear.

37. Unknowledgeness, however, is the real darkness, and this one is overcome by the light of the wisdom.

38. Essence of wisdom is a characteristic of the existence of the spirit and the consciousness and carries within itself the qualities of the happiness, the truth, the knowledge, the equalisedness, the beauty, the harmony and the peace.

39. Essence of wisdom is light.

40. But essence of wisdom is also the characteristic of a human being who has recognised the existence of his or her spirit and of the material consciousness and who works with it based on the laws of the Creation.

41. Essence of wisdom is consciousness-unfolding as well as use of consciousness-power and use of spiritual power.

42. Essence of wisdom and spirit as well as consciousness and truth are each two things that constitute one, just as the sunlight and the Sun are two things.

...

48. The spiritual power is as vital and dynamic as the consciousness-power, and indeed to the extent that these manifest the essence of wisdom in themselves.

...

53. S/he should multiply his/her search for truth, and accordingly s/he will know about the power of the essence of wisdom.

...

56. Essence of wisdom is a powerful means to recognise the laws of the Creation.

57. A human being who is filled with love is also rich in essence of wisdom, and a human being who is rich in essence of wisdom is also full of love.

...

60. A human being is no real human being until s/he has recognised and created the truth, the knowledge and the essence of wisdom, even if s/he does not use the word Creation, since essence of wisdom is also love in best form.

61. Thus, s/he always finds that enlightenment and recognition are knowledge and also essence of wisdom and love, and where there is love there is also essence of wisdom.

62. Love and essence of wisdom belong together, because the Creation and the laws of Creation are love and essence of wisdom at the same time.

...

66. Essence of wisdom and love are the two animating wings of the creational inner nature and character.

67. With wisdom and love, the human being is master for all creation.

68. Essence of wisdom and love increase his/her dedication to the fulfilment of the given creational-natural laws, because spirit and Creation are one.

...

151. A wise one full of consciousness sees, what will happen in the most distant future, perhaps not until thousands of millions of years later, and s/he has the entire past of the life-forms and the humanity in front of his/her eyes.

152. Greatest knowledge is thus added to him/her.

153. But how is that feasible?

154. Such a human being provides the necessary prerequisites for this in his/her inner being, in the spirit.

...

267. The Creation is present in spiritual love and essence of wisdom.

...

269. If the human being loves the truth, then s/he loves that which is relatively absolutely fully developed and wonderful and manifests the spiritual realm in itself, because it is also the way to the realm of the essence of wisdom.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_024

Semjase:

59. All truth and all knowledge have been transmitted up to the present time and have remained constant even when they have been forgotten, falsified, despised and slandered by mankind on Earth.

60. And since truth, knowledge, wisdom and love and all power of the spirit, etc. are unchangeable and constant, also in the present time of the present, so it must be grasped and continued there.

61. In other words this means that truth, knowledge, wisdom and love etc. simply have to be brought together again; they have to be collected and put together again.

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Wise Advice

https://www.futureofmankind.co.uk/Billy_Meier/Asket%27s_Explanations_%E2%80%93_Part_6

Jmmanuel:

22. Life demands all sorts of things, as you say.

23. But we must tread our path and traverse it in honour and in fulfilment of the laws.

24. As I will tread my path, so will you also tread yours, and in the same way every human will always have his own path to traverse.

...

65. The coming event, which is chosen for me, as a martyr, will also change nothing in regard to that.

66. The event contains only bodily pains, but they will be lost on the wind through the power of the spirit and my thinking and knowledge as well as my wisdom and love.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_010

Semjase:

92. But to become such a human being in prosperousness, one must seek and find the truth, create knowledge from it, wisdom and love; because the human being is only able to grow spiritually and consciousness-based through truth, knowledge, essence of wisdom and love, where through s/he is liberated from all human weaknesses.

93. S/he is no earlier enlightened and completely liberated than when s/he remains constantly and continuously in thought in the unending creational-spiritual reality.

94. The spiritual intelligence is enlightened by law-based spiritual principles and is directed toward the creational inner core nature, the absolutely full development, and the power of the creational itself.

95. This is in contrast to the human intelligence, because the human material consciousness is generally concerned only with individual things of the material world.

96. But this has the consequence that the human being is constrained and hindered in every direction, indeed even captured, oppressed, plagued, and tortured by all possible forms of mishappening, weaknesses, and enslavements of all kinds.

97. Hence, a self-analysis of the individual human being is one of the most essential methods for finding the truth and for going the way of the consciousness-based and spiritual evolution.

98. Thus, it is necessary that the human being continuously checks his/her thoughts and sees what kind they really are.

99. S/he has to make sure that s/he is ultimately always guided, led and destined by creational-philosophical principles and realities, by creational-natural laws.

100. In the human being the constant conscious feeling should reign, that s/he belongs to the creational, with his/her actual spiritual breath, his/her actual spiritual BEING.

101. Consciousness-based it shall be clear to him/her that his/her actual spiritual BEING is inseparably one with the creational, so as to overcome the material outer world in this consciousness.

102. This creational-philosophical truth and cognition should always, first and foremost, control the human thinking, feeling, and acting.

103. Because only the one who is one with the spirit can in the long run recognise and also do good, because s/he has the capabilities of the Creation in him/herself.

104. Nothing negative in the unending universe can affect and enslave him/her anymore.

105. Besides this creational-philosophical consciousness there is still the practical, dynamic, creational one; that is, the mystical consciousness, which consists of the perception of the one reality in all things.

106. May the human being therefore be a practical philosopher and mystic and perceive the reality in the changeable passing forms.

107. After all, what is a human being?

108. S/he is only a figure and a name.

109. If one takes away the name and the figure, what is still left of him/her?

110. There remains the fundamental essence, the existence – the spirit and the overall consciousness-block.

111. That human being who overlooks this, is pushed away and around by the slightest breeze of the wind, instable, without hope of rescue and always striving to still find a firm hold somewhere, which, however, will never offer itself to him or her unless s/he seeks and finds the fundamental truth.

...

117. The human being, who truthfully lives in accordance with the spiritual laws of the Creation, sees and recognises the creational all around in every life-form, in every thing, in every thought and action, in every human being, in all the activity of the nature and also in all imaginable circumstances and occurrences.

...

121. The human being who follows the laws of the Creation becomes the most prosperous and fearless creature.

122. His/her will is insurmountable, his/her dedication unmeasurable and endless, and his/her essence of wisdom and his/her love permanent and absolutely fully developed, not capricious and not full of doubts like generally those of the ones who are dependent on religion and of those who are otherwise led into the unreal.

123. His/her sense resembles the vast, endless ocean and does not allow to be taken out of his/her stillness.

124. S/he does not tremble out of anxiety.

125. May s/he therefore unfold his/her spiritual sense, which is no longer reached by any perverted negative power.

126. The sense, which no longer grants shelter to any negatively perverted thought and also pushes away all positively perverted thoughts and actions.

127. Only an equalised sense which is rooted in the creational, in the creational service, in the creational essence of wisdom, its knowledge, its love, and joy, which are more real than all the material walls all around and the human environment, is valuable and serving the development of consciousness and spirit.

128. May the human being consciousness-based be always great and constructive.

...

131. If the human being views his/her fellow human beings only externally, materially, then s/he sees nothing but the form and shape, the material of this particular human being.

132. If, however, s/he sees the fellow human being with the consciousness-based and spiritual eyes of the cognition and knows that this all-witnessing consciousness in him/her is also present in all others, even if it is unrecognised by them, then the way in which s/he sees his/her fellow human being changes fundamentally.

133. S/he then no longer simply sees a man, a woman, a girl or a child, but sees the fellow human being as bearer of a creational spirit, which knows about itself, about its existence and wishes to reveal itself through everyone, if only the opportunity to do so would be offered to it.

134. The one who knows the truth sees the fellow human being based on this knowledge and cognition, because s/he sees the creational in him/her.

...

138. The human being can free him/herself from everything, everything can be taken away from him/her, except not the creational consciousness, the spirit, the existence in his/her innermost, this pure-spiritual, creational realm in him/her.

139. S/he can be robbed of all his/her goods and possessions and be driven out of his/her home, but no one is able to drive him/her out of his/her spiritual realm in his/her innermost.

140. So the human being should constantly be conscious of this creational, without which s/he would be unable to do any breath, to conceive any conscious thought, without which s/he would neither be able to recognise, see, hear nor experience.

...

167. The human being is to accept the entire realm of everyday life and his/her experiences as creational.

168. S/he is to see him/herself everywhere in the space and in the times and in all things.

169. S/he him/herself is to be everything and is to awaken the creational in everything and bring it in this way into recognition and experience.

170. Because the Creation is in all and everything is animated by its spirit, wherethrough everything is one in all.

171. The only question is, how should the human being identify with everything if s/he does not know the path of the spirit?

172. Generally s/he tends to identify with his/her body.

173. But what happens if s/he tries to engage in the truth and inwardly directs him/herself according to the creational BEING and the spiritual reality?

174. The whole world non-arbitrarily dissolves in this real reality-truth of the spiritual.

175. Everywhere the one, sole principle of the creational-spiritual is in place.

176. But how is the human being to identify with everything?

177. May s/he for once see him/herself as he/she really is.

178. In general, s/he identifies with his/her body.

179. S/he cares for it like it would be a treasure, nourishes it and troubles him/herself about it to the point of self-sacrifice.

180. S/he surrounds it with pride, frippery and a senseless delusion, while s/he nevertheless allows his/her consciousness to fade.

181. However, because of a little pain s/he already becomes angry, grouchy and unpleasant towards others, or s/he even starts to complain and to cry, has self-pity or robs him/herself of his/her life.

182. S/he surrounds his/her body with an indefinable glory and with vanity, anxiety, worries, pride and problems.

183. Always everything revolves only around his/her body.

184. S/he often even extends his/her body identity to his/her material possessions or s/he gets upset when a fellow human being touches him/her unwantedly.

185. But what, on the other hand, will a human being with recognised consciousness-based and spiritual truth do?

186. S/he will identify with all things and all life-forms of the world and the universes.

187. A human being full of creational-spiritual essence of wisdom, full of knowledge, truth, love and cognition, who knows that everything came out of, comes out of and will for eternal times come out of the truth.

188. Hence, s/he identifies with everything and everyone.

189. In his/her consciousness-based being he/she will at the innermost level always be one with everything and everyone.

190. At the innermost level s/he will identify with his/her spiritual consciousness and with everything in the universe, just as the other, who thinks materially, identifies with his/her body, with his/her money, with his/her goods and chattels, with his/her irrational speeches and irrational teachings and with the sound of his/her voice.

191. But once the human being has identified with everything in the universe, then no hatred and no greed can dwell in him/her anymore, since he/she no longer makes any selfish distinctions.

192. Because s/he has become one with the inner core nature of everything.

193. Others may claim something as their exclusive property, but the one who thinks in relation to the spiritual identifies it with the truth therein and, therefore, has everything internally as his/her own.

194. All fear has given way from him/her by him/her identifying with the truth.

195. This truth of the Creation and of the spirit, with which s/he is one, even directs the hand of the enemy, which wants to rise up against him/her, so that it falls back on the enemy him/herself.

196. The one who is thinking in relation to the spiritual is safe and protected, and the entire nature is friendly-minded towards him/her, in fact even his/her enemies must eventually serve him/her.

197. With their attacks they cause the powers of the consciousness-based rationality to unfold in him/her to even greater power and might and overcome everything evil, villainous and perverted.

198. The enemies ultimately only contribute to the growth of the one who thinks consciously and creationally and to the recognition of the truth.

198. The enemies ultimately only contribute to the growth of the one who thinks consciously and creationally and to the recognition of the truth.

...

205. All unreal suggestions and human imaginations become corrected by the human being realising:

206. "I am a part of the Creation, which animates me as a part-piece, as spirit."

207. But the knowledge that all things are imaginations and illusions, except the creational-spiritual power, truth and reality, will by no means diminish the keenness which the human being unfolds in the life, but rather propel him/her to unexpected heights.

...

217. The truth is that which is immortal, like the Creation as such, it is that which is eternal in time, that which is relatively absolutely fully developed, that which is worth all energies and the total investment of will by the human being, because with it the human being does not fall prey to any deception.

218. Hence, s/he is to hold fast onto the truth and is to become unshakable in always equally lasting stillness, joy, knowledge, love, strength and essence of wisdom in all things.

219. The creational alone is endless essence of wisdom and endless truth, with which not one iota of erroneous assumption is possible.

220. Hence, the human being is to take power from the creational essence of wisdom and is to seek his/her light in his/her own spirit as well as in his/her consciousness.

221. The truthly human being knows well that s/he is not able to move his/her hand in the space without touching the creational myriads of times, since it is ever-present in all times and spaces.

222. The true and real human being is full of joy when s/he knows about the truth that the unendingly and undescribably powerful creational is ever-present and surrounds him/her wherever s/he may go.

223. The creational is full of endless peace, full of endless cognition, and relatively most total absolutely full development.

224. It is the source of all miracles of the highest spiritual consciousness, which is present all around – inside like outside.

225. His/her joy is as endless as the spiritual life itself.

226. **In order to make rapid spiritual and consciousness-based progress, the creationally thinking human being regards everything and everyone as creational.**

227. As soon as s/he sees something, s/he sees the creational.

228. Behind all, and also in the forms of manifestation of the creational itself, the creational always stands in front of him/her.

229. That is why **the Creation-thinking human being does not walk this way and that way in order to achieve the highest level of experience, but rather finds always the best place to gather recognition and experience right where s/he happens to be.**

230. His/her spirit that is to be developed and his/her consciousness are in him/her and not in any other place.

231. Through his/her own thinking and acting, s/he must form spirit and consciousness.

232. From this cognition his/her attitude becomes a dignified place, and also all things with him/her become dignified – also the ground under his/her feet.

233. The Creation-thinking human being does not consider the future to be the time to experience the Creation and his/her spirit dwelling in him/her, but rather the immediate present, wherethrough however s/he lives in the eyes of the normal human being, who is poor in consciousness, already in the most distant future – often completely misunderstood.

234. For the true Creation-thinking human being, the time is not someday, but always in the immediate present.

235. For him/her, it is not necessary to see physically to see the truth.

236. S/he begins to search in him/herself, and the truth becomes ever more real to him/her, because for his/her material consciousness his/her spirit is after all the all-seeing presence.

237. No word that is spoken anywhere remains unheard by him/her.

238. To make faster progress, the human being living based on this direction acoustically extracts the sound of the truth from every sound s/he hears, so that every sound enters his/her material consciousness and fixes itself.

239. Likewise, every thing reminds him/her of the creational and the immediate truth.

240. Every circumstance is a creational circumstance, each opportunity a creational opportunity.

241. The Creation-conscious human being lives and works in such cognition, and thereby s/he advances innerly.

242. The great, the spiritual, is for him/her present in his/her innermost, because in the cognition of the truth the unending dwells in the finite.

243. And in every human being the unending has its seat, something that however only very few are able to recognise.

244. Because awakening the unending requires rational logic and a state of being free of unreal teachings.

245. But awakening the unending and letting it become effective is the culmination-point of the life – the relatively highest possible consciousness-based and spiritual relative absolute fulfilment.

246. Those who are rich in the consciousness become the instrument by which the Creation expresses the spiritual realm.

247. It is this excellence of the Creation that causes the firmament to arise.

248. The ones who are rich in the consciousness are free of all boundaries of a restriction and of the material selfish ego-consciousness, and therefore in constant contact with the Creation as such.

249. With the human beings the difficulty of the material principle still prevails.

250. However, in not too distant a time, the earthly science will discover the principle of the creational in the material.

251. This is because the Creation is included in everything created; in everything that unfolds and further develops itself.

252. Only the unlimited spirit and the Creation as such signify true freedom, true relatively highest possible absolutely full development, true cognition, might, love, knowledge, truth, and essence of wisdom.

253. They are all, in their realistic absoluteness, the creational as such.

254. Therefore, **to attain anything truly veritable in the life, the human being must hold onto the spiritual, the unlimited, and the unlimitable.**

255. Everything that is limited and limitable produces unreal things and problems.

256. However attractive it may seem, it will nevertheless one day become the source of problems and unrealities.

257. The finite things of all forms are unnatural to the innermost nature, to the spirit, and are still strange to the human being, and so s/he also cannot recognise them as truth and cannot love them without inflicting the heaviest suffering on him/herself.

258. The finite things are always and at all times afflicted with some deficiencies, because everything that is finite brings with it problems and difficulties.

259. If the human being loves or possesses something finite, it has at least the deficiency that it is transient with absolute certainty.

260. S/he might love it however much according to the human sense of love, but when its time has come, it passes, and s/he mourns over the loss of it.

261. The limited, however, still has weaknesses in other respects.

262. Even if it does not perish immediately, it is at least subject to the change.

263. When it is filled with human love for a blink of an eye, it may be displaced by or filled with human hatred for the next blink of an eye.

264. Whether it is a thing, which changes or perishes, or a human being, who changes his/her attitude towards his/her next one negatively, the result is always sorrow and suffering, while the unlimitable never changes and does not fall victim to alterations, because it is of unlimitable faithfulness and absolute permanence of value.

265. When essence of wisdom and truth dawn in in the human being and his/her consciousness-based as well as spiritual knowledge increases, when universal love leads him/her and his/her life becomes prosperousness for him/her and others, then the cognition of the truth has matured in him/her.

266. Then s/he will become conscious of the part of the Creation in him/her, of the spirit – of the spiritual realm.

267. The Creation is present in spiritual love and essence of wisdom.

268. Whoever strives for spiritual light and spiritual love, will have the gate to the Creation to open to him/her.

269. If the human being loves the truth, then s/he loves that which is relatively absolutely fully developed and wonderful and manifests the spiritual realm in itself, because it is also the way to the realm of the essence of wisdom.

270. May the human being become conscious of the creational presence and let the spiritual intelligence shine forth from everything.

271. S/he is to recognise that even in the wide, unending and open space, the eyes of the creational are directed towards him/her and that the Creation is the true intelligence, and sees him/her with the eyes that retain everything and are endowed with senses that are able to give an answer to everything.

272. S/he shall therefore consciously live spiritually under the eyes of the creational; live with the consciousness of the spiritual, which is infinite power, of which s/he must always be conscious.

273. In that case s/he can never be powerless.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_011

Semjase:

62. The truly spiritual and consciousness-based striving one is like a notable artist:

63. Of a tender consciousness, of a gentle being, full of love, knowledge, wisdom and great sense, he/she has the highest sensitivity for truth, balance, beauty, and spiritual as well as consciousness-related progress.

64. His/her life is controlled, purified, and sublime, and his/her perspectives are very broad.

65. His/her whole sense is magnanimous, and beauty expresses itself in his simple life full of high dignity.

66. His/her inner peace holds a beauty, which no artist can paint and no poet can describe in words.

67. His/her spiritual and consciousness-related purity has an attraction force, which cannot be expressed by any music, no matter how harmonious.

68. His/her security can be on an equal footing with nothing, and no end to his/her striving and goal can be set by any boundaries.

69. His/her wisdom is an ever-present light, which shines in the deepest darkness.

70. It is not like a light of a day, which can be overwhelmed by the darkness of the night.

71. It is also not like the light of a great human thinker, which just always fails, and often doing this right when he/she needs it the most.

72. His/her presence is a ubiquitous outpouring of eternity, which never passes away, while the aroma of the most beautiful and most fragrant rose or orchid of the world fades away and disappears into the ages of the endless.

...

77. In the non-creational-thinking human being, the material intellect, with all its given limitations, takes the highest place and thereby has, as a consequence, a tremendously slow development of the spirit and the consciousness.

78. The spiritual intellect must be developed by the consciousness quite deliberately, for it is not enough to think that it would move by itself into higher forms.

79. The human-material intellect can only move in a vicious circle of possibilities.

80. It always remains stuck on the surface of an object and cannot penetrate into the same and become one with it, for without a complete identity with the object, the knowledge of it is absolutely impossible.

81. Therefore, if a human being wants to know his/her fellow human beings, then they must be able to identify with them.

82. And if a human being wants to know a matter, then they must also be able to identify with this.

...

99. When a human being breaks through the veil surrounding his/her self and removes the shrouds of the material urge that restrict and cover it, they instantly acquire – in the physical body – the determination of their BEING.

100. The inner spiritual BEING, the life of life itself, which is infinitely simple and uncomplicated, forms a unity of transcendental reality, cognition, knowledge, wisdom, love, and freedom.

101. The human being is not a mere biological phenomenon.

102. In him/her is also a small part of a fine-material conditioned, psychological organism in spiritual form, which is loaded with latent potentialities, with the might of all creational powers.

103. Philosophical insight into the psychological nature of human beings forces the recognition and knowledge of the reality of the cosmic consciousness, the creational life power, as the basis and life of psychological beings.

104. The human being must not only see human beings on their biological and mental planes; rather, they must also grasp them on the psychical and spiritual planes.
105. Everything that the human being inherits, everything that they bring with them from the past through billions of existences, everything that they, in this life or in past lives, has enjoyed, known, read, learned, or experienced lies hidden not in their subconsciousness but in the memory banks.
106. Therefore, he/she does not master the technique of concentration, and therefore, they do not command their subconsciousness and do not make full use of all their knowledge and capability.
107. The longing for all his/her knowledge and capability coming from past lives, for the experiences and for the wisdom, thus, does not lie hidden deeply within them.
108. They must only recognise and accept the truth – thus, acknowledge it and utilise it himself/herself.
109. But for this, it is necessary for him/her to fight against their own low intelligence and to acknowledge that the material intellect does not constitute a human being if it does not also work together in the same measures with the spiritual intellect.
110. When this happens and when the human being recognises their spirit, the whole abundance gathered in previous lives will arise again in knowledge and wisdom, capability, freedom, love, and peace and will richly benefit them, once they learn to fetch all these values from the memory banks and to utilise them himself/herself.
111. Knowledge, might, strength, wisdom, freedom and love are the creational inheritance of the absolute, and they are the human being's birthright.
112. The human being, through their consciousness and through their spirit, is a centre of thought, might, strength, and influence on everything and everyone.
113. He/she does, indeed, have a body, but they themselves are not the body.
114. The body is only an instrument and a servant of the spirit and the overall consciousness block; it is the spirit's dwelling but not its prison.
115. The body is the temple of the radiating spirit – the self-luminous, innermost life – the creational self.
116. The body is the castle of the spirit, which brings all powers into motion.
117. The human being knows from this that they also breathe the breath of the spirit and not only physical breath.
118. The human being only learns of their spirit through meditation, through knowing deliberate, inner contemplation, through deep immersion into the quietest chambers of the consciousness and the spiritual self, and by directly looking into the mirror of the inner and innermost life.
119. They may not do this, however, in the manner in which the Earth-humans become fooled by religious and sectarian frauds, for this 'meditation' is not a spiritual display but only a fantasy-filled releasing of unreal wishes of the imagination.
120. Real meditation in spiritual form requires an understanding gained towards one's own BEING and self, and a self-holding of both facts before one's eyes, that the existence of the eternal reality and truth and the deeply rooted unity of all manifestations – from a star to the form of a substance, from nature to spiritual life – are altogether only one in creational balance.
121. Every human being, in their innermost essence, is a manifestation of the Creation, and only because of this is it possible for everyone to become one with the infinite.
122. Reflecting upon these truths of the essential existence of the creational produces knowledge and certainty.
123. The direct display of the truth supersedes all useless objections; the realisation of the truth makes everything down to the finest detail clear and self-explanatory.
124. Life on Earth offers no full satisfaction to human beings; it is not the entirety; the real is found on the other side of the material.
125. Material life only serves as a guide, in order to reach that which is fine-sided, the spiritual.

126. Material life is only the area of activity that gives human beings conditions and purposes, in order to establish relationships with the spirit and the all-greatest, that of the creational.

127. It is completely wrong to restrict the field of view of life only to observable phenomena and to let the valuations of objective worth determine things.

128. The highness and greatness of life depend on to what extent it is raised to the law of the innermost life in the highest being.

129. The relationships between human beings are only justified as long as they do not distract from the eternal laws of the spiritual nature.

130. Neither social welfare nor national improvement are possible through merely adhering to shadows and disregarding the essential substance.

131. The core of the truth does not belong to an individual human being alone because the truth forms BEING and life of everything that exists at all.

132. Only that, which is one and united, can be indivisible and all-inclusive within a self-identical existence.

133. This is the full extent of achievements and the culmination point of all aspirations and ideals of life.

134. In this integral spiritual view of life, the ethical basis of social and domestic relationships is rooted.

135. Society is the totality of the individuals, intended to pierce through the veil and to enter into the realms of the immortal BEING, into the Creation itself.

136. The human interconnections mean nothing less than the aspiration to live in the daily life of a spiritual form, which is there in the deep background of all existing beings, but which cannot be found in the absence of truth.

137. Through this, the love for the spiritual is lost more and more, and the human being's sense turns more and more to the material and his/her material intellect.

138. Altruistic love is the expression of the visible unison with the infinite life, which is in the whole Universe.

139. If a family or society or nation is perceived as a means of separation of the one from the other, then such a family, society, or nation – no matter how great the goal of the concentration of human beings may be – can never succeed.

140. Every smallest connection must flow into the absolute oneness, which does not exclude an iota from itself.

141. This truth must always remain before the eyes of the human being during everyday work if his/her deeds and actions and his/her thinking should be free of selfishness and in harmony with the universal events.

142. Life is a teaching of the spirit for the spirit.

143. The correct behaviour of the family and the administration of the country and the society form a part of the universal determinations, which have equipped the totality of the beings with strictly impartial laws.

144. The human being lives because the Creation exists, and his life must be so balanced and relatively perfect, as the Creation itself is balanced and relatively perfect.

145. The human being lives in the Creation-BEING; it breathes and hovers in him.

146. The lack of the spiritual, for which it is worth living, or the need for a practical life philosophy and life psychology in the present time is often responsible for the crisis in the lives of human beings and in their concerns.

147. Already for a long time, the modern ranting human being has made great efforts to find peace and freedom, but so far, all his efforts have fruitlessly blown away and escaped.

...

154. But the human being of the new time, the human being of the Aquarius era, now faces an easily solvable problem, for if they now lay the foundation stone of the truth, then they gain a

whole new structure of philosophical and psychological values for a happy, free, and peaceful spiritual life in the future.

155. A free spiritual life, which is based on everything that represents the best in the cultural and spiritual inheritance of the Earth:

156. The spiritual truth.

157. If the Earth human being now finally recognises and acknowledges this truth, completely frees himself/herself from all religions, sects, and other erroneous teachings and their delusional imaginations and finally aligns themselves with the spiritual and creational laws, then they have triumphed.

158. Only the truth is serviceable and brings the human being progress; religion, erroneous teachings, and sectarianism, however, are unserviceable to the human being and throw them back into the deepest darkness.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_014

Billy:

... everyone has the right to learn and to be taught.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_015

Billy:

... every earnestly striving human being has the right to develop along those lines in which he/she simply is interested in.

...

Semjase:

60. ... in every human being certain secrets should be kept.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_018

Semjase:

2. The human being should try to react to the word or the term "Creation" as if something very beautiful or good is being referred to, through which a change should be effected in his/her thinking.

3. But since this does not happen, in so far he/she has not recognised the Creation for what it really is.

4. But how can the word and the designation "Creation" attain such a deep significance for the human being that a change in his/her entire psychological way of behaving occurs, in his/her emotional awareness, his/her feeling of life, his/her ways of reacting, if he/she does not constantly and repeatedly ponder over the nature of the Creation?

5. The human being should try quite simply to bring certain designations of characteristics, which are applicable in regard to the nature of Creation, like, 'ever-present', 'all-mighty' and 'all-knowing', into association with the word or the designation "Creation".

6. The every-day human being as well as the common human, the so-called atheist, the egoist and materialist, the agnostic, find the word "Creation" highly uninteresting.

7. Yet why?

8. To them it is entirely unknown – and they have no idea – what the Creation essentially is.

9. But so it is with very many human beings with the term "Creation".

10. Thousands of millions of human beings who are led into delusion by religions do not understand the word "Creation".

11. If they pronounce the unreal religious name "God", then they are of the gone astray view that in this way the Creation would be referred to.

12. Yet what an evil irrational teaching that is.

13. Therefore it is very important to know as much as possible about the nature of the Creation and to experience it so that the word becomes meaningful, lifts one up inwardly and leaves an impression as soon as it is heard.
14. The experience reveals that the Creation is unending beauty, a beauty above all beauty, boundless, intense happiness without end, essence of wisdom, knowledge, ability, truth, and absolute distinctness.
15. Once that is recognised by the human being, then he/she instantly traces every one of his/her joys back to its origin, to the infinite joy of Creation.
16. Wherever he/she sees something beautiful, be it a flower, an animal or a human being, or anything else, he/she thus instantly brings it into association with the unending beauty of the Creation herself.
17. Wherever the human being sees cognition reach expression in one form or another, in an impressive and uplifting manner, there he/she knows that it has its roots in the endless cognition that is the Creation.
18. Wherever life stirs, be it even in just the tiniest being, in a creature, such as, for example, the microbe, there, behind this life, he/she glimpses the endless, the eternal and the creational.
19. From that, he/she attempts to deepen and expand his/her understanding and feeling by thinking the nature of the creational and its inescapable presence over, at any time and in any space, in many kinds of ways, in daily life and experience.
20. The Creation exists in every human being as a part-piece of himself/herself.
21. Once this thought has deeply penetrated the human being and become his/her experience, then any fear and all doubt in him/her disappear.
22. Once he/she knows that the Creation is all-knowing and all-mighty then he/she gains peace and security in his inner self and is immune from stupid thoughts and wrong feelings.
23. Repeated pondering over the ever-presence, truth, essence of wisdom and the ability and knowledge of the Creation as permanently eternal, as dignity and value, allows the word and the designation "Creation" to become something very meaningful in the human being, something which evokes transformations in the feelings, and transformations in his/her manner of thinking.
24. The more his/her intelligence is effective in this direction, the more it gains radiating light, the more powerful his/her personality becomes, and the more prosperous his/her whole life and work becomes.
25. Again and again the human being who lives in clarity of consciousness produces in himself/herself, anew, the strong, fine-spiritual perception that the creational is far more real than that which his body feels.
26. This fine-spiritual perception incessantly rules the human being who lives for the spirit.
27. The creational takes possession of his/her consciousness, which is why his/her senses are full of peace, strength, joy, knowledge, essence of wisdom, truth and hope.
28. All measures taken by the normal human beings in their material-intellectual thinking to attain peace, happiness, and strength always turn out to be deceptive, while this permanent controlledness of the human being who is living according to the spirit is pulsed through by the dynamic power of the Creation.
29. The human being who lives for the spirit is very dynamic in all things.
30. He/she incessantly attempts to reach his/her fulfilment as quickly as possible.
31. Therefore, as long as he/she lives, he/she uses the time, with all the energy available to him/her, for turning himself/herself to the creational ability.
32. He/she will never allow this undertaking to be lost.
33. All kinds of things can happen over time, yet his/her desire for the creational will never disappear in him/her.
34. He/she may encounter obstacles, suddenly have no sense and taste anymore for necessary material things, but he/she never loses the taste and sense for the Creation, because he/she knows that the Creation embodies the true BEING.

35. Only those human beings harvest enormous spiritual and consciousness-based fruits, who fight hard for their consciousness-based and spiritual good and progress, for knowledge, truth, logic, essence of wisdom and love, because these do not simply fall into their laps.

36. First, before the first results can be obtained, it is necessary to learn the spiritual-intellectual manner of thinking, that is to say, the path of the creational thinking, and to recognise its absolute correctness and distinctness.

37. However, once these initial successes come to light, then the recogniser steps ahead with great strides and widens himself/herself in spirit and consciousness into a factor of might.

38. Only through this do already recognised facts, the knowledge, the truth, logic, essence of wisdom and love, which must, however, first be created in a hard way, become a matter of implicitness.

39. Yet the path does not end at this point, because the further searching, inquiring, developing and the further recognising lead into the boundless duration of time.

40. All sorts of things may happen in the course of time and keep the human beings from doing what they had planned to do, yet the human being who lives in accord with the spirit knows no bounds and does not allow himself/herself to be led away from his determinations by any kind of events or bad future prospects.

41. For him/her, the future already exists in the present, so everything must be done here and now in order to achieve the highest spiritual state and highest state of consciousness.

42. He/she does not know the anxiety of the future and does not know the anxiety about the future, because they exist only in a material-intellectual way of thinking, but never in the spiritual-intellectual thinking, in which the future is as present as the present itself.

43. Thereby the human being who lives in accord with the spirit can and is able to solve the problems of tomorrow and the day after tomorrow already here and now and to steer them into the desired paths.

44. To think for, and with, the spirit brings only advantages to every life form.

45. Therefore the human being should raise himself more and more, through intensive seeking and inquiring, into the state of the spiritual thinking and into the knowledge about the creational truth and essence of wisdom.

46. He/she should time and again create in himself/herself the strong perceiving in a fine-spiritual wise that something is there that gives him/her immeasurable power and frees him/her from unreal assumptions; the truth of the Creation.

47. Again and again and again the human being should create in himself/herself the strong perceiving in a fine-spiritual wise that he/she is in the ocean of the creational light, its essence of wisdom, its knowledge, of the truth, of the logic and of the love, which only in its entirety enables the BEING for him/her.

48. The joy of the human being who is turned to the Creation consists in attesting his/her veneration to the creational and to the Creational; this by accepting the all-mighty will in the creational laws and by making the absolute distinctness of these laws one's own destiny and by beneficially evaluating them.

49. He/she expresses his/her dedication to the laws through the learning and utilisation of all spiritual and consciousness-based facts, but never through belief, assumptions, serving, and submissiveness.

50. The only way to learn is made up of the unremitting making of efforts and striving to attain higher spiritual and consciousness-based cognitions, and the application of the abilities which have been brought to unfolding through this.

51. Of decisive significance thereby are patience and endurance and the development of higher understanding, recognition and application of the cosmic and universal love, deepening of the spiritual and consciousness-based knowledge and ability, as well as the shutting off of material-intellectual thought-potency such as egoism, materialism, pride, envy, greed and jealousy, and so forth, because only this guarantees the recognition and following of the creational laws.

52. The human being who thinks spiritually is permanently striving to direct the Creation to him/herself and to make it recognisable within him/herself, this in such a way that he/she tries to make possible what is impossible for normal human beings – and indeed with success.

53. Day after day, month after month and year after year, the human being connected to the spirit calls upon the creative and thereby gains knowledge, essence of wisdom, love, logic, truth and power, until he/she finally experiences the creational within him/herself and is able to evaluate it, whereby it becomes more real to him/her than the feeling of his/her body.

54. While he/she is in contact with other human beings and speaking to them, he/she sees only the creational in front of him/her.

55. While he/she sees others in front of him/herself, he/she sees only the creational in them, because for him/her the creational always takes first place.

56. For him/her, the creational is the greatest among all things, which is why everything in him/her is confronting itself with the creational and why material things are no longer able to awaken a craving in him/her.

57. He/she is no longer exposed to material temptations, since what he/she has inherent in him/herself as spiritual and consciousness-based knowledge and ability is his/her conversational partner and his/her guide.

58. He/she speaks and converses with it, and he/she lives with it in the given laws of the Creation.

59. This way of living means the BEING in truth, and this BEING is incomparably more beautiful than this universe's most beautiful manifestation.

60. Nothing is able to any more (longer) tempt a human being developed in this way, not the greatest wealth of the world and not a death threat of evil-minded creatures.

61. His/her inner wealth in the creational is inexhaustible and immortal, and nothing is able to awaken any kind of fear in him/her, because that with which he/she lives and enlivens his/her BEING is unending might.

62. Therefore, nothing is able to mislead him/her to untruth and falseness, for his/her whole BEING is unending truth through the creational recognition.

63. Nothing is able to guide him/her into the unreal in the darkness of thoughts from external powers leading into delusion, because every fraction of a second of his/her spiritual-intellectual thinking is unending light.

64. Nothing is able to change his/her BEING-sense of the truth or make him/her unhappy, since he/she lives in the BEING of the Creation and in her sense, and he/she lives in unending joy.

65. If, however, the human being has an evil or negative attitude towards the spiritual things of life, him/herself and the Creation, then nothing at all will prosper for him/her.

66. Even a very favourable circumstance, which would otherwise be very valuable, becomes a source of unfortune and unpeace for him/her, if his/her attitude is only material-intellectual and his/her thoughts and feelings also influence the environment in this form.

67. Even if the human being in question pursues no matter how good intentions, the result in this case will be completely negative.

68. However, for the human being living in accord with the spirit, all and everything will always be the right circumstance for inner growth and a very good opportunity to pay tribute to the creational in every form.

69. In truth, only that human being who permanently carries and maintains high and noble spiritual thoughts and spiritual feelings in him/herself is great; and one can only call that human being creative who permanently lives and thinks with the consciousness of the creational in himself/herself.

70. That means that materially-intellectually great human beings may be just as completely uncreational and spiritually absolutely insignificant as fomenters of peace, religious saints, helpers in distress, misery and illness, and last but not least those who are at the forefront in wars etc. and provide medical services etc.

71. Those kinds of human beings are most often only driven by thirst for adventure, pity and self-pity and other false material-intellectual thoughts and feelings resulting from them, without possessing the slightest recognition of the creational in themselves.

72. Very often they are led into the unreal by unreal religions which preach false love for the next one and equally false godly teachings and formulas of submissiveness.

73. Yet what is the difference between such life-forms and the human being who lives in accord with the spirit?

74. In general, the normal human being allows him/herself to be led and overcome by lower material-intellectual impulsations.

75. When he/she once has good feelings, then these are never permanent and soon disappear again to, again, make room for lower impulsations.

76. On the other hand, the human being who lives for the spirit never lets even the smallest creational impulsations fade out, rather he/she embraces them and expands them endlessly.

77. Low impulsations find no anchorage in him/her, since the waters of essence of wisdom and knowledge in him/her are too deep for a low and short anchor chain to be able to reach their ground.

78. The human being who lives in accord with the spirit enduringly tries to maintain him/herself at all times and under all circumstances in the realm of swinging waves of creational impulsations.

79. Should these once be endangered by any influences, then he/she refers to the Creation in highest potency and in so doing protects him/herself in her highest power of swinging waves from the negative.

80. He/she proceeds in this manner until the creational Wesen has produced the absolute distinctness of the defence against the negative in him/her.

81. The human being is always bearer of something or other.

82. Many bear depressing feelings in themselves, others grief, worries, problems, hopes and other thoughts of material-intellectual nature.

83. Also anxieties and imaginations of pictures of any kind, good as well as ugly ones, belong in his material-intellectual thinking.

84. But the human being, who lives in accord with the spirit, is bearer of the creational, of the spiritual.

85. He/she is a carrier of Creation, a conscious bearer of spirit, because he/she all the time carries the knowledge and ability of the creational laws in him/herself; and the more the old nature of the material-intellectual thinking wants to make him/her the bearer of its illogicality, the more he/she works intensively to make the creational prevailing in him/herself and to anchor it firmly.

86. Even thoughts of the most negative, which come and want to destroy his/her spiritual-intellectual thinking, he/she immediately transforms into creational power and essence of wisdom.

87. In this way he/she turns everything into the creational and carries it within him/herself as a block of might.

88. Thereby he is a walking temple of Creation.

89. The intelligences of the human beings living for the Creation become more and more spiritualised and penetrate deeper and deeper into the spiritual consciousness.

90. The human being who lives in accord with the spirit penetrates ever deeper into all things with his/her cognitive capability and comprehends the warmth of the fire of the creational presence in everything.

91. Thereby, the spiritually thinking human being recognises and becomes conscious of the power and the truth of the creational presence everywhere.

92. That which therefore remains unrecognised by the everyday sensory perceptions is perceived spiritually consciously by the human being who lives in accord with the Creation.

93. He/she therefore always sees in all things and life-forms the creational presence and the application of the creational laws.

94. He/she possesses a spiritual image of the power of the Creation's presence, and he/she dedicates all the precious energies of his/her life and BEING to the creational knowledge, its truth, power, and essence of wisdom, and thereby to the ability of his/her part of the Creation which lives within him/her – his/her spirit.

95. The material life on the Earth is like a transitory game, a phenomenon that dissipates; but behind it lies the eternal and timeless truth: the spirit, the creational presence, and the reality of the Creation.

96. This creational reality bears within it all realms and domains of the capability of essence of wisdom.

97. This is the lasting, the timelessly permanent and immortal.

98. This is not a game, but eternal and timeless truth and essence of wisdom, knowledge, freedom, love, logic and ability, the relative absolutely full development, the absolute distinctness.

99. Very many human beings fear to live in the sense of the Creation, and they think and assume that they would only have to remain with the one which is to take away their anxiety about the death; with a God of a religion, who has promised them in conscious irrational teaching and for his entirely own benefit, to take away their anxiety about the death, if they would in irrational belief and submissively believe his lies, whereby they get into his enslavement and become consciousness-based unfree.

100. The steady repetition of this irrational religious teaching has the effect that the believers find an imaginary and deceptive fulfilment and are subject to an evil delusion which cuts them off from all consciousness-based rationality, whereby also their spiritual-intellectual thinking is impeded and suppressed and enslaved.

101. Only very few people do not fear to live in the sense of the Creation and know that this alone guarantees the life and the BEING, because thereby the creational laws are fulfilled, and these in turn transform the life and the BEING into the life and BEING.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_020

Semjase:

19. No goals are achieved without effort and privation.

...

22. Knowledge, truth, wisdom, love and skill take their toll, as does any work before it is rewarded.

...

Billy:

... I will have no choice but to spoon up the soup I have got myself into.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_025

Semjase:

60. This means that the human Earth-human also has to take on a certain free-willed undertaking and has to carry certain things himself/herself.

61. It is completely wrong of him/her to think that he/she can only take advantage of help and kindness without contributing anything to this help themselves.

62. The terrestrial human being must learn that his/her selfishness as well as his/her boundless egoism are completely out of place and have no justification whatsoever.

63. When the Earth human being is to be helped, he/she himself also has to contribute his part to this help.

...

65. But if the Earth human being believes that he/she can only take and has nothing to give for it, then he is on erroneous paths.

66. He/she can only defeat his/her evil egoism if he/she realises that two different factors, forming a unity in themselves, always result in an overall unity.

67. In other words, in this case this means that give and take must be combined to form one unit.

68. When we give you spiritual and consciousness-based goods and knowledge, etc., then it is your duty to process these goods and knowledge and also to contribute certain things to the attainment of the whole.

69. But if the human being of Earth thinks and acts according to the principle of his/her illogicality, that taking is more beneficial than giving, then he/she will not free himself/herself from his/her evil egoism.

70. And the human being of Earth is selfish, both individually and in the masses, so exploitation is very widespread in your world.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_026

Semjase:

34. Because every form of life is justified in its existence and can think and act according to its own forms at its own discretion.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_028

Quetzal:

41. If an individual disregards a law or recommendations, he/she not only causes himself/herself personal harm, but also affects others.

42. This is the law of the spiritual-power and of the consciousness-power, which spread their swinging waves to all life-forms.

43. Through a consciously committed guilt wide waves are thrown, which also hit innocent people with their beating powers.

44. This is a law of nature in order to create unity in cooperation.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_031

Billy:

... I regard a human being as simply a human being, whether he/she is from this world or another, or whether he/she is a beggar or God in person, and whether he/she is ignorant or wise, they are all of equal value. No one has more rights than any other, and nobody is greater than anyone else. ...

...

Asket:

59. Recognise at last, that an excessive modesty and selflessness are equivalent to an evil degeneration, which inevitably always demands its negative tribute.

...

67. However, every work is worth its wages, and always in its appropriate and different values.

68. The wages consist on the one hand of consciousness-based ones and on the other of material values.

...

Ptaah:

1170. Every work is worth its wages.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_033

Semjase:

45. The laws of nature teach that only balance corresponds to the rightful course of life, as I have already explained.
46. A forcible action only finds its balance through forcible non-violence.
47. Forcible actions however, occur in endless forms and types, in very small and in very large measures.
48. A forcible action can never be broken through a proffered peace, or be settled otherwise.
49. A forcible action which has been settled through a proffered peace, continues to boil beneath the surface, and will one day break out as a forcible action again.
50. The negative can never be defeated through the positive, or be subordinated or settled through it.
51. This can only be done through a neutral positivity, through a balance.
52. This entails in itself positive and negative in equal parts.
53. So therefore, a forcible action must only be performed through logical forcible non-violence in a natural balance, and a forcible action that is executed against another forcible action must not be equally negative or positive, as the one which is being fought or tackled.
54. It must be neutral-positive and balanced, thus, a forcible non-violence.
55. The laws of nature teach that each life that poses a threat to the continued existence of others or of similar life-forms, should be destroyed if it exerts degenerated forcible actions.
56. The human life-forms however are Wesen who are mighty with development-capable thinking, by which they are able to delineate their own rational laws, in compliance with the laws of nature.
57. Through these they are given the opportunity to evade the total elimination of life-forms, by bringing them to a safe place of detention, from which the degenerated ones are deprived of every possibility of returning to society, as well as from the multiplication of their kind.
58. Under certain circumstances however, there are always exceptions where these kinds of laws cannot be brought into use, and therefore there must be a return to the pure laws of nature, if the order is not disturbed in their operation, but obtained through it.
59. Under certain circumstances, the complete elimination of the life-forms in self-defence cannot be excluded, if a threat to the life and existence can only be averted thereby, and it comes down to the maintenance of the continued existence of other life-forms, as long as they live in correct form.
60. This representation and application of the laws of nature however, can only occur in a purely logical form and in absolute self-defence, and with a precise knowledge of the use of the laws of nature.
61. This requires a vast knowledge of the laws themselves and their application.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_038

Semjase:

5. Every learning requires long periods of time and a lot of patience ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_039

Ptaah:

85. If the Earth-human wants to think and evolve correctly and in accordance with the Creation, then he/she may neither move his/her thought-forms in degenerated negative paths nor in degenerated positive paths, for both are degeneracies that can produce very bad and negative consequences, thus they are contrary to the Creation.

86. Right thinking and evolving express themselves through a well-balanced and neutral wise of thinking and through right actions and right feelings, which then generate and send out identical forces, through which life is produced and maintained, and an evolution that is truly appropriate for Creation is followed.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_043

Semjase:

132. Every form of life is assigned its place and its destiny in its life, so that its existence for everything and with everything is evolutionary, without it appearing to be more valuable for that reason.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_053

Semjase:

35. The Earth human being is to be urged not to complicate all things and to seek the truth where it can truly be found.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_055

Semjase:

156. It is often only a small step from knowledge to ability.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_062

Semjase:

59. She {*Margreth Rufer*} must, however, learn to accept open and honest words, and to put aside her aggression against them.

60. She knows very well that **only clear and open words lead to the goal and that diplomatic expressions are equivalent to lies.**

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_074

Semjase:

46. Even false and potential traitors should not simply be pilloried, because they too have rights that must be protected.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_079

Billy:

89. If one wants to accomplish certain tasks and achieve certain goals, then one has to take a lot on oneself.

Semjase:

150. Sure, that is the truth, nevertheless, it does not mean that one should destroy oneself on account of this.

Billy:

90. Certainly not ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_093

Semjase:

47. But she should also be aware that **one should let the past be the past and not to rummage in it**, which you should absolutely explain to her so as not to make her think that you would become angry about past things and events.

...

Semjase:

70. It is probably right that you should give everyone a chance, but you cannot do it endlessly.

71. There must be an end at some point.

...

77. But with other human beings on the Earth, the case is different because they should be given chances so that they can seize them and learn in recognition of themselves.

78. It is not about fighting in the same form as you are, because you had to learn to fight in order to survive, while the others have to learn to fight in order to learn.

Billy:

22. Well said, my child, but somewhat complicated.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_829

Billy:

1. Remain independent at all times, and be self-aware; think for yourself, independently, and do not let others think for you, if you are never a believer and ever will be.
2. Trust only yourself, and also only if you think correctly and are able to make correct decisions, which will bring you success, but never disadvantage.
3. Never rely on what other people say, but consider and check everything for its reality and truth, and only then, when you have recognised the correctness of what you have been told or advised as truth, use what you have been told or advised for your benefit, as well as for your knowledge and advantage.
4. Do not look at what other people are and do, but always strive to think for yourself and to decide and do what is best in order to recognise what is correct.
5. Whatever you do, do it with humility, decency, honour and dignity, as well as with understanding and reason.
6. Always be for yourself alone in thought, decision and action, and never indulge in arrogance, megalomania and haughtiness, as well as dishonesty, arrogance, recklessness, conceit, lying, heedlessness, vulnerability and deceit etc.
7. Never believe in a higher power above you, not in an imaginary god, gods or any other power, because you yourself are the power, energy and strength above yourself, therefore it is you yourself who leads and manages your own life.
8. Know about yourself, about your own energy and power; know about your abilities and your skills, and use everything at all times in a correct and inviolable way.
9. Do not believe in human beings, but know about reality and its truth, and use this alone to do what is right, to lead your life, and also to act with honour and dignity.
10. Know for yourself the formation of your life, existence and well-being, and know only your actions in reality and truth, and recognise for yourself the reality and its power, as well as the knowledge of the truth of life, far from any belief in a god or human beings.
11. Cultivate your own life, your own thoughts, your own way of life, your own ability, your own logic and your own understanding, as well as your own reason, in order to evaluate and decide everything, your actions, your success in life, as well as your true peace, tranquillity and righteousness, but also your true love, your well-being towards all living things and towards effective reality, and create your own effective true knowledge in incontrovertible truth.
12. What belongs especially to true humanity is the good and valuable, but never the negative and evil, all of which is to be controlled, tamed and conquered. Consider everything always correct, for it is for your own good. Above all, guard yourself against all unworthiness, which is to be conquered and conquered as unworthiness, such as the following bad degenerations: Being abstemious, being affected, being aggressive, being ambivalent, being arbitrary, being nailed down, being unsocial, being presumptuous, being malicious, being suspicious, being arrogant, being pushy, being pompous, being blasé, being bigoted, being choleric, being spiteful, being demagogic, being despotic, being dogmatic, being dominant, being brazen, being selfish, being egomaniacal, Being self-centred, jealous, high-handed, simple-minded, mendacious, hypocritical, conceited, one-sided, conceited, elitist, disgusting, arrogant, mean, frustrated, stubborn, impatient, irascible, nasty, slovenly, craving for favours, gracious, merciful, pompous, pompous, Being arrogant, being insidious, being condescending, being aloof, being boring, being snobbish, being ignorant, being spiteful, being a rabble-rouser, being hysterical, being devious, being cunning, being arrogant, being hopeless, being resigned, being rascally, being infamous, being scheming, being petty, being complicated, being boring, being lethargic, being malicious, being manipulative, being despondent, being naive, being narcissistic, being

neurotic, being superficial, being ostentatious, being pedantic, being phlegmatic, being reserved, rejecting advice, being inconsiderate, being self-satisfied, being self-righteous, being self-addicted, being in love with oneself, being unscrupulous, being inflexible, being devious, and so on.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_836

Billy:

... every human being is responsible for himself/herself and absolutely for themselves, however they act or do not act. Every human being must think, consider, decide and act for themselves, and whether it is correct or wrong what they decide and how they act, that is and remains their very own destiny.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_840

Billy:

Let yourselves be lifted to the level of the normal and honest, for this is the way that never produces anger and enmity, but peace, friendship, love as well as harmony!
These values alone grant life.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_842

Billy:

... my advice is to think for oneself and to see, perceive, understand and accept reality and its truth as effective reality.

Of course, every human being must always be open-minded and respect the respective faith of every human being as such in such a manner that he does not object to him for the sake of his faith, harm him physically in any way or harm him with regard to material forms. This is also true if he is completely blindly addicted to sectarianism, as is particularly true of sectarian and therefore God-delusional Americans. This must be said specifically because many of the earthlings tend – because they do not have the true values of ethics and morality as a whole sufficiently intuited – to rise up ethically-morally badly against fellow human beings.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_844

Billy:

Human Beings of the Earth

Do not indulge in hatred, revenge, retaliation and destruction,
but might make within yourselves and yourselves a hearth of
of love, happiness and peace.

Banish within yourselves hatred, revenge and retaliation and
Stop everything that brings death, sorrow, suffering, misery and destruction.

Do not create discord, strife, war and destruction and
wretchedness, gloom, harm, affliction, distress, affliction
distress and pain, but grow beyond yourselves and be
greater in yourselves than your enemies and all antagonists.

Only those who are weak seek in hatred, revenge and retaliation
to gain a victory, his right, satisfaction and contentment,
but in doing so he destroys his right and creates injustice
which makes him an enemy of his fellow man and the spawn of evil.
but might also make him an outcast in society.

Create justice and peace in yourselves and in the world, do not judge
and recognise that those who harm you are poor in their thoughts, decisions and actions,
and decisions and actions, for they are weak, wretched
in their speech, as well as incompetents and bunglers in their actions.

Create in yourselves love, happiness and peace, be good and do right in your thoughts, decisions and actions, if you are self-confident and blameless and are without guilt, if you justly defend yourselves against injustice against injustice done to you in a controlled manner, without strife, war, death, violence or destruction, for such only brings new strife, warfare and death. Be true and effective human beings, who protect the precious life of every single human being from mischief and death, as you give yourself all protection and keep yourself from all harm harm, for your neighbour is a human being like yourself.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_849

Billy:

A loud word is also appropriate and justified when there is stubbornness or bossiness, etc., which usually requires speaking up or even yelling.

...

Billy:

... I think that if you keep revisiting what you once learnt, then it just sticks in your mind and somehow becomes a habit as well.

...

Billy:

We on Earth lack just about everything, such as openness, financial security, creativity, perfection and optimism, professionalism, happiness, family orientation and privacy, good success, compassion, kindness, perseverance, spontaneity, trust, humility, health, faithfulness, real and unaffected fun, true honesty, love and accuracy.

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_852

Billy:

... Deep within the human beings, in addition to the religious delusion, fear, hatred and revenge, retaliation, addiction and the delusion of needing to be rich, of needing to be in control, of self-expression and of being more than one's neighbour, in addition to the fanatical desire to be right and to be able to exercise power. And all this was already indoctrinated into the human being in youth and in the course of life, namely through the upbringing and 'pampering' of parents, family and relatives, acquaintances, friends, teachers, religion, etc., and has deposited itself unprocessed and deeply anchored in the character and is constantly waiting to erupt immediately when the opportunity presents itself. ...

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_864

Billy:

... what has already happened cannot be changed. The past remains the past, so it is also nonsensical for human beings to mourn it, because the whole thing cannot be changed by thinking about what has happened. What has happened is what has happened, and nothing can be done about it.

Quetzal:

That is correct.

Billy:

But many human beings don't want to understand this and never do, so they constantly mourn the past, also the deceased, but they can't bring them back, they only harm themselves. ...

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“Wrong”

https://www.futureofmankind.co.uk/Billy_Meier/Contact_Report_831

Billy:

However, I have to explain, as I have already mentioned, that when I use the term 'wrong', this is actually not correct, because something can only be wrong if, for example, a fact is not reproduced in a realistic resp. truthful manner or if something materially existing is imitated resp. a duplicate is produced.

With the word 'false', something is interpreted which, if it is something said, is correctly to be described as 'incorrect' or as an 'assertion'.

But if it is something materially objective, then it can only be called false if it is imitated resp. duplicated, because then it is not original but imitated, false resp. faked.

When something that exists materially or something said is described as 'wrong', then the word 'wrong' is not correct according to reality, because it can only be described as 'incorrect' and can only be 'wrong' if it is falsified, reproduced in a distorted manner or imitated resp. duplicated.

But in this respect, even those who know the language use the term 'wrong' incorrectly, because they obviously do not understand it correctly as a result of the interpretation of the language and therefore also cannot explain correctly that something can only be 'wrong' if what exists is given and this is reproduced in a different manner than it is in reality and truth, and corresponds to a forgery.

But if something that exists is simply assumed to be as it was or could actually be, then this does not correspond to something 'false', but to a supposition, an assertion or assumption, etc., or in the case of an imitation resp. a duplicate and then precisely to a forgery.

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